

Outline

Executive Skills

Underlying theory
Executive skills in the context of brain function and child development

Assessment of Executive Skills

Parent/teacher/student interviews
Behavior rating scales
Observations
Informal assessment
Formal assessment

Intervention Strategies

Environmental modifications to reduce the impact of weak executive skills
Teaching strategies to help children develop/improve executive functioning
Using incentives to help practice or use skills that are difficult

Keys to Effective Intervention Design

Match the child's developmental level
Use the child's innate drive for mastery and control
Begin with environmental modifications
Effortful tasks and ways to make them less difficult

Use incentives to augment instruction
Provide the minimum support necessary
Apply supports and interventions until the child achieves mastery or success
Gradually fade supports, supervision and incentives

Coaching: An Effective Strategy for Building Executive Skills

Description of 2-stage process
Coaching with younger children
Clinical case examples
Research studies supporting the efficacy of coaching

Limitations of the Research and Potential Risks

Limited empirical evidence for the approach
Approach integrates evidence-based practices such as ABA and RTI
No "one size fits all" for any treatment modality

Live Seminar & Webcast Schedule (Time listed in Eastern)

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Questions?

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Objectives

- 1 Assess the relationship between the executive skills and brain development/ function in relation to assessment and treatment planning.
- 2 Recommend strategies to accommodate and strengthen weak planning and organizational skill, to improve client level of functioning.
- 3 Explore assessment tools used to identify deficits in executive functioning to better inform your choice of treatment interventions.
- 4 Determine how executive skills impact performance and activities of daily living at home and school for the purpose of client psychoeducation.
- 5 Utilize environmental modification strategies to support deficits in executive skills thus improving treatment outcomes.
- 6 Implement strategies that transition children from being externally prompted to internally regulated.

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Smart but Scattered

EXECUTIVE DYSFUNCTION AT HOME AND AT SCHOOL

Featuring
Peg Dawson, Ed.D., NCSP



MACON, GA
Wednesday
January 16, 2019

MARIETTA, GA
Thursday
January 17, 2019

**LIVE VIDEO
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Thursday, January 17, 2019

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Friday
January 18, 2019

Smart but Scattered

EXECUTIVE DYSFUNCTION AT HOME AND AT SCHOOL

Effective Strategies to Boost Any Child's Ability to...

- Get organized
- Resist impulses
- Stay focused
- Use time wisely
- Plan ahead
- Manage emotions
- Persist with tasks
- Improve memory

Featuring
Peg Dawson, Ed.D., NCSP

- A leading expert in executive dysfunction assessment and intervention strategies
- Co-author of the best-selling books, *Executive Skills in Children and Adolescents*, 3rd Ed., *Smart but Scattered* and *Smart but Scattered Teens*



MACON, GA
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Children who have deficient executive skills often have trouble getting started on tasks, get distracted easily, lose papers or assignments and forget to hand in homework. They make careless mistakes, put off work until the last minute and have no sense of time urgency. Workspaces are disorganized and teachers often refer to their backpacks or lockers as “black holes.” Often considered chronic underachievers, these children are at risk for academic failure as well as emotional and behavioral difficulties.

Dr. Dawson, co-author of the best-selling books *Executive Skills in Children and Adolescents*, 2nd Ed. (Guilford, 2010), *Smart but Scattered* (Guilford, 2009) and *Smart but Scattered Teens* (Guilford, 2013), uses case examples along with interactive discussion to demonstrate how the executive skills manifest in daily home and school activities. Learn how to assess these skills and take home evidence-based strategies to help children and adolescents overcome executive skills weaknesses.

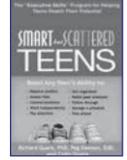
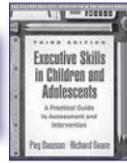
Leave this seminar with a set of tools that includes strategies for task/environmental modifications, skill development through cognitive/behavioral techniques and creation of incentive systems. You will be able to give teachers and parents a means for developing and improving the following:

- Organization
- Time management
- Impulse control
- Goal-directed persistence
- Executive skills critical for independent functioning

Smart but Scattered

EXECUTIVE DYSFUNCTION AT HOME AND AT SCHOOL

Dr. Dawson developed a widely used assessment, and intervention strategies for executive skill deficits in children and adolescents.



*SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

Executive Skills in Children & Adolescents, 3rd Edition

By Peg Dawson, Ed.D., NCSP, **Your Presenter** and Richard Guare, Ph.D., D-BCBA

Concise and practitioner friendly, this bestselling guide has helped put executive skills on the map for school-based clinicians and educators. The book explains how these critical cognitive processes develop and why they play such a key role in children's behavior and school performance. Provided are step-by-step guidelines and many practical tools to promote executive skill development by implementing environmental modifications, individualized instruction, coaching, and whole-class interventions. In a large-size format with convenient lay-flat binding, the book includes more than two dozen reproducible assessment tools, checklists, and planning sheets.

Smart but Scattered

By Peg Dawson, Ed.D., NCSP, **Your Presenter** and Richard Guare, Ph.D., D-BCBA

Smart But Scattered provides ways to assess children's strengths and weaknesses and offers guidance on day-to-day issues like following instructions in the classroom, doing homework, completing chores, reducing performance anxiety, and staying cool under pressure. Small steps add up to big improvements, enabling these kids to build the skills they need to live up to their full potential. More than 40 reproducibles are included.

Smart But Scattered Teens

The “Executive Skills” Program for Helping Teens Reach Their Potential

By Peg Dawson, Ed.D., NCSP, **Your Presenter**, Richard Guare, Ph.D., D-BCBA & Colin Guare

Many tens of thousands of parents have used the bestselling *Smart but Scattered* to teach young kids vital skills for living up to their potential. Now Drs. Richard Guare and Peg Dawson apply their groundbreaking approach to the unique challenges of adolescence. Despite high intelligence, teens with executive skills deficits can be frustratingly disorganized, distractible, forgetful, and moody—leaving worried parents torn between micromanaging and throwing up their hands. This positive guide gives parents step-by-step strategies for promoting teens' independence by helping them get organized, stay focused, and control their impulses. Drs. Guare and Dawson—joined by Colin Guare, a young adult who has successfully faced these issues himself—present proven tools, vivid stories, and insightful tips for reducing parent-teen conflicts.

Live Webinar Details and Live Webinar Continuing Education Credit Information

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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

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Speaker

Peg Dawson, Ed.D., NCSP, is a school psychologist and for over 20 years has worked at the Center for Learning and Attention Disorders in Portsmouth, New Hampshire, where she specializes in the assessment of children and adults with learning and attention disorders. She is co-author of the best-selling books on executive dysfunction, *Executive Skills in Children and Adolescents: 2nd Edition* (Guilford, 2010), *Smart but Scattered* (Guilford, 2009) and *Smart but Scattered Teens* (Guilford, 2013).

Peg is a past editor of *Communiqué*, the newsletter of the National Association of School Psychologists, and has published numerous articles and book chapters on a variety of topics, including retention, ability grouping, reading disorders, attention disorders, the sleep problems of adolescents, the use of interviews in the assessment process and homework.

Peg has many years of organizational experience at the state, national and international levels and served in many capacities, including president of the New Hampshire Association of School Psychologists, the National Association of School Psychologists (NASP) and the International School Psychology Association. She has also participated in many of NASP's leadership initiatives, including the Futures Conference and the development of both the second and third Blueprint for the Training and Practice of School Psychology. She is the 2006 recipient of NASP's Lifetime Achievement Award. Peg received her doctorate in school/child clinical psychology from the University of Virginia.

Speaker Disclosures:

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