

Outline

Art Therapy

Which clients benefit from art therapy?
Ethical implications and limitations of using art therapy in your practice
Creating products vs creative process
Going with the flow

Clinical Application of Art Therapy

What materials to use and when
Normative development in art making and developmental stages
Indicators in the artwork that suggest a child needs more support
Seeing it differently (client perspective)
Art talk, they made it now what?

CREATIVE TECHNIQUES AND STRATEGIES TO...

Build Relationships & Connection

For ASD, Trauma & ODD
Quality world
Magical thinking
About me collage
Play building
Collaborative drawings
Group activities
Family art making

Build Safety

For Trauma, Anxiety & Mood Disorders
Containers, containers, containers....
boxes, circles, worry and calm down jars
Create a safe place
Color it in
Special person
A gift
Erasers
Hurt heart
Animal family & other family art activities
Trauma feelings
Coming and going
3 wishes

Build Self-Esteem

For ADHD, Anxiety & Mood disorders
Inside out
Mask making
Strong person
Power animals
Tree drawings
Yeahs & yucks
Self portraits
Beading, knitting, weaving, sewing,
rainbow loom

Increase Responsibility

For ADHD, Trauma, ASD, ODD, Anxiety & Mood disorders
Miracle question
Create the problem
The science experiment
A really bad day
An ideal day
Feeling faces
Bridges
Cartooning problems & solutions

Increase Control

For ADHD, Anxiety & Mood disorders
Change the channel
Chill out boxes
Brain dump
Blow it out
Spray it away
On the other hand
Feelings volcano
Sensory play: finger painting, paper folding, dripping, goop & more
Mindful mandalas
Scribble scabble
Imaginary problem solver
Road drawing

Questions?

Call customer service at **800-844-8260**

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

**FREE
- CE -**

Shame Shields

BRENÉ BROWN, Ph.D.
1 CE HOUR

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ART THERAPY

77 Creative Interventions for Challenging Children
who Shut Down, Meltdown or Act out



ART THERAPY

77 Creative Interventions for Challenging Children who Shut Down, Meltdown or Act out

Art directives and interventions to help with:

Anxiety
Trauma
Mood disorders
ADHD
ODD
ASD
And more!

Interactive hands-on
art therapy experiences
- all materials provided

Roseville, MN

Thursday
December 7, 2017

Bloomington, MN

Friday
December 8, 2017

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ART THERAPY

Do you have clients who are stuck, repeating the same patterns over and over and you feel like you're powerless to help them? You know the ones that repeatedly refuse to listen and don't stop to think before they act. Or those who refuse to take responsibility for their behaviors and constantly pass blame onto others? Do they leave you feeling stagnant and burnt out in your practice? Do you work with challenging children and families who seem absolutely resistant to every intervention you offer?

Let me help you, like I have helped other therapists. Attend this seminar and learn new innovative interventions that are guaranteed to help even your most resistant clients become unstuck. Your day will consist of creative, interactive, hands-on training that will re-energize your work. You will leave with 77 fresh new art strategies and approaches that you can use immediately to engage even your most difficult and challenging clients.

No art experience is necessary, just an openness to try something creative.

Speaker

Laura Dessauer, Ed.D., ATR-BC, is a board certified art therapist with a doctoral degree in counseling psychology. She has worked with families for 25+ years in over 21 school districts. Dr. Dessauer is passionate about helping families develop creative ways to confidently communicate and creatively connect. In her private practice she specializes in working with children who shutdown, meltdown and act out. She playfully blends cognitive behavioral skills, art-making, and creative problem solving to help clients create individualized social, emotional, and behaviors interventions that "stick to their brain".

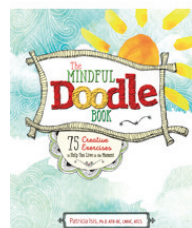
Dr. Dessauer's work has been included in *Parent's Magazine*, *eHow Parenting*, *YourTango*, *FoxNews*, *PBS "This Emotional Life"*, *Lifetime Network*, *Working Mother*, and *Psychology Today*. Dr. Dessauer is contributing author of *"Healing with Art and Soul: Engaging One's Self Through Art Modalities"* (Cambridge Scholars, 2009). She has presented at the Eighteenth Annual National Expressive Therapy Conference, National American Art Therapy Association 40th Anniversary Conference, and American Art Therapy Association Institute for Creative Education in Art Therapy (ICE/AT), and has created international online training courses for therapists. Dr. Dessauer has created a relaxation CD, *"The Creativity Queen's Superfabulous Self-Soothing CD"*, and therapeutic coloring book, *"The Creativity Queen's Superfabulous Colorific Adventure Book"* for her clients. Her business, the Creativity Queen, LLC, was the winner of the 2007 Small Business of the Year Award (SCORE).

