# Outline

# Dementia: Major Neurocognitive Disorders (MND)

Cognitive and psychological changes DSM-5® diagnostic criteria Etiologies of dementia Changes in dementia care

# "Unpacking" Behaviors in Dementia: Case Examples

# Manifestation, Causes and Management Strategies

Aggression

Verbal - Screaming, cursing Physical - Hitting, scratching, grabbing Nonaggression

Verbal - Repetitive questioning, disagreeing Physical - Wandering, pacing, hoarding, rummaging, hiding, voiding, shadowing, resistance

Affect-Mood - Anxiety, depression, irritability, apathy

Thought and perception - Hallucinations, delusions

Vegetative symptoms - Sleep disturbances, sexuality, appetite

### Behavior Management Plan Development

# A Comprehensive Step-By-Step Guide with Worksheets and Checklists

Explicitly describe the behavior
Asses impact of cognition, emotion, medical status, personal history on behavior
Identify the cause of the behavior
Interventions to address causes of behaviors

Environmental changes Communication changes Schedule changes Medical changes Staff changes Write a thorough behavior intervention plan for the entire care team

Evaluate the success of the behavior management plan or reasons for failure

# Write a Behavior Management Plan: Case Examples

Group activity using case examples Situations that you encounter on a regular basis

Apply your knowledge and leave with a behavior plan in place

# Improve Communication with the Person with Dementia

Verbal communication strategies Nonverbal communication strategies Environmental modifications to enhance communication

Role play communication strategies

### **Compassion Fatigue and Burnout**

Impact on dementia care
Causes, signs and symptoms

Preventative/remediation strategies to renew your passion!

## Live Seminar & Webcast Schedule

(Times listed in Eastern)

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

**11:50-1:00** Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).

Actual lunch and break start times are at the discretion of the speaker.

A more detailed schedule is available upon request.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Advance registration by phone required.

# Objectives.

- 1. Describe potential antecedents to complex and challenging behaviors common to dementia.
- 2. Distinguish between the dementia-related behaviors that warrant a behavior management plan and those that do not.
- 3. List the components of a comprehensive behavior management plan as it relates to symptom management.
- 4. Differentiate between comprehensive and superficial descriptions of behaviors to inform choice of clinical interventions.
- 5. Construct a behavior management plan to address causes of problematic behaviors including, but not limited to, communication and environmental changes.
- Propose behavior management strategies appropriate to address specific behavior manifestations such as hitting, screaming, wandering and hallucinations.



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# Problem-Solving Challenging Behaviors in Dementia

Person-Centered & Non-Pharmacologic Intervention Plans You Can Use the Next Day!

Harrisburg, PA Wednesday, January 23, 2019 King of Prussia, PA Thursday, January 24, 2019

Mount Laurel, NJ Live Video Webcast Friday, January 25, 2019 Friday, January 25, 2019

PESI® Rehab

# Problem-Solving Challenging Behaviors in Dementia

Person-Centered & Non-Pharmacologic Intervention Plans You Can Use the Next Day!

- Meet national and state-level dementia care standards set for 2019. Be a frontrunner!
- Transition towards non-pharmacologic behavior management. Lead the way for change!
- Avoid the real potential consequence of failed dementia behavior management. Register today!

Harrisburg, PA Wednesday, January 23, 2019

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# **Problem-Solving Challenging** Behaviors in Dementia

This workshop has been designed specifically for you, the frontline dementia care professional who is providing the best care possible to dementia patients living with moderate-severe stages. They display complex and challenging behaviors, like agitation, hitting, screaming, wandering, delusion, resistance and withdrawal.

Persons with dementia need increasing support that is provided in a way that communicates friendship, compassion and dignity. However, those of us in a support role experience first-hand the frustration, disappointment and even anger that accompanies the day-to-day responsibilities of dementia caregiving—often leading to burnout due to emotional exhaustion, depersonalization of patients and feelings of failure. That is not the personal level of care you sought to give others while

Avoid the real potential consequence of failed behavior management in your dementia care—join Leigh Odom, Ph.D., CCC-SLP, CDP, CADDCT and learn evidence-based non-pharmacologic treatments and person-centered strategies to minimize the effects of dementia behaviors. Attend and walk away

- · A systematic approach to developing individualized behavior plans that are more likely to work
- · Methods to accurately identify common causes and manifestations of challenging behaviors
- Management strategies to directly target the trigger causing the undesired behavior
- Communication strategies to use with persons with dementia as a behavior management
- Strategies to manage the potential consequences of compassion fatigue and burnout

Developing person-centered behavior plans in dementia care results in higher quality care, increased quality of life for the patient and decreased provider burnout. For your benefit and that of your patients, register today and get the dementia care training to be a better problem-solver!

