

Outline

DSM-5® and ICD-10 Updates

Social-Pragmatic Communication Disorder  
Impact on service delivery (school/community)  
Successfully link home, school and therapy  
IEP/504/Do they qualify for school services?  
Co-morbid disorders: Why the difference is important

Social Skills Interventions

Improve social skill deficits  
“Kid Cop” behaviors and why other kids get angry  
How to get peers to recognize them in positive ways  
Group activities  
Early intervention strategies that can deliver long-term success

Communication Interventions

Conflict resolutions that are effective in multiple settings  
Help peers and family members relate  
Verbal interventions that overload processing  
Pragmatic language and other abstract issues

Sensory Interventions

Self-stimulation (appropriate & inappropriate)  
Sensory strategies to avoid  
Coping/calming techniques that reduce meltdowns  
Sensory diet

Anxiety Interventions

Anxiety-reducing activities  
How anxiety impacts rigidity  
Help them “self-regulate”  
Successful transitions

Depression Interventions

Impact on flexibility and change  
Therapy that works for people with HFA  
Emergence in adolescence  
Solitude vs. loneliness

ADHD Interventions

ADHD vs. hyper-focus  
Commonly prescribed medications and possible benefits and side effects  
Specific triggers and what fuels the rage  
Reduce aggressive and disruptive behaviors  
Mistakes that escalate defiant behaviors  
Overcome refusals to comply with even simple requests

Obsessive-Compulsive Disorder (OCD) Interventions

What to do when they become stuck on high interest areas  
Specific medication interventions  
Impact on socialization and behaviors

Interventions for Specific Difficult Behaviors

Reduce Internet and electronic addictions  
Changes in technology, school systems and mental health delivery  
Cognitive-Behavior Therapy (CBT) for mood and anxiety

Psychopharmacological Interventions

Differentiate among common medications  
Medications that mimic difficult behaviors  
Side effects and off label use

Case Studies, Demonstrations & Activities

Case studies that demonstrate specific interventions for aggressive and non-compliant behaviors  
iPad® apps for social success, behavioral changes and speech and language  
Staff training techniques to experience what an individual on the spectrum might

Research, Risks and Limitations

FREE  
- CE -  
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Shame Shields

BRENÉ BROWN, Ph.D.

1 CE HOUR

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Objectives

1. Implement interventions to teach children/adolescents diagnosed with High-Functioning Autism (HFA) the skills to independently manage their own regulation, anxiety and fears.
2. Design effective strategies to approach transitions and routine life challenges for children/adolescents diagnosed with HFA.
3. Utilize specific interventions to improve long-term social-emotional success for children/adolescents diagnosed with HFA.
4. Suggest specific sensory-based calming techniques to reduce anxiety for children/adolescents diagnosed with HFA.
5. Recognize the potential side effects of psychotropic medication that can mimic or cause behavioral issues related to HFA.
6. Design specific behavioral interventions to reduce frequency, intensity and duration of difficult behaviors in children/adolescents with HFA.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Advance registration by phone required.*

**Seminar on DVD or CD Package:** You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

High-Functioning  
AUTISM

Proven & Practical Interventions for  
Challenging Behaviors in Children,  
Adolescents & Young Adults

BOWIE, MD  
Wednesday, January 23, 2019

ELLICOTT CITY, MD  
Thursday, January 24, 2019

TIMONIUM, MD  
Friday, January 25, 2019



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High-Functioning  
AUTISM

Proven & Practical Interventions for  
Challenging Behaviors in Children,  
Adolescents & Young Adults

Presented by: Daniel Marston, PhD, ABPP

- Intervention strategies for co-occurring deficits related to:
  - Social skills
  - Sensory
  - Depression
  - ADHD
  - Psychotropic medications
  - Communication
  - Anxiety/Rigidity
  - Meltdowns
  - OCD
  - Non-compliance

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# HIGH-FUNCTIONING AUTISM

## Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults

This intensive, full-day seminar provides proven intervention strategies, essential treatment tools, and behavioral techniques to help you analyze behaviors and actions, identify consequences for behaviors, and teach new skills to children, adolescents and young adults with high-functioning autism (HFA). Walk away with practical intervention techniques for social success, behavior changes and overcoming challenging co-occurring behaviors that deliver success through adulthood. The challenging co-occurring issues to be addressed are:

- **Social skills**
  - **Sensory**
  - **Depression**
  - **ADHD**
  - **Psychotropic medications**
- **Communication**
  - **Anxiety/Rigidity**
  - **Meltdowns**
  - **OCD**
  - **Non-compliance**

Gain valuable insight into common psychotropic medications, including both the helpful effects and potentially problematic side effects, that these individuals are prescribed. We will explore HFA and the new DSM-5® diagnosis of Social-Pragmatic Communication Disorder. You will receive the necessary tools to gain effective collaboration between clinicians, educators and parents. Through case studies, video clips and class participation you will leave this seminar with the confidence to identify actions that cause impediments in change, utilize more successful consequences for behaviors, and teach new skills to children, adolescents, and young adults with HFA. Don't just manage these individuals; provide interventions that can lead to successful independence into their adult years!

