

Outline

- DSM-5® and ICD-10 Updates**
 - Social-Pragmatic Communication Disorder
 - Impact on service delivery (school/community)
 - Successfully link home, school and therapy
 - IEP/504/Do they qualify for school services?
 - Co-morbid disorders: Why the difference is important
- Social Skills Interventions**
 - Improve social skill deficits
 - “Kid Cop” behaviors and why other kids get angry
 - How to get peers to recognize them in positive ways
 - Group activities
 - Early intervention strategies that can deliver long-term success
- Communication Interventions**
 - Conflict resolutions that are effective in multiple settings
 - Help peers and family members relate
 - Verbal interventions that overload processing
 - Pragmatic language and other abstract issues
- Sensory Interventions**
 - Self-stimulation (appropriate & inappropriate)
 - Sensory strategies to avoid
 - Coping/calming techniques that reduce meltdowns
 - Sensory diet
- Anxiety Interventions**
 - Anxiety-reducing activities
 - How anxiety impacts rigidity
 - Help them “self-regulate”
 - Successful transitions
- Depression Interventions**
 - Impact on flexibility and change
 - Therapy that works for people with HFA
 - Emergence in adolescence
 - Solitude vs. loneliness
- ADHD Interventions**
 - ADHD vs. hyper-focus
 - Commonly prescribed medications and possible benefits and side effects
 - Specific triggers and what fuels the rage
 - Reduce aggressive and disruptive behaviors
 - Mistakes that escalate defiant behaviors
 - Overcome refusals to comply with even simple requests
- Obsessive-Compulsive Disorder (OCD) Interventions**
 - What to do when they become stuck on high interest areas
 - Specific medication interventions
 - Impact on socialization and behaviors
- Interventions for Specific Difficult Behaviors**
 - Reduce Internet and electronic addictions
 - Changes in technology, school systems and mental health delivery
 - Cognitive-Behavior Therapy (CBT) for mood and anxiety
- Psychopharmacological Interventions**
 - Differentiate among common medications
 - Medications that mimic difficult behaviors
 - Side effects and off label use
- Case Studies, Demonstrations & Activities**
 - Case studies that demonstrate specific interventions for aggressive and non-compliant behaviors
 - iPad® apps for social success, behavioral changes and speech and language
 - Staff training techniques to experience what an individual on the spectrum might
- Research, Risks and Limitations**
 - Approaches are evidence-based; more research warranted due to sample size
 - Interventions need to be individualized to the client
 - Changes in behaviors may cause more initial stress
 - Addressing behaviors alone can mask other problems

Objectives

1. Implement interventions to teach children/adolescents diagnosed with High-Functioning Autism (HFA) the skills to independently manage their own regulation, anxiety and fears.
2. Design effective strategies to approach transitions and routine life challenges for children/adolescents diagnosed with HFA.
3. Utilize specific interventions to improve long-term social-emotional success for children/adolescents diagnosed with HFA.
4. Suggest specific sensory-based calming techniques to reduce anxiety for children/adolescents diagnosed with HFA.
5. Recognize the potential side effects of psychotropic medication that can mimic or cause behavioral issues related to HFA.
6. Design specific behavioral interventions to reduce frequency, intensity and duration of difficult behaviors in children/adolescents with HFA.



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Advance registration by phone required.**

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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High-Functioning
AUTISM

Proven & Practical Interventions for
Challenging Behaviors in Children,
Adolescents & Young Adults

WICHITA, KS
Wednesday, December 5, 2018

TOPEKA, KS
Thursday, December 6, 2018

OVERLAND PARK, KS
Friday, December 7, 2018



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High-Functioning
AUTISM

Proven & Practical Interventions for
Challenging Behaviors in Children,
Adolescents & Young Adults

Presented by: Bryan Anderson, MSW, LCSW, CAMF

- Intervention strategies for co-occurring deficits related to:
 - Social skills
 - Sensory
 - Depression
 - ADHD
 - Psychotropic medications
 - Communication
 - Anxiety/Rigidity
 - Meltdowns
 - OCD
 - Non-compliance

WICHITA, KS
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Thursday, December 6, 2018

OVERLAND PARK, KS
Friday, December 7, 2018

HIGH-FUNCTIONING AUTISM

Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults

This intensive, full-day seminar provides proven intervention strategies, essential treatment tools, and behavioral techniques to help you analyze behaviors and actions, identify consequences for behaviors, and teach new skills to children, adolescents and young adults with high-functioning autism (HFA). Walk away with practical intervention techniques for social success, behavior changes and overcoming challenging co-occurring behaviors that deliver success through adulthood. The challenging co-occurring issues to be addressed are:

- **Social skills**
 - **Sensory**
 - **Depression**
 - **ADHD**
 - **Psychotropic medications**
- **Communication**
 - **Anxiety/Rigidity**
 - **Meltdowns**
 - **OCD**
 - **Non-compliance**

Gain valuable insight into common psychotropic medications, including both the helpful effects and potentially problematic side effects, that these individuals are prescribed. We will explore HFA and the new DSM-5® diagnosis of Social-Pragmatic Communication Disorder. You will receive the necessary tools to gain effective collaboration between clinicians, educators and parents. Through case studies, video clips and class participation you will leave this seminar with the confidence to identify actions that cause impediments in change, utilize more successful consequences for behaviors, and teach new skills to children, adolescents, and young adults with HFA. Don't just manage these individuals; provide interventions that can lead to successful independence into their adult years!

