

Outline

WHAT IS FOOD REFUSAL & WHEN IS IT A PROBLEM?

SPECIAL POPULATIONS

Autism
Down syndrome
Cerebral Palsy

RESPIRATION

Development of the respirator system
Respiration vs. ventilation
Coordination of breathing & swallowing
Homeostasis
Pulmonary clearance mechanism
Aspiration & aspiration pneumonia
Assessment
Respiratory rate
Dyspnea
Breathing/swallowing coordination
Cough
Stress behaviors
Interventions
Compensations
Positioning
Respiratory control
Exercise

PHARYNGEAL DYSPHAGIA

Clinical assessment
Instrumental assessment
Interventions
Diet modification
Thick liquids pros/cons
Strategies & compensations
Oral hygiene

THE GI SYSTEM

Development
Disorders of the GI system
Reflux & reflux disease
Constipation
Eosinophilic esophagitis

GI/Respiration inter-relationships
Assessment
Interventions

Dietary modifications
Medications
Positioning for sleep

INTERACTIVE CASE REVIEW

Potential treatment strategies for real life scenarios

ORAL MOTOR

Development of the oral motor system
Postural stability
Assessment
Interventions
The role of exercise
Muscle tone interventions

SENSORY ISSUES

Development of the sensory system
State regulation
Taste & smell
Assessment
Interventions

BEHAVIOR

Assessment
Interventions
The feeding environment
Hunger manipulation
Reinforcement
Shaping
Family education/involvement
Transition from tube feeding to oral feeding

INTERACTIVE CASE REVIEW

Potential treatment strategies for real life scenarios

NUTRITIONAL INTERVENTIONS

Special diets
Use of supplements

Objectives

- Examine the interplay between oral-motor, gastrointestinal, and respiratory systems and their impact on food refusal in children in order to expand volume and variety of intake.
- Identify the signs and symptoms of pharyngeal dysphagia in children to prevent aspiration associated illnesses.
- Pinpoint advantages and challenges associated with dietary modifications and use of thickened liquids with a goal of increasing safe oral intake.
- Discuss the rationale for various dietary recommendations currently being implemented with children in order to separate fact from fiction about special diets.
- Determine the pros and cons of various oral-motor & sensory treatment approaches to maximize safe, pleasurable eating and drinking in children.
- Develop a behavioral treatment plan to address problem feeding behaviors including food refusal, limited food repertoire, low volume of intake, and rigidity around foods and utensils.

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Eating
With Ease

Managing Complex Feeding &
Swallowing Problems in Children

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Wednesday, December 5, 2018

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Thursday, December 6, 2018

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Eating
With Ease

Managing Complex Feeding &
Swallowing Problems in Children

Pediatric dysphagia expert, **Angela Mansolillo, MA/CCC-SLP, BCS-S,**
answers these and other pressing matters in pediatric care:

- Strategies to effectively increase food repertoire in children with food refusal
- Successfully transition older children from tube feeding to oral feeding
- Extinguish maladaptive feeding behaviors
- When thickened liquids are appropriate and not appropriate
- Which diets have evidence to support them and which do not

Springfield, IL
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EATING WITH EASE

Managing Complex Feeding & Swallowing Problems in Children

Developing a Menu for Success

The causes of feeding and swallowing difficulties in children are always multifaceted, sometimes misdiagnosed, and often difficult to assess and treat appropriately. Respiratory difficulties, gastrointestinal function, oral-motor skills, and behavioral issues are just a few of the elements that can influence feeding and swallowing, limit response to treatment, and result in significant health issues. To maximize effectiveness, we as clinicians, must resist the temptation to assess and treat feeding and swallowing disorders in isolation; instead, they must develop management plans that take into account interactions between and among oral-motor, gastrointestinal, and respiratory systems.

This essential course shows complex feeding and swallowing disorders as they manifest themselves in children who have a variety of diagnoses. You will gain successful strategies for identification of the underlying etiology of the dysphagia. The evidence base for specific therapies, including oral-motor techniques, behavioral interventions, nutritional interventions, and strategies for respiratory control, are evaluated. You'll leave this course armed with practical techniques and tactics for improving function in these challenging children, as well as strong evidence to support those strategies.

Speaker

ANGELA MANSOLILLO, MA/CCC-SLP, BCS-S, is a speech-language pathologist and board recognized specialist in swallowing disorders with more than 20 years of experience. She is a senior speech-language pathologist at Cooley Dickinson Hospital in Northampton, Massachusetts where she provides evaluation and treatment services for adults and children with dysphagia and is involved in program planning and development for inpatient and outpatient programming including quality improvement initiatives, patient education, and clinical policies and protocols. In addition, she is an adjunct faculty member at Elms College Department of Communication Sciences and Disorders in Chicopee, Massachusetts. Over the course of her career, she has worked in a variety of clinical settings, provided numerous regional and national presentations, and lectured at several colleges and universities throughout Massachusetts.

Ms. Mansolillo received her Bachelor of Arts degree in communications from Rhode Island College in 1983 and earned her Master of Arts in speech-language pathology in 1985 from the University of Connecticut. She is a member of the American Speech-Language-Hearing association and is a member of Special Interest Division 13, which focuses on swallowing and swallowing disorders.

Disclosure:
Financial: Angela Mansolillo has an employment relationship with Cooley Dickinson Hospital. She receives a speaking honorarium from PESI, Inc.
Non-financial: Angela Mansolillo is board certified specialist, Swallowing and Swallowing Disorders of the American-Speech-Language-Hearing Association.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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Building Social Skills for Autism, Sensory Processing Disorders and Learning Disabilities:

Over 105 Strategies, Activities and Sensory Tools for Children and Adolescents

By Tara Delaney MS, OTR/L & Mary C. Hamrick, MA, CCC-SLP

A revolutionary workbook to help professionals use the sensory system to teach complex social skills – build self-awareness and increase executive functioning. Includes dozens of reproducible skills, group and therapy sessions, worksheets and activities. A must have tool for professionals, teachers and parents.

Self-Regulation and Mindfulness

By Varleisha Gibbs, Ph.D., OTD, OTR/L

Nationally known OT, Dr. Varleisha Gibbs has created a must-have resource for addressing self-regulation in children. This workbook is filled with mindfulness techniques, hands-on activities, worksheets, assessments, exercises and coloring pages to engage the child in their own success. Step-by-step Dr. Gibbs provides you with clear, concise and evidence-based strategies for treating children with sensory processing disorder, autism spectrum disorder, ADHD and similar developmental challenges.

Target Audience: Speech-Language Pathologists • Speech-Language Pathology Assistants • Occupational Therapists Occupational Therapy Assistants • Reading Specialists • Head Start Staff • Early Childhood Special Education Staff Learning Disabilities Specialists • Preschool Teachers • Counselors • Social Workers Other Helping Professionals who Work with Children (Birth - 5 Years)

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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

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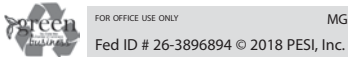
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