Speaker Disclosures:

Financial: Laura Dessauer is the founder and director of Creativity Queen, LLC. She receives a royalty from the American Art Therapy Association. She receives a speaking honorarium from PESI, Inc.

Non-financial: Laura Dessauer is a member of the American Art Therapy Association and the Florida Art Therapy Association.

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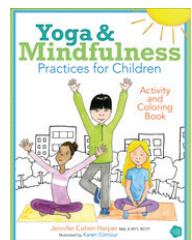
The Mindful Doodle Book

75 Creative Exercises to Help You Live in the Moment

By Patricia Isis, PH.D., LMHC, ATR-BC

Reduce Anxiety. Express Emotions. Be More Present.

The Mindful Doodle Book: 75 Creative Exercises to Help You Live in the Moment combines the benefits of mindfulness and the intuitive expression of doodling to help you relax, find focus, and creatively express emotions through spontaneous artmaking.



Yoga and Mindfulness Practices for Children Activity and Coloring Book

By Jennifer Cohen Harper, MA, E-RYT, RCYT

Jennifer Cohen Harper, internationally recognized yoga and mindfulness expert, has created simple and fun tools to help guide children through the many stressors of life. *Yoga and Mindfulness Practices for Children Activity and Coloring Book* offers 50 engaging activities, coloring pages and worksheets that support health, well-being, empowerment and an improved capacity to navigate those pressures of life without becoming overwhelmed.

Objectives

- Explore 77 art therapy directives to immediately implement into therapy practice to help children regulate their emotions and behaviors.
- Communicate the ethical implications of using art therapy.
- Determine the stages of children's normative development, and the indicators suggesting a need for additional clinical support.
- Experiment with the use of common art materials; what to use and when, so you can feel immediately confident using art in your practice.
- Develop a plan for introducing art into clinical practice for treatment resistant and challenging children and families.
- Playfully practice the creative process via interactive hands-on art therapy experiences.

Target Audience

Counselors, Social Workers, Play Therapists, Psychologists, Case Managers
Psychiatrists, Marriage and Family Therapists, Occupational Therapists and Occupational Therapy Assistants
Speech-Language Pathologists, School Counselors, School Psychologists, Educators

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The nation's top speakers and authors contact us first. If you are interested in becoming a speaker or have a new topic idea, please contact Marnie Sullivan at msullivan@pesi.com or call 715-855-8226.

LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MINNESOTA COUNSELORS: Application for MN BBHT continuing education credits has been submitted. Please contact us at 800-844-8260 or info@pesi.com for the status of LPC CE hours.

WISCONSIN COUNSELORS: This intermediate activity is approved for 6.25 clock hours of continuing education instruction. The State of Wisconsin Department of Regulation and Licensing recognizes courses and providers that are approved by the American Psychological Association, ASWB or NAADAC. A certificate of attendance will be awarded at the end of the program to counselors who complete the program evaluation, to submit to their state board.

EDUCATORS/TEACHERS: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

WISCONSIN EDUCATORS: This course may be used toward your Professional Development Plan if it meets your individual goals. Please contact DPI with questions regarding individual PDPs. This course is 6.25 clock hours.

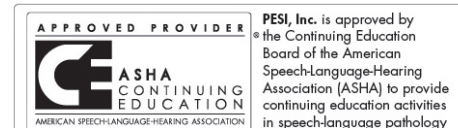
MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MINNESOTA MARRIAGE & FAMILY THERAPISTS: An application has been submitted to the Minnesota Board of Marriage & Family Therapists. Credit is pending.

WISCONSIN MARRIAGE & FAMILY THERAPISTS: This course has been reviewed and approved by the Wisconsin Association for Marriage and Family Therapy for 6.25 credit hours.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or 6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for 6 ASHA CEUs (Intermediate level, Professional area).

SOCIAL WORKERS: PESI, Inc. is approved by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

MINNESOTA SOCIAL WORKERS: PESI, Inc. is an approved provider with the State of Minnesota, Board of Social Work. Provider #: CEP-140. This course has been approved for 6.0 continuing education hours.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

QUESTIONS? Call 800-844-8260 or e-mail us at info@pesi.com.

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ART THERAPY: 77 CREATIVE INTERVENTIONS FOR CHALLENGING CHILDREN WHO SHUT DOWN, MELTDOWN OR ACT OUT

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ADA needs:

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

Tuition Options:

\$30 Tuition: If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

Groups of 5 or more: Call 800-844-8260 for discounts.

Discounted Military Rate: PESI Inc. is proud to offer a \$20 tuition discount on live seminar tuition for veterans and active duty military personnel. **Advance registration by phone required.**

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