

Outline

Brief Overview

- Human-animal emotional bond
- Therapy animal vs. service animal vs. emotional support animal
- Animal-assisted therapy vs. animal-assisted activities
- Handler vs. therapist

Mindfulness of Animals and How it Helps the Human Brain

- The neuroscience of the human-animal bond
- Why zebras don't get ulcers
- Animal-assisted interventions without an animal

The Legal Landscape

- Four federal laws that impact animal-assisted interventions
- Client rights and when not to involve an animal
- Informed consent

Interventions and Treatment Goals

- Physical and occupational issues
 - Fine and gross motor skills
 - Standing balance
 - Sensory processing
- Mental, emotional, and behavioral disorders
 - PTSD, anxiety and depression
 - Loneliness and self-esteem
 - Autism spectrum disorder

- Speech-language and learning disabilities
 - Dyslexia and other learning difficulties
 - Vocabulary improvement
 - Increase verbal interactions

Components of Animal-Assisted Intervention

- How to approach clients
- Interaction techniques for client and animal
- Closure, documentation

Evidence-Based Research and Outcomes

- Disorders that respond well to animal-assisted interventions
- Autism spectrum disorders
- ADHD and related childhood educational issues
- Speech and language disorders
- Stroke and geriatric issues
- Depression and anxiety
- PTSD
- Benefits of owning a companion animal

Start Your Own Animal-Assisted Program

- Animal qualifications and characteristics
- Preparing and caring for the animal
- When the animal shows signs of stress and agitation
- Organizations and resources for starting your animal-assisted program

Objectives

1. Specify the evidence-based research outcomes regarding animal assisted interventions (AAI) and utilize this research to inform choice of treatment interventions.
2. Utilize AAI as a modality to treat symptoms of anxiety and depression.
3. Incorporate animals in the treatment process for veterans with Post Traumatic Stress Disorder (PTSD).
4. Design AAI to increase language and literacy skills in children with learning disorders and autism.
5. Implement specific client and animal interaction techniques to improve treatment outcomes.
6. Summarize legal issues related to AAI, including informed consent, client rights and related federal laws.



Target Audience: Social Workers • Counselors • Psychologists • Occupational Therapists • Speech-Language Pathologists • Physical Therapists • Addiction Professionals • Marriage & Family Therapists • Nurses • Nursing Home Administrators • Activity Directors

Live Seminar Schedule

7:30	Registration, Morning Coffee & Tea
8:00	Program Begins
11:50-1:00	Lunch <i>(on your own)</i>
4:00	Program Ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

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Animal-Assisted Interventions

An Incredible Range of Therapeutic Benefits

"The relationship between a therapy animal and a patient extends far deeper than simple companionship; there are physical, emotional, and mental benefits to this type of treatment."

Jackie Pavelski, NHA

GRAND RAPIDS, MI Wednesday March 14, 2018	LANSING, MI Thursday March 15, 2018	LIVONIA, MI Friday March 16, 2018
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Animal-Assisted Interventions

An Incredible Range of Therapeutic Benefits

- Neuroscience of the human-animal emotional bond
- Federal laws that protect your clients' rights
- Start your own animal-assisted program
- Interventions and treatment goals for:
 - PTSD, anxiety and depression
 - Mental and behavioral disorders
 - Physical and occupational issues
 - Speech-language and learning disabilities
 - Autism Spectrum Disorder

GRAND RAPIDS, MI
Wednesday, March 14, 2018

LANSING, MI
Thursday, March 15, 2018

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This seminar is designed to help you discover how incorporating animals into your professional activities can greatly improve client outcomes in a surprisingly broad range of areas, including:

- Reduce stress and anxiety levels and lower blood pressure
- Lessen feelings of loneliness and depression
- Help people suffering from agoraphobia
- Improve sensory recognition in people recovering from a stroke
- Support people dealing with trauma
- Help children with learning disabilities

You will receive specific examples of animal-assisted therapeutic goals in a variety of functional areas. This seminar also includes the latest research outcomes, solid foundational knowledge about the human-animal emotional bond and up-to-date information about relevant laws. You will also discover very practical information and resources to help you implement your own animal-assisted interventions.

“This seminar is very good at broadening one’s view of the world. It is so much larger than just us humans and there is a huge reciprocal impact. I will incorporate animals in guided imagery to encourage/stimulate the relaxation response.”

- Marlene A. Bannen, PhD

Speaker



JONATHAN JORDAN, MSW, LCSW, has over two decades of experience with animal-assisted interventions. He is a life-long animal lover and a member of the Delta Society, an internationally renowned organization dedicated to improving human well-being through nurturing interactions with animals. Over the years Jonathan, a licensed psychotherapist and executive coach, has trained a number of his own dogs to become certified therapy dogs. Not only does he integrate his certified dogs into his own practice, he also engages them in other practices and

facilities to improve the lives of even more clients. Jonathan, who grew up in Ireland, began his social work career in the Himalayan Kingdom where the Buddha was born. He is a member of the Society for Neuroscience, the world’s largest organization for the study of the brain and is the author of numerous articles and a book about brain-improvement training. Jonathan is a Faculty Fellow of Florida State University and a State Qualified Clinical Supervisor in Florida who trains and mentors scores of other psychotherapists. He is a speaker on a variety of topics and has spoken on three continents, and on Capitol Hill in Washington, DC in the past few years. Jonathan is passionate about motivating others to harness the power of the human-animal emotional bond to not only improve clinical outcomes, but to make the world a better place.

Speaker Disclosure:

Financial: Jonathan Jordan is the President and part owner of Global Change Management, Inc. He receives royalties from Psychology Today. He receives a speaking honorarium from PESI, Inc.

Non-financial: Jonathan Jordan is a member of the Delta Society.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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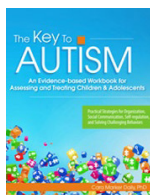


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By Mary Nurriestearns, MSW, LCSW, RYT

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An Evidence-based Workbook for Assessing and Treating Children & Adolescents

By Cara Marker Daily, PhD

The Key to Autism is an invaluable and comprehensive resource for any professional assessing and treating autism in children and adolescents. Filled with dozens of case examples, exercises to understand how the brain with autism works, the latest tools for screening and assessment, and “how-to” sections for applied behavior analysis (ABA), this workbook is the key to understanding the minds of children and adolescents with autism.

Live Seminar Continuing Education Credit Information

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APPROVED PROVIDER

PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

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