Outline

Biological Psychiatry

Neurotransmitters: The theoretical emotional signaling chemicals of the brain Limitations of the research and potential risks

DSM-5[®] and Psychotropic Med Use Depression

Antidepressants: How they are thought to work Cyclics SSRIs **SNRIs** Other common antidepressants - and why they are used Side effects and risk factors Herbals and depression Treatment-resistant depression

Improve patient compliance with mental health medications

Limitations of the research and potential risks What you and your clients should know

Bipolar Spectrum

Medicating Bipolar disorder Current "gold standard" treatment and side effects Anticonvulsant and antipsychotic use in Bipolar disorder Anticonvulsant side effects

Risks of medication non-compliance

New! Controversial concepts in treating Bipolar spectrum

The Many Manifestations of Anxiety

Medicating anxiety Benzodiazepines Non-benzodiazepines Medications used to treat insomnia Using anxiolytics safely Side effects of the anxiolytics

Objectives

- Articulate the clinical uses of the five major psychotropic medication classes- the antidepressants, mood stabilizers, anti-anxiety agents, antipsychotics and psychostimulants- including their efficacy, and their common side effects.
- · Communicate the potential benefits and risks of using psychotropic medication to treat a wide array of conditions.
- Explore psychotropic medication treatment options for clients with Attention Deficit/Hyperactivity Disorder.
- Analyze the actions, therapeutic uses, and side effects of antidepressants in adults and children.
- Implement effective methods for collaborating with clients, families and prescribers in order to build a comprehensive treatment plan.
- Explore specific ethical issues and their resolve to the everyday practice of clinical psychopharmacology.



ADHD Medications –

What's new, what's old. Stimulants, Non-Stimulants, and some surprises! The evolution of psychostimulants

Alzheimer's medications, treatments, theory and controversy

What's Next: Newly Approved Mental **Health Medications**

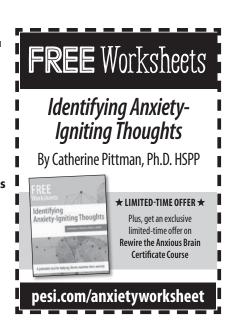
Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea 8:00 Program begins **11:50-1:00** Lunch (on your own) 4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target Audience

Counselors • Social Workers • Psychologists • Psychotherapists Case Managers • Marriage & Family Therapists • Nurses Nurse Practitioners • Clinical Nurse Specialists • Addiction Counselors • Pharmacists • Occupational Therapists Occupational Therapy Assistants • Other Mental Health & HealthCare Professionals



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What You Need to Know **Today** about **Psychiatric Medications**

- Improve your clients' adherence to their meds
- Practical ways to effectively communicate med information
- Best meds for each disorder & age group
- Depression, bipolar, anxiety, schizophrenia, ADHD
- DSM-5[®] and psychotropic med use

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Psychopharmacology

What You Need to Know Today about Psychiatric Medications

Most Up-To-Date Psychotropic Medication Info

Demands on mental health professionals to expand their knowledge of psychotropic meds are like never before ... not only do you need to be on top of the latest developments and what is on the horizon, but you also have to take that information, and use it most effectively for your client.

- * Improve clients' understanding of their mental illness, and how medication aids recoverv
- * Identifying treatment concerns with inappropriate, inadequate doses of medication
- * Tools to help clients manage unpleasant side effects
- * Strategies to improve client adherence to medications
- * Depression, bipolar, anxiety, schizophrenia, ADHD -- the latest trends in medication management

Speaker

N. BRADLEY KEELE, Ph.D., is associate professor of psychology & neuroscience, and biomedical studies at Baylor University. Prior to coming to Baylor, he was a post-doctoral fellow at the National Institutes of Health in Bethesda, MD. Dr. Keele is an expert on the neurobiology of complex emotional behaviors such as fear and anxiety disorders and depression. His lab, with support from the NIH, examines pharmacological and physiological mechanisms involved in emotional behavior and psychopathology. Dr. Keele has published over 25 peer-reviewed, primary research papers and book chapters, and has made presentations at several dozen national scientific meetings.

Dr. Keele earned his B.S. degree in psychology from Baylor, and his Ph.D. in neuroscience from the University of Texas Medical Branch in Galveston.

Speaker Disclosure:

Financial: N. Bradley Keele is an associate professor at Baylor University. He receives a speaking honorarium from PESI, Inc.

Non-financial: N. Bradley Keele has no relevant non-financial relationship to disclose.

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SSENTIAL

Straight Talk on Mental Health Medications - 3rd Edition

By Joseph F. Wegmann, R.PH., LCSW

A definitive guide to expand your knowledge in the pharmacological and behavioral treatment of psychosis, anxiety, depression, bipolar, insomnia and ADHD. Updates for the third edition include DSM-5 applications, newly released psychiatric meds, new risk factors with antidepressants, and the latest in geriatric psychopharmacology. (2015)

Private Practice Essