



TRINITY CENTER

PESI sponsored retreat located at Trinity Center, North Carolina.

www.pesi.com/TrinityAugust

ATTACHMENT CENTERED PLAY THERAPY IN A RETREAT SETTING

Come join me in this 5-day intensive retreat, to explore our clients through the lens of attachment theory, gaining a new understanding of how children and families interact and bond to one another in healthy vs maladaptive ways. We will explore how trauma, abuse, and neglect impact the bonds of attachment within the family system and how the power of Attachment Centered Play Therapy can help to heal these wounds.

Throughout this intensive retreat, we will implement an integrative therapeutic approach to include the parents into the therapy process when addressing attachment wounds, trauma, grief and loss.

There will be plenty of time to explore difficult cases you are working with, ask questions, develop new assessment skills and explore styles of attachment and how this plays out in therapeutic relationships with our clients.

You will spend five days learning new and innovative play therapy techniques including hands on experiential activities, guided imagery, sand tray interventions, and expressive arts in a gorgeous setting with plenty of time for rest and rejuvenation built into the program outside of training hours. Did I mention that we will be spending ONE FULL DAY on the BEACH utilizing the world's biggest sand tray practicing sand tray therapy techniques assessing family relationships, bonds of attachment, and family dynamics? We will provide the basics but would love to extend an invitation for you to bring a few of your favorite miniatures for use throughout the week.

Leave this integrative retreat experience with a creative toolbox of attachment centered play therapy tips, techniques, and a clear knowledge of how attachment styles impact relationships.

In August, the sun will be shining, the beaches sparkling, and the water is warm and inviting. I am looking forward to seeing all of you in North Carolina. Remember your flipflops!

Warmly,
Clair

Limited availability! Register today at www.pesi.com/TrinityAugust

Instructor

Clair Mellenthin, LCSW, RPT-S. Throughout her career, she has specialized in providing play therapy to children, teens, and their families. She is the director of Child & Adolescents at Wasatch Family Therapy. Clair frequently presents professional play therapy and family therapy trainings on Attachment Centered Play Therapy and Trauma nationally and internationally. Clair holds a Master's Degree in social work from the University of Southern California

Clair is a sought-after supervisor, training graduate students and interns in play therapy, and an adjunct faculty member at the University of Southern California MSW program. She is the past-president of the Utah Association For Play Therapy and remains an active member on the board of directors. She is the author of *Play Therapy: Engaging & Powerful Techniques for the Treatment of Childhood Disorders*; *My Many Colors of Me Workbook*. In addition to being an experienced play therapist and professor, she frequently presents professional play therapy and family therapy trainings and appears on local and national TV and radio as an expert on children and family issues.

Speaker Disclosures:

Financial: Clair Mellenthin is the clinical director at Wasatch Family Therapy. She is the author of *My Many Colors of Me Workbook*; she maintains intellectual property rights and receives royalties. Ms. Mellenthin receives a speaking honorarium from PESI, Inc.

Non-financial: Clair Mellenthin is the president of the Utah Association for Play Therapy.

How to Register

For additional details: www.pesi.com/TrinityAugust

Choose the easiest registration method for you:

ONLINE pesi.com/TrinityAugust
PHONE 800-844-8260
Please have credit card available
EMAIL events@pesi.com
FAX 800-554-9775
MAIL
PESI
PO BOX 1000
Eau Claire, WI
54702-1000

RETREAT LOCATION
Trinity Center
618 Salter Path Road
Pine Knoll Shores, NC 28512
www.trinityctr.com
(888) 874-6287

RETREAT IS LIMITED TO TRAINING PARTICIPANTS ONLY.

1 Please complete entire form (to notify you of retreat changes); please print; staple duplicate forms.

Name _____
Profession _____
Dept./Floor/Suite _____
City _____
County _____
State _____ Zip _____
Home/Cell Ph () _____
Dept. Ph () _____
E-mail address _____
For your convenience, confirmations are sent via email.

2 Tuition and 4-nights stay (63470PKS)

August 26-30, 2018 Registration closes August 6th

- Early bird by 7/13/2018 \$1,799 per person
- Standard \$1,999 per person
- CE Certificate & Course manual Included
- Healthy and varied cuisine (3 meals daily) Included
- **Bring a friend and SAVE \$200 each! Tuition and 5 nights stay, double occupancy*
- Early bird by 7/13/2018 \$1,599 per person
- Standard \$1,799 per person



To register for double occupancy, please submit both registration forms at the same time
Roommate's name: _____

3 Please indicate method of payment.

- Check enclosed payable to **PESI, Inc.** Card Number: _____
- Am. Exp. (15 Digits) Card Expires: _____ / _____ / _____ V-Code #: _____
- VISA (13-16 Digits) Signature _____
- MC (16 Digits)
- Discover Novus (16 Digits)

Total _____

For cancellation policy and FAQ go to: www.pesi.com/TrinityAugust

For additional details: www.pesi.com/TrinityAugust

★★★ CERTIFICATE PROGRAM ★★★

ATTACHMENT CENTERED PLAY THERAPY IN A RETREAT SETTING

August 26-30, 2018
Sunday - Thursday
Trinity Center

Pine Knoll Shores on the beautiful Southern Outer Banks of North Carolina

Reserve today!
Limited availability

Earn Your
Certificate &
up to 23 CE Hours
In a retreat setting!