## Speaker

**Daniel Marston, PhD, ABPP,** is a licensed clinical psychologist and an expert in the field of behavioral psychology. He is board-certified in Behavioral and Cognitive Psychology by the American Board of Professional Psychology (ABPP). He has been an adjunct faculty member for several traditional and online graduate programs and is an article reviewer for two academic journals. For over 25 years, Dr. Marston has been treating clients with autism, anxiety, depression, ODD, ADHD, learning disabilities, Tourette's Syndrome and neurobehavioral disorders. He conducts hundreds of behavioral evaluations per year for children and adolescents and works daily with school and community professionals, families and parents. Dr. Marston is the owner of Marston Psychological Services, in North Huntingdon, PA, where he provides therapy for children, adolescents and families, testing and evaluations, school consultation and behavioral healthcare supervision.

Dr. Marston presents and publishes nationally on the topics of autism, disruptive behavior disorders, ODD and behavior therapy. He has presented at national conferences and in professional publications on the topic of the impact of poverty on behavioral functioning. Dr. Marston has a strong focus on practical implementations of empirical research findings into behavioral interventions. He is the author of the book *Comparative Psychology for Clinical Psychologists and Therapists*, published by Jessica Kingsley Publishers in London, which focuses on the practical applications of cross-species empirical and behavioral research for clinical settings. Dr. Marston's new book on autism interventions for teenage and young adult clients will be published in Fall of 2018. In his workshops, he teaches professionals who work with children and adolescents, practical treatment and intervention strategies.

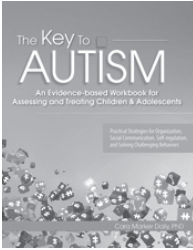
**Speaker Disclosure:**  
Financial: Daniel Marston is in private practice. He receives a speaking honorarium from PESI, Inc.  
Non-financial: Daniel Marston is a Fellow, American Academy of Cognitive & Behavioral Psychology; Fellow, Pennsylvania Psychological Association; and member of the American Psychological Association.

**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/ digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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#### The Key to Autism

*An Evidence-based Workbook for Assessing and Treating Children & Adolescents*

**By Cara Marker Daily, PhD**

The Key to Autism is an invaluable and comprehensive resource for any professional assessing and treating autism in children and adolescents. Filled with dozens of case examples, exercises to understand how the brain with autism works, the latest tools for screening and assessment, plus over 25 downloadable worksheets and activities you can use immediately. This workbook is the key understanding the minds of children and adolescents with autism.



#### Hands-on Activities for Children with Autism & Sensory Disorders

**By Teresa Garland, MOT, OTR/L**

Innovative, practical and fun activities for children with autism and sensory disorders.

Following a step-by-step recipe format, Teresa Garland, MOT, OTR/L provides nearly 200 activities and interventions to help children with their sensory needs. This highly detailed, illustrated and accessible guide is a rich resource for any therapist, teacher or parent.

#### Seminar Schedule

**7:30** Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00** Lunch (*on your own*)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

#### TARGET AUDIENCE:

Speech-Language Pathologists • Speech-Language Pathology Assistants  
School Administrators • Special Education Teachers • General Education Teachers  
School-based Personnel • Social Workers • Counselors • Occupational Therapists  
Occupational Therapy Assistants • Behavioral Intervention Specialists • Psychologists  
Marriage & Family Therapists • Educational Paraprofessionals • Nurses  
Youth Leaders • Probation Officers  
Other helping professionals who work with children/adolescents/young adults

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*If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.*

*Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.*

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**EDUCATORS/TEACHERS:** This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.



**PSYCHOLOGISTS:** PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

**PSYCHOLOGISTS/SCHOOL PSYCHOLOGISTS:** PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

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**SOCIAL WORKERS:** PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**OTHER PROFESSIONISTS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



PLEASE RETURN ENTIRE REGISTRATION FORM

## How to Register: HIGH-FUNCTIONING AUTISM: PROVEN & PRACTICAL INTERVENTIONS FOR CHALLENGING BEHAVIORS IN CHILDREN, ADOLESCENTS & YOUNG ADULTS

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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

#### WALK-INS

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• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

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