

Outline

Art Speaks: Therapeutic Practice

Art Therapy vs. Therapeutic Art-Making  
Art Therapy vs. Therapeutic Art  
Ethical Implications and Scope of Practice  
Know When to Refer  
Process of Creating vs. Outcome

Clinical Applications

Using Art: Principles and Foundations

Media Selection  
Developmental Stages Manifested in Art Making  
Warning Signs in Artwork  
Positive Perspectives

Strategies for Integrating Art in Practice

Establishing a Sense of Empowerment and Control

For Trauma, Anxiety & Mood Disorders  
Safe Place Art  
Mandalas  
Stressors vs. Calmers  
Mindful Doodling

Establish Relationship to Self

For ASD, Trauma, ODD, ADD  
Name Designs  
Me/Not Me/Ideal Me Collage  
Self Object  
Landscape of My Life

Questions?  
Call customer service at  
800-844-8260

Objectives

1. Apply therapeutic art directives and immediately implement into your therapy practice to help children, teens, adults and families regulate their emotions and behaviors.
2. Analyze the ethical implications and your scope of practice when selecting therapeutic artmaking approaches.
3. Assess the stages of children’s normative development, and warning signs suggesting a possibility for additional clinical support.
4. Implement the use of simple and economic art materials; what to use and when, so you can feel immediately confident using art in your practice.
5. Prepare a plan for introducing art into clinical practice for treatment-resistant and challenging children and families.
6. Playfully practice the creative process via interactive hands-on therapeutic art-making experiences.

Creating Authentic Connections

For ASD, Mood Disorders, ADD  
Collaborative Drawings  
Mural Making  
Circle of Commonalities  
Group Activities  
Family Art-Making

Self-Esteem and Self-Compassion

For ADHD, Anxiety & Mood Disorders  
Inside-Out Boxes and Masks  
Aluminum Foil Sculptures  
Positive Puppets  
Empathy Masks  
Worry Dolls

Control to Commitment

For ADHD, Anxiety & Mood Disorders, Trauma  
Follow Directions Drawing  
Crossroads Doodle  
Resilience Doodle  
Wellness Timeline  
Letters of Appreciation

Research, Limitations and Risks

Training is distinctly different from the formal study of art therapy  
Introducing art without adequate training  
Art therapy is an evidenced-based treatment

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea  
8:00 Program begins  
11:50-1:00 Lunch (on your own)  
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

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1 CE HOUR

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ART THERAPY  
INTERVENTIONS

for Challenging Children Who  
Act Out, Melt Down or Shut Down

Charleston, SC  
Wednesday  
December 5, 2018

Columbia, SC  
Thursday  
December 6, 2018

Greenville, SC  
Friday  
December 7, 2018

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ART THERAPY  
INTERVENTIONS

for Challenging Children  
Who Act Out, Melt Down or Shut Down

Art directives and interventions for:

Anxiety	ADHD
Trauma	ODD
Mood disorders	ASD
	And more!

Janet Bush, ED.S., ATR-BC



Charleston, SC  
Wednesday  
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Thursday  
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Greenville, SC  
Friday  
December 7, 2018



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# ART THERAPY

Do you have clients who are stuck, repeating the same patterns over and over and you feel like you're powerless to help them? You know, the ones who repeatedly refuse to listen and don't stop to think before they act. Or those who refuse to take responsibility for their behaviors and constantly pass blame onto others. Do they leave you feeling stagnant and burnt out in your practice? Do you work with challenging children, teens and families who seem absolutely resistant to every intervention you offer?

Let Janet Bush, a certified art psychotherapist, mental health clinician, art educator, and addictions counselor help you! Attend this seminar and learn innovative interventions that are guaranteed to help even your most resistant clients become unstuck. Your day will consist of creative, interactive, hands-on training that will re-energize your work. You will leave with fresh new art strategies and approaches that you can use immediately to engage even your most difficult and challenging clients. These tools are fun and playful. They will offer you an opportunity to refresh yourself as well!

**No art experience is necessary, just an openness to try something creative.**

## Speaker

**Janet Bush, ED.S., ATR-BC,** is a certified art psychotherapist, mental health clinician, art educator, addictions counselor, a founding member of the Florida Art Therapy Association, a university instructor, author, and a nationally known speaker and presenter.

She is author of the pioneering textbook, *The Handbook of School Art Therapy—Introducing Art Therapy Into a Public School System*, (CC Thomas Publishers, 1997) and three graduate education course guidebooks. She has served as department chairperson for the Miami-Dade County Public Schools in the Division of Psychological Services where she founded and directed a program of over 20 master art therapists from 1978-1999. This endeavor was a major contribution to the fields of art therapy and psycho-education with the establishment of a national model art therapy program. The program continues to employ 20 full time credentialed art therapists working with special populations. In addition to working with children in conflict, Coach Jan and the department staff helped develop, field test and implement the Levick Emotional and Cognitive Art Therapy Assessment (LECATA), a cognitive and emotional art therapy evaluation tool used by art therapists internationally.

