

Outline

Behaviors that Make Us Crazy

Tantrums
Running out/away
Noncompliance
Nagging
Refusing to work/help
Yelling/screaming
Bullying
Panic/anxiety reactions
Lack of follow through
Not following directions

Disorders

Oppositional Defiant Disorder
ADHD
Mood disorders
Anxiety disorders
Attachment issues/disorder, conduct disorder, autism spectrum disorders

Assessment

The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)
Escape
Attention
Sensory
Pain
Control

Mental Health Disorder or Behavior Problem

The power of skilled observations
The interview
Comparison to the group
The FBA-Incredibly powerful assessment tool
The art of choosing a diagnosis (if you have to at all!)

Treatment Strategies Part I

Proactive

Behavior plans
Motivational incentives
Set the stage for success
Remember the initial goal
Appropriately address the functions of the behavior

Reactive

Corrective measures
It's like playing chess in a tornado

Treatment Strategies Part II

Specific Strategies for the Following Behavioral Challenges:

Tantrums
Running out/away
Noncompliance
Nagging
Refusing to work/help
Yelling/screaming
Bullying
Panic/anxiety reactions
Lack of follow through
Not following directions

Treatment Strategies Part III

Specific Strategies for the Following Disorders:

ODD
ADHD
Mood disorders
Anxiety disorders
Working with unsafe behaviors

Treatment Strategies Part IV

Special Populations & Circumstances

Asperger's disorder
Divorce, separation
Abuse and neglect
Parent misbehavior
Foster care

**FREE
-CE-
ONLINE COURSE**

Shame Shields

BRENÉ BROWN, Ph.D.

1 CE HOUR

HURRY OFFER EXPIRES
April 15, 2018

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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the
Most Challenging Behaviors

OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the
Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment, and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders
- Positive alternatives for your most challenging kids



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Advance registration by phone required.*

Questions?

Call customer service at 800-844-8260

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (on your own)
4:00 Program ends

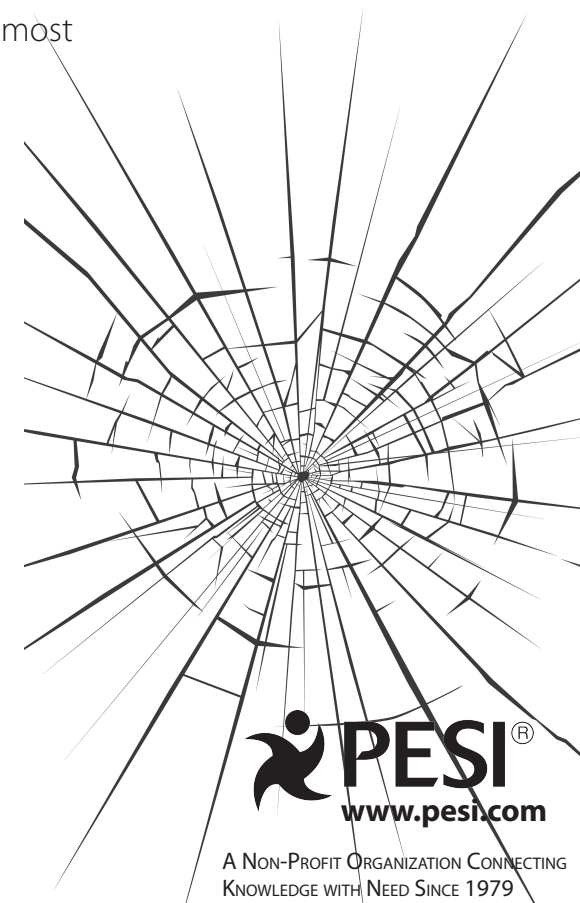
For locations and maps, go to www.pesi.com, find your event, and click on the seminar title. Questions? Call customer service at 800-844-8260

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Target Audience: Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists • Teachers
School Guidance Counselors • Case Managers • Nurses • School Administrators • Educational Paraprofessionals
Occupational Therapists & Occupational Therapy Assistants • Other Helping Professionals that Work with Children

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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your clients' most challenging behaviors including:

- Tantrums
- Refusing to work/help
- Lack of follow through
- Running out/away
- Yelling/screaming
- Not following directions
- Noncompliance
- Bullying
- Nagging
- Panic/anxiety reactions

You will walk away with immediate strategies for out of control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Jason Mathison is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

Objectives

- Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
- Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
- Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
- Communicate how a skilled observation of behavior informs your treatment approach.
- Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
- Effectively develop a behavior intervention plan and safety plan across all settings including home and school.

Speaker

Jason Mathison, PsyD, NCSP, ABSNP, is a licensed psychologist and certified school neuropsychologist in Maryland and Virginia who has worked with children and adolescents for over 12 years. He earned his doctorate in school psychology from the Philadelphia College of Osteopathic Medicine, where he published with faculty and served as an adjunct professor before graduating. He maintains adjunct appointments at both Loyola University in Baltimore and the Chicago Professional school of psychology. Dr. Mathison is also the owner and director of Psychoeducational Consultants where he provides neuropsychological testing and conducts workshops on brain-behavior relationships for educational staff, mental health professionals and families. Dr. Mathison spends much of his time providing executive functioning coaching for both clients and their families. In addition to multiple publications on executive functioning, he has served on an expert panel at National Institute of Mental Health (NIMH) on the teenage brain. Dr. Mathison has served as a school psychologist for Prince George's County Public Schools for 10 years where he works with students and teachers to diagnose and provide interventions to enhance executive functioning and maximize academic success.

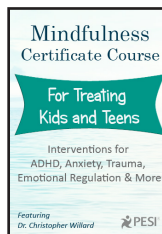
Speaker Disclosures:

Financial: Jason Mathison maintains a private practice. He is an adjunct professor for The Chicago School of Professional Psychology and Loyola University. Dr. Mathison receives a speaking honorarium from PESI, Inc.

Non-financial: Jason Mathison has no relevant non-financial relationship to disclose.

ONLINE COURSE - LIMITED TIME OFFER

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Mindfulness Certificate Course for Treating Kids and Teens: Interventions for ADHD, Anxiety, Trauma, Emotional Regulation and More

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Join one of the world's leading experts on mindfulness techniques for youth and teens, Christopher Willard, Psy. D., for a transformative certificate course on mindfulness interventions for treating kids and teens. Chris combines his knowledge and experience in this **online course** to guide you step-by-step through nine modules of in-depth mindfulness training, all designed to help you effectively integrate mindfulness into your practice with kids and adolescents. You'll learn strategies and techniques to improve social-emotional resilience and executive function, proven interventions for ADHD and emotional regulation, as well as gain powerful clinical skills to help heal trauma and anxiety.

Become re-energized and prepared to advance your practice and improve the overall health, well-being and happiness of today's youth. At the end of this course you will receive a **Certificate in Mindfulness Interventions for Treating Kids and Teens** all while earning up to **19 CE Hours!**

Register Now: pesi.com/mindfulcert6

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8226.

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Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

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PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

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• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

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