# Speaker -

Leigh Odom, Ph.D., CCC-SLP, CDP, CADDCT, is an associate professor of speechlanguage pathology at Western Carolina University. She has been practicing as a speechlanguage pathologist for nearly 15 years almost exclusively with families affected by neurogenic communication disorders. As the lead academic and clinical instructor of neurogenic content in her department, Dr. Odom has been teaching both graduate and undergraduate neurogenic courses since 2008. Dr. Odom is a Certified Dementia Practitioner and a Certified Alzheimer's Disease and Dementia Care Trainer, frequently collaborating with families and healthcare providers to improve dementia care as a dementia care trainer and support group facilitator. She has published nearly 20 articles in peer-reviewed research journals, and has led numerous trainings at state and national professional conferences. Dr. Odom is a member of the American Speech-Language-Hearing Association, the Academy of Neurologic Communication Disorders and Sciences, and the North Carolina Speech-Hearing-Language Association.

Financial: Leigh Odom maintains a private practice. She is an associate professor at Western Carolina University. Dr. Odom receives a speaking honorarium from PESI, Inc.

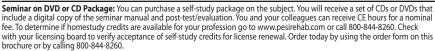
Non-financial: Leigh Odom is a member of the American Speech-Language-Hearing Association; Academy of Neurologic Communication Disorders and Sciences; and the North Carolina Speech-Language Hearing Association.

### Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on January 25, 2019, for this live, interactive webcast! Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesirehab.com/webcast/67006.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



or have a new topic idea, please contact Cyndi Postlewaiteat cpostlewaite@pesi.com or call 715-855-5253



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By Laura Warren, MD, Mitch R. Abblett, Ph.D., Christopher Willard, Psy.D.

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### **Live Seminar Continuing Education Credit Information**

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-reaistered attendees will receive an email from PESI Customer Service with the subject line. "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for

requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesirehab.com or 800-844-8260 before the event. Materials that are included in this course may include interventions and modalities that are beyond the

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COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education nstruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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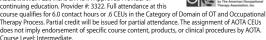
REGISTERED DIETITIANS & DIETETIC TECHNICIANS, REGISTERED: PESI, Inc. PE001. is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR) from July 1, 2018 through June 30, 2019. Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 6.0 continuing rofessional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute designated as LEVEL 2.

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Nurses in full attendance will earn 6.3 contact hours. PARTIAL CONTACT HOURS WILL BE AWARDED FOR PARTIAL ATTENDANCE NURSING HOME ADMINISTRATORS: This program has been submitted (but not yet appr

for 6.25 continuing education clock hours and 6.25 participant hours from NAB/NCERS. Call our customer service department at 1-800-843-7763 for further information.

### OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of



PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapist vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

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gnize for continuing education credit. Full attendance is required; no partial credits will be continuing medical education, PESI, Inc. designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of

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information about continuing education credits for social works

their participation in the activity.

and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for .6 ASHA CEUs (Intermediate leve Professional area).

\*\* Please note that Speech-Language Pathologists who participate in the live webcast will be required to complete additional steps if they want their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts Section

work continuing education by the Association of Social Work Boards (ASWB). www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for nuing education credits. Social workers participating in this course will receive 6.25 (Clinical continuing education clock hours for this Intermediate course, A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation NEW JERSEY SOCIAL WORKERS: Please contact PESI, Inc. at 800-844-8260 or info@pesi.com for

PENNSYLVANIA SOCIAL WORKERS, MARRIAGE & FAMILY THERAPISTS AND PROFESSIONAL instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific

Target Audience: Social Workers • Speech-Language Pathologists • Occupational Therapists • Occupational Therapy Assistants • Nurses • Psychologists • Counselors

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\*Registrant's e-mail is required to receive your certificate of completion and registration confirmation



2 Check location: (make copy of locations)

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### ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar

- FREE MILITARY TUITION: PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Advance registration by phone required.
- \$30 Tuition: If you are interested in being our registration coordinator for the day, go to: www.pesirehab.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260

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