Through her long-term work in the public schools and the South Florida community, Coach Jan subsequently received a Distinguished Clinical Services Award from the American Art Therapy Association and Lifetime Achievement Award from the Miami Dade County Public Schools and the Florida Art Education Association.

Jan is an expert in the fields of art education, clinical art therapy, art in medicine and art in counseling.

Coach Jan retired from Miami Dade County Public Schools in 2011 but continues to serve as a consultant in private practice based in Delray Beach, Florida.

Speaker Disclosures:

Financial: Janet Bush is a consultant in private practice. She receives a speaking honorarium from PESI, Inc.

Non-financial: Janet Bush has no relevant non-financial relationship to disclose.



**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

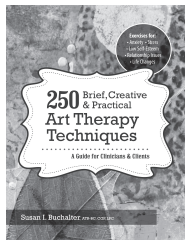
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PESI Inc. is proud to offer this seminar (at these locations only) **free of charge** (on live seminar tuition) for veterans and active duty military personnel. **Advance registration by phone required.**

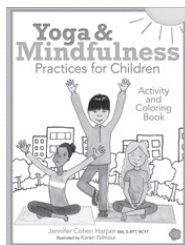
## SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



### 250 Brief, Creative & Practical Art Therapy Techniques A Guide for Clinicians and Clients

By Susan I Buchalter, Art-BC, CGP, LPC

These unique 250 art exercises increase self-esteem, self-awareness and a feeling of success in artistic expression and communication, allowing clients to engage in therapeutic exercises without judgment. Using simple materials like paper, pencils and markers, these techniques can be immediately implemented in your practice.



### Yoga and Mindfulness Practices for Children Activity and Coloring Book

By Jennifer Cohen Harper, MA, E-RYT, RCYT

Jennifer Cohen Harper, internationally recognized yoga and mindfulness expert, has created simple and fun tools to help guide children through the many stressors of life. *Yoga and Mindfulness Practices for Children Activity and Coloring Book* offers 50 engaging activities, coloring pages and worksheets that support health, well-being, empowerment and an improved capacity to navigate those pressures of life without becoming overwhelmed.

## Target Audience

Counselors • Social Workers • Psychologists • Case Managers • Psychiatrists • Marriage and Family Therapists  
School Counselors • School Psychologists • Educators • Occupational Therapists and Occupational Therapy Assistants  
Speech-Language Pathologists and Creative Arts Therapists

## LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

**Credits listed below are for full attendance at the live event only.** After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**NORTH CAROLINA COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

**SOUTH CAROLINA COUNSELORS, MARRIAGE & FAMILY THERAPISTS AND PSYCHO-EDUCATIONAL SPECIALISTS:** This program has been approved for 6.0 continuing education hours by the South Carolina Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. Provider #4540.

**EDUCATORS/TEACHERS:** This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**PSYCHOLOGISTS:** The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Alabama, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maryland, Missouri, Nebraska, New Hampshire, New Jersey, New Mexico, Pennsylvania and South Carolina. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

**PHYSICIANS:** PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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**APPROVED PROVIDER**  
  
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**ASHA CONTINUING EDUCATION**  
information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**SPEECH-LANGUAGE PATHOLOGISTS:** This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**SOCIAL WORKERS:** PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



QUESTIONS? Call 800-844-8260 or e-mail us at [info@pesi.com](mailto:info@pesi.com).

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ARTTHERAPY: INTERVENTIONS FOR CHALLENGING CHILDREN WHO ACT OUT, MELT DOWN OR SHUT DOWN

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#### ☐ GREENVILLE, SC December 7, 2018 [66515GRV]

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### ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

### WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

### TUITION OPTIONS

- \* FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Advance registration by phone required.**
- \* \$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.
- \* Groups of 5 or more:** Call 800-844-8260 for discounts.
- \* Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to [www.pesi.com/students](http://www.pesi.com/students) or call 800-844-8260 for details. **Advance registration required.** Cannot be combined with other discounts.



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### 3 Check tuition:

#### Tuition with seminar manual

**\$199.99** – choose one of the options below:

- ☐ per person for 2 or more preregistering together —OR—
  - ☐ single registration postmarked 3 weeks prior to seminar date
- ☐ **\$229.99** standard

#### Add-On Products

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- ☐ **\$29.99\*** *250 Brief, Creative & Practical Art Therapy Techniques* book
- ☐ **\$19.99\*** *Yoga and Mindfulness Practices for Children Activity and Coloring Book*

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

### 4 Indicate method of payment:

**ALL REGISTRATIONS MUST BE PREPAID.**  
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