

Outline

DSM-5® and ICD-10 Updates

Social-Pragmatic Communication Disorder
Impact on service delivery (school/community)
Successfully link home, school and therapy
IEP/504/Do they qualify for school services?
Co-morbid disorders: Why the difference is important

Social Skills Interventions

Improve social skill deficits
“Kid Cop” behaviors and why other kids get angry
How to get peers to recognize them in positive ways
Group activities
Early intervention strategies that can deliver long-term success

Communication Interventions

Conflict resolutions that are effective in multiple settings
Help peers and family members relate
Verbal interventions that overload processing
Pragmatic language and other abstract issues

Sensory Interventions

Self-stimulation (appropriate & inappropriate)
Sensory strategies to avoid
Coping/calming techniques that reduce meltdowns
Sensory diet

Anxiety Interventions

Anxiety-reducing activities
How anxiety impacts rigidity
Help them “self-regulate”
Successful transitions

Depression Interventions

Impact on flexibility and change
Therapy that works for people with HFA
Emergence in adolescence
Solitude vs. loneliness

ADHD Interventions

ADHD vs. hyper-focus
Commonly prescribed medications and possible benefits and side effects
Specific triggers and what fuels the rage
Reduce aggressive and disruptive behaviors
Mistakes that escalate defiant behaviors
Overcome refusals to comply with even simple requests

Obsessive-Compulsive Disorder (OCD) Interventions

What to do when they become stuck on high interest areas
Specific medication interventions
Impact on socialization and behaviors

Interventions for Specific Difficult Behaviors

Reduce Internet and electronic addictions
Changes in technology, school systems and mental health delivery
Cognitive-Behavior Therapy (CBT) for mood and anxiety

Psychopharmacological Interventions

Differentiate among common medications
Medications that mimic difficult behaviors
Side effects and off label use

Case Studies, Demonstrations & Activities

Case studies that demonstrate specific interventions for aggressive and non-compliant behaviors
iPad® apps for social success, behavioral changes and speech and language
Staff training techniques to experience what an individual on the spectrum might

Research, Risks and Limitations

Approaches are evidence-based; more research warranted due to sample size
Interventions need to be individualized to the client
Changes in behaviors may cause more initial stress
Addressing behaviors alone can mask other problems

Objectives

1. Implement interventions to teach children/adolescents diagnosed with High-Functioning Autism (HFA) the skills to independently manage their own regulation, anxiety and fears.
2. Design effective strategies to approach transitions and routine life challenges for children/adolescents diagnosed with HFA.
3. Utilize specific interventions to improve long-term social-emotional success for children/adolescents diagnosed with HFA.
4. Suggest specific sensory-based calming techniques to reduce anxiety for children/adolescents diagnosed with HFA.
5. Recognize the potential side effects of psychotropic medication that can mimic or cause behavioral issues related to HFA.
6. Design specific behavioral interventions to reduce frequency, intensity and duration of difficult behaviors in children/adolescents with HFA.

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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High-Functioning
AUTISM

Proven & Practical Interventions for
Challenging Behaviors in Children,
Adolescents & Young Adults

YAKIMA, WA
Wednesday
December 5, 2018

KENNEWICK, WA
Thursday
December 6, 2018

SPOKANE, WA
Friday
December 7, 2018

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High-Functioning AUTISM

Proven & Practical Interventions for
Challenging Behaviors in Children,
Adolescents & Young Adults

Presented by: **Michelle R. Matzke, PsyD**

Strategies for co-occurring deficits related to:

Social skills	Communication
Sensory	Anxiety/Rigidity
Depression	Meltdowns
ADHD	OCD
Psychotropic medications	Non-compliance

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High-Functioning Autism

Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults

This intensive, full-day seminar provides proven intervention strategies, essential treatment tools, and behavioral techniques to help you analyze behaviors and actions, identify consequences for behaviors, and teach new skills to children, adolescents and young adults with high-functioning autism (HFA). Walk away with practical intervention techniques for social success, behavior changes and overcoming challenging co-occurring behaviors that deliver success through adulthood. The challenging co-occurring issues to be addressed are:

- Social skills
 - Sensory
 - Depression
 - ADHD
 - Psychotropic medications
- Communication
 - Anxiety/Rigidity
 - Meltdowns
 - OCD
 - Non-compliance

Gain valuable insight into common psychotropic medications, including both the helpful effects and potentially problematic side effects, that these individuals are prescribed. We will explore HFA and the new DSM-5® diagnosis of Social-Pragmatic Communication Disorder. You will receive the necessary tools to gain effective collaboration between clinicians, educators and parents. Through case studies, video clips and class participation you will leave this seminar with the confidence to identify actions that cause impediments in change, utilize more successful consequences for behaviors, and teach new skills to children, adolescents, and young adults with HFA. Don't just manage these individuals; provide interventions that can lead to successful independence into their adult years!

