

## Outline

### Overview of Sensory Systems

Emphasis on tactile, vestibular and proprioceptive  
 Visual, auditory, olfactory, gustatory  
 Body in space/body awareness  
 Modulation - when is it a problem?

### Impact of Sensory on Behavior, Performance and Learning

Attention, self-regulation, organization, executive function  
 Motor output (gross, fine, handwriting)  
 Activities of daily living (ADL's)  
 Behavior, social skills and self-esteem

### Effective Intervention Strategies for:

#### Sensory:

Use all 7 systems-we are more than just auditory and visual learners  
 Modulation-characteristics of hyper and hypo systems  
 Concentrate on foundation skills and deep pressure/heavy work  
 Sensory Lifestyle/Toolbox - How to use what's right there  
 Sound therapies and music- utilizing what you hear to change behavior and performance  
 Environmental modifications  
 Interactive Metronome, Brain Gym and more

### Self-Regulation:

Yoga, Pilates, Me Moves-How movement helps  
 Breathing, oral-motor-using the ribcage and mouth to regulate  
 Meltdowns-prevention and what to do if you can't  
 Transitions- how to help!  
 Social stories, visual-cognitive strategies and more

#### Play:

The 5 different types of play and their role in development  
 Use "Theory of Mind" framework to facilitate play and regulation  
 Enhancing independent play vs. adult/computer-directed play  
 Activities to enhance creative play, ideation and planning abilities  
 Activities to prepare for core curriculum goals in K and early elementary

*Case studies will be presented in picture and video format to highlight important concepts and theories!*

Apply what you have learned today to real cases:  
 Group exercises, break-out groups, individual application.

## Objectives

1. Articulate extensive knowledge of the 7 sensory systems.
2. Determine the characteristics of hypo-responsivity and hyper-responsivity within sensory systems.
3. Explore the different types of play and the role each plays in early intervention.
4. Communicate why excessive technology interferes with many areas of development.
5. Design sensory and motor play interventions for motor development, emotional/behavioral development and self-regulation.
6. Utilize new activities to incorporate into your classrooms/therapy/homes.
7. Employ visual-cognitive strategies to enhance self-regulation.

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# SENSORY MOTOR PLAY in EARLY INTERVENTION

Improving Self-Regulation, Social Skills and Development

Presented by **Robbie Levy, MA, OTR/L**

**JONESBORO, AR**  
 Monday, January 29, 2018

**LITTLE ROCK, AR**  
 Tuesday, January 30, 2018

**FAYETTEVILLE, AR**  
 Wednesday, January 31, 2018

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- Improve student performance in executive function, pre-academics and motor skills
- Stop temper tantrums and meltdowns
- Decrease anxiety from sensory misinterpretations
- Help with smooth transitions
- Keep children on-task and focused
- Enhance sharing, turn-taking and general social skills

**JONESBORO, AR**  
 Monday, January 29, 2018

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Join Robbie Levy, MA, OTR/L, and discover how sensory, motor and play activities impact self-regulation, social skills and development. Learn cutting-edge, brain-based information and techniques for kids who exhibit the following behaviors:

- Excessive temper tantrums and difficulty with transitions
- Unable to stay focused on people or activities
- Limited gross and fine motor skills
- Overly aggressive during play, limited sharing and turn-taking
- Distracted by background noises that others don't seem to hear
- Anxious in crowds/large groups
- Overly fearful of swings and playground equipment
- Constant need to touch people or textures, even when it's inappropriate to do so
- Doesn't understand personal space

Through lecture, experiential activities, group and individual case studies, video and picture demonstration, you will come away with a "tool-box" full of activities and resources. Get your kids on a more powerful path to self-regulation and typical social and motor development!

*"Thank you—your presentation was full of practical, relevant, and useful information 100% of the time. It was engaging the entire day. As a speech-language pathologist, I learned so much and want to learn more."*

— Dahlia Konstantyn, MA, CCC-SLP

## Speaker

Robbie Levy, MA, OTR/L, is an occupational therapist with over 33 years of experience specializing in pediatrics and is the owner and director of Dynamic Kids, a large, well-respected OT, PT, SLP practice devoted to addressing a variety of sensory, motor, behavioral, social and academic issues in children from birth to adolescence. Dynamic Kids is partnering with NYU to do research on the impact of heavy work protocols on executive function in preschool children with sensory processing disorders. Actively involved in many industry associations, Ms. Levy's passion and expertise is called upon repeatedly both nationally and regionally by therapy, education and parent groups such as AOTA, NYSOTA, Young Child Expo, Child Care Council and countless others. Her expertise and passion working with children and families is sought after for presentations and consultations in the following areas: sensory integration/sensory processing, motor development, the role of occupational therapy in school-based therapy, handwriting development, assistive technology as well as private practice issues.

Ms. Levy is a past professor at NYU in the Department of Occupational Therapy teaching pediatrics and advanced professional seminars in Developmental Disabilities. She has many advanced trainings and certifications including SIPT, Therapeutic Listening, NDT, Handwriting without Tears, Wilbarger Protocol, How Does Your Engine Run, Benbow and DIR- Floortime. Ms. Levy is honored to be a recipient of the 2015 award from Westchester Woman of Influence. She received her BS in occupational therapy from the University of Pennsylvania and her Advanced Masters in developmental disabilities from NYU. Ms. Levy is the author of the blog, "Ask the Expert".

### Speaker Disclosures:

Financial: Roberta Levy is the Director/Owner of Dynamic Kids, Inc. She is the author of the Dynamic Kids Ask the Expert blog. She receives a speaking honorarium from PESI, Inc.

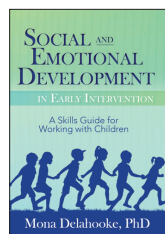
Non-financial: Roberta Levy has no relevant non-financial relationship to disclose.

Course Content Disclosure: ASHA Position Policy states that Auditory Integration Therapy (AIT) has not met scientific standards for efficacy that would currently justify its usage.

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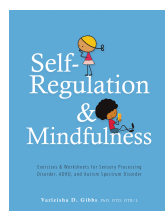
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### Social and Emotional Development in Early Intervention

By Mona Delahooke, PhD

A groundbreaking resource for the field of early intervention. Illustrated with worksheets, charts and handouts, this reader-friendly book will provide valuable tools to nurture relationships, measure progress, reduce child stress, address challenging behaviors and promote self-regulation.



### Self-Regulation and Mindfulness

By Varleisha Gibbs, Ph.D., OTD, OTR/L

Nationally known OT, Dr. Varleisha Gibbs has created a must-have resource for addressing self-regulation in children. This workbook is filled with mindfulness techniques, hands-on activities, worksheets, assessments, exercises and coloring pages to engage the child in their own success. Step-by-step Dr. Gibbs provides you with clear, concise and evidence-based strategies for treating children with sensory processing disorder, autism spectrum disorder, ADHD and similar developmental challenges.

### Live Seminar Schedule

- 7:30** Registration/Morning Coffee & Tea
- 8:00** Program begins
- 11:50-1:00** Lunch (on your own)
- 4:00** Program ends

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### Target Audience:

Occupational Therapists • Occupational Therapy Assistants • Educators • Speech-Language Pathologists • Counselors • Psychologists • Social Workers • Physical Therapists



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*If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.*

*Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.*

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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

### Tuition Options:

\$30 Tuition: If you are interested in being our registration coordinator for the day, go to: [www.pesirehab.com/coord](http://www.pesirehab.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260. Groups of 5 or more: Call 800-844-8260 for discounts.

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**\$199.99** – choose one of the options below:

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