www.pesi.com/TrinityAugust



Retreat Content

Attachment Centered Play Therapy

- Introduction to Attachment Theory
- Introduction to Play Therapy
- Inviting the parents into the play therapy process
- Attachment across the lifespan
- Identify various styles of attachment
- Specific play therapy intervention to address each style of attachment
- Play therapy for all ages and stages
- Hands on, experiential activities to promote healthy relationships
- Guided Imagery exercises
- Attachment wounds and injuries
- Sand tray interventions
- Group play therapy interventions
- Interpersonal processing
- Case consultation and case studies

Trauma's Impact on Brain Development, Behavior and Families

- Trauma's impact on behaviors, concentration, and relationships
- Identify parts of the brain affected by trauma
- Create a safe place in the play therapy room
- Maximize the role of the attachment figure to create safety
- Rage and aggression
- Guided imagery Exercises
- Full body relaxation techniques
- Interventions for shame and sexual abuse
- Developmentally appropriate trauma narratives
- Recognize somatic and physiological responses in the body

- Reclaim the body after trauma
- Understand the post-traumatic self

The World's Largest Sand Tray

- Personal reflection
- Group and individual sand trays
- Case consultation and processing
- Directive and non-directive sand tray interventions
- Address transference and counter-transference in play therapy
- Specific supervision questions and processing

Play Therapy Across Ages, Stages and Special Populations

- Play Therapy for children, adolescents, and adults
- Adoption
- Grief, loss, and bereavement
- Engaging teens and tweens in family play therapy
- Parenting strategies to promote healthy attachment styles
- Interpersonal processing
- Play therapy toolbox with 30 + interventions to take home and put into practice!

Limitations of the Approach and Potential Risks:

- No controlled studies have been conducted using these interventions
- Play Therapy is an evidenced-based treatment
- Attachment-Centered Play Therapy has not been included in the list of approved play therapy interventions from APT
- Without the necessary training, use these interventions with clients may pose a risk of potential harm

Get a FREE IATP membership by attending!
A \$99.99 value, plus waiving \$99.99 application fee for Certification!

Completion of this 5 day retreat meets the educational requirements when applying to become a Certified Child and Adolescent Trauma Professional (International Association of Trauma Professionals, www.traumapro.net).

Learning Objectives

- 1 Analyze attachment theory as it applies to play therapy to provide integrated therapeutic treatment.
- 2 Evaluate the four key concepts of attachment theory and how these concepts apply to attachment centered play therapy.
- 3 Analyze various family systems through the lens of attachment theory to strengthen clinical assessment skills.
- 4 Conceptualize attachment patterns that impact parent-child relationships to further advance your clinical practice.
- 5 Implement play therapy interventions to foster engagement with parents in family play therapy in order to repair, and enhance the parent-child relationship.
- 6 Analyze the neuroscience of attachment and play therapy as it relates to treatment.
- 7 Determine the developmental stages of attachment needs and behaviors to identify maladaptive responses in children and families.
- 8 Compare various attachment play centered interventions for use with insecurely attached families.

To view more Learning Objectives, go to www.pesi.com/TrinityAugust



Target Audience: Counselors, Social Workers, Psychologists, Psychotherapists, Marriage & Family Therapists, Play Therapists, Nurses, Nurse Practitioners, Addiction Counselors, Occupational Therapists, Occupational Therapy Assistants, Speech & Language Professionals, Other Mental Health Professionals.

Retreat Schedule

August 26 - 30, 2018

Sunday August 26th

- 4:00 pm Arrive/Check-in/Orientation
- 5:00 - 6:15 pm Program Introduction
- 6:30 pm Dinner
- 7:45 - 9:00 pm Evening Lecture/Experiential Activity

Monday & Tuesday, August 27 & 28

- 8:00 am Breakfast
- 9:30 am - 12:30 pm Lecture
- 12:30 pm Lunch & Individual Activity
- 2:30 - 5:00 pm Lecture
- 5:00 - 6:00 pm Individual Activity/Leisure Time
- 6:00 pm Dinner
- 8:00 - 9:00 pm Evening Lecture/ Experiential Activity

Wednesday, August 29

- 8:00 am Breakfast
- 9:30 am - 12:30 pm Experiential learning on the beach
- 12:30 pm Lunch & Individual Activity
- 2:30 - 5:00 pm Program & Experiential Learning on the beach
- 5:00 - 6:00 pm Individual Activity/Leisure Time
- 6:00 pm Dinner
- 8:00 - 9:00 pm Evening Lecture

Thursday, August 30

- 8:00 am Breakfast
- 9:30 - 11:45 am Lecture
- 12:00 pm Closing Lunch
- 1:00 pm Departure

Note: Meals and individual/leisure time do not have CE hours.



CERTIFICATE PROGRAM

ATTACHMENT CENTERED PLAY THERAPY

IN A RETREAT SETTING



Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepsi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDITION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 23.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

PLAY THERAPISTS: PESI, Inc. is an APT Approved Provider 05-165. Full attendance at this program will qualify for 23.0 contact hours. Play therapy credit will not be awarded to non-mental health professionals.

COUNSELORS: This intermediate activity consists of 23.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 1380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This intermediate activity consists of 23.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 23.0 contact hours or 2.30 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PSYCHOLOGISTS: The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACME provider: Alaska, Alabama, Arkansas, California, Georgia, Illinois, Indiana, Kentucky, Maryland, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, and Pennsylvania. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education. PESI, Inc. designates this live activity for a maximum of 23.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

APPROVED PROVIDER

ASHA CONTINUING EDUCATION

AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION

PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for 2.30 ASHA CEUs (Intermediate level, Professional area).

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 23.0 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

OTHER PROFESSIONS: This activity qualifies for 1380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

For additional information: www.pesi.com/TrinityAugust

For cancellation policy and FAQ go to: www.pesi.com/TrinityAugust