Speaker

Michelle R. Matzke, PsyD, is a licensed psychologist at Sweetgrass Psychological Services in Whitefish, Montana. She specializes in treating children, adolescents and young adults with Autism Spectrum Disorder (ASD), depressive disorders, anxiety disorders and behavioral disorders. Dr. Matzke consults with school systems, agencies, and organizations to provide the most effective services and interventions to children and adolescents with developmental concerns. To do this, she employs evidence-based treatment and interventions and through these interventions has developed social skill curriculums for high functioning children, adolescents and young adults with ASD. In addition, Dr. Matzke has presented in national and statewide conferences regarding topics of trauma and autism. She has a specific passion for helping communities and other professionals learn how to work with individuals on the autism spectrum in ways which encourage healthy independence, hope, and structure to assist these individuals in today's changing society.

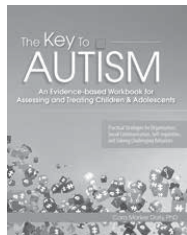
Dr. Matzke earned her doctorate in psychology from Spalding University in Louisville, Kentucky and completed her internship at Child and Adolescent Behavioral Health in Canton, Ohio. She completed her post-doctoral training at Daily Behavioral Health where she specialized in assessing and treating children and adolescents with Autism Spectrum Disorder and comorbid conditions. Dr. Matzke is a member of the American Psychological Association and is dually licensed in the states of Ohio and Montana.

Speaker Disclosures:
Financial: Michelle Matzke has an employment relationship with Montana Academy. She receives a speaking honorarium from PESI, Inc.
Non-financial: Michelle Matzke is a member of the American Psychological Association; and the Ohio Psychological Association.



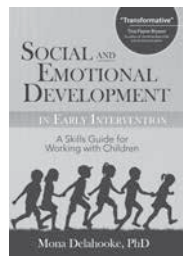
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SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



The Key to Autism
An Evidence-based Workbook for Assessing and Treating Children & Adolescents
By Cara Marker Daily, PhD

The Key to Autism is an invaluable and comprehensive resource for any professional assessing and treating autism in children and adolescents. Filled with dozens of case examples, exercises to understand how the brain with autism works, the latest tools for screening and assessment, plus over 25 downloadable worksheets and activities you can use immediately. This workbook is the key understanding the minds of children and adolescents with autism.



Social and Emotional Development in Early Intervention
By Mona M. Delahooke, PhD

A groundbreaking resource for the field of early intervention. Illustrated with worksheets, charts and handouts, this reader-friendly book will provide valuable tools to nurture relationships, measure progress, reduce child stress, address challenging behaviors and promote self-regulation.

Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

TARGET AUDIENCE:

Speech-Language Pathologists • Speech-Language Pathology Assistants
School Administrators • Special Education Teachers • General Education Teachers
School-based Personnel • Social Workers • Counselors • Occupational Therapists
Occupational Therapy Assistants • Behavioral Intervention Specialists • Psychologists
Marriage & Family Therapists • Educational Paraprofessionals • Nurses
Youth Leaders • Probation Officers
Other helping professionals who work with children/adolescents/young adults

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Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

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COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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EDUCATORS/TEACHERS: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.


WASHINGTON EDUCATORS & ADMINSTRATORS: A request for Clock Hours has been submitted to Puget Sound ESD for the seminar on in . Those seeking Clock Hours must follow sign-in requirements and provide an additional payment of \$12.00 made payable to Puget Sound ESD along with a completed Clock Hour Participant Form (provided at the seminar).

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for 6 ASHA CEUs (Intermediate level, Professional area).

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

WASHINGTON SOCIAL WORKERS/COUNSELORS/MARRIAGE & FAMILY THERAPISTS: This activity has been submitted to the Washington Licensed Mental Health Counselors, Licensed Marriage and Family Therapists and Licensed Clinical Social Workers Board. Approval pending.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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HIGH-FUNCTIONING AUTISM: PROVEN & PRACTICAL INTERVENTIONS FOR CHALLENGING BEHAVIORS IN CHILDREN, ADOLESCENTS & YOUNG ADULTS

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