Speaker

Bryan Anderson, MSW, LCSW, CAMF, is a behavioral therapist and clinical social worker who provides treatment for children, adolescents and adults diagnosed with autism, anxiety, OCD, depression, anger issues and more. His practice specializes in working with behavioral, cognitive, academic, social and occupational functioning with his clients. Bryan teaches weekly social skills groups and is well known for applying strategies to reduce anxious, angry, and aggressive behaviors. He is the author of Grab The Wheel: Helping Young Children Manage Explosive Anger™, an interactive anger management and social skills curriculum for all children, including children with Autism Spectrum Disorders (ASD), in school or clinic settings. The curriculum is co-authored by leading UCLA researchers Dr. Stephanny Freeman and Dr. Tanya Paparella. Bryan co-authored a study on Comorbid Psychiatric Disorders in Preschoolers with Autism that was published in Behavior Disorders in 2010. A certified facilitator trained in the UCLA PEERS Social Skills model, he also is adept at providing social skills to children and teens on the Autism Spectrum.

Bryan trained and worked at the University of California, Los Angeles in the Early Childhood Partial Hospitalization Program (ECPHP), an internationally renowned clinic that treats young children with Autism Spectrum Disorder. He received his Masters from Columbia University School of Social Work where he trained as a therapist for children and adolescents at the Child & Family Institute of St. Luke's Roosevelt Hospital Center. While at the St. Luke's Child and Family Institute, Bryan created and led an anger management skills group for children 8-10 with mixed diagnoses, using his own curriculum as the primary model.

Speaker Disclosure:
Financial: Bryan Anderson is the owner of Grab the Wheel Kids; and Vice President of Anderson & Anderson. He receives a speaking honorarium from PESI, Inc.

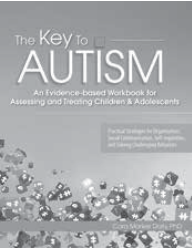
Non-financial: Bryan Anderson has no relevant non-financial relationship to disclose.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/ digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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The Key to Autism *An Evidence-based Workbook for Assessing and Treating Children & Adolescents*

By Cara Marker Daily, PhD

The Key to Autism is an invaluable and comprehensive resource for any professional assessing and treating autism in children and adolescents. Filled with dozens of case examples, exercises to understand how the brain with autism works, the latest tools for screening and assessment, plus over 25 downloadable worksheets and activities you can use immediately. This workbook is the key understanding the minds of children and adolescents with autism.



Hands-on Activities for Children with Autism & Sensory Disorders

By Teresa Garland, MOT, OTR/L

Innovative, practical and fun activities for children with autism and sensory disorders.

Following a step-by-step recipe format, Teresa Garland, MOT, OTR/L provides nearly 200 activities and interventions to help children with their sensory needs. This highly detailed, illustrated and accessible guide is a rich resource for any therapist, teacher or parent.

Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (*on your own*)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

TARGET AUDIENCE:

Speech-Language Pathologists • Speech-Language Pathology Assistants
School Administrators • Special Education Teachers • General Education Teachers
School-based Personnel • Social Workers • Counselors • Occupational Therapists
Occupational Therapy Assistants • Behavioral Intervention Specialists • Psychologists
Marriage & Family Therapists • Educational Paraprofessionals • Nurses
Youth Leaders • Probation Officers
Other helping professionals who work with children/adolescents/young adults

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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact ceps@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

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EDUCATORS/TEACHERS: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

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OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

KANSAS OCCUPATIONAL THERAPISTS AND OCCUPATIONAL THERAPY ASSISTANTS: This course has been sent to the Kansas Occupational Therapy Association for review. Credit is pending.

PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

KANSAS SPEECH-LANGUAGE PATHOLOGIST: Approved for 7.5 continuing education clock hours for Kansas licensed Speech-Language Pathologists by the Kansas Department for Aging and Disability Services.

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KANSAS SOCIAL WORKERS: PESI, Inc. is an approved provider with the Kansas Behavioral Sciences Regulatory Board. Provider #14-006. This course has been approved for 6.0 continuing education hours.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

How to Register: HIGH-FUNCTIONING AUTISM: PROVEN & PRACTICAL INTERVENTIONS FOR CHALLENGING BEHAVIORS IN CHILDREN, ADOLESCENTS & YOUNG ADULTS

QUESTIONS? Call **800-844-8260** or e-mail us at **info@pesi.com**.

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• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to **www.pesi.com/coord** for availability and job description, or call our Customer Service Dept. at 800-844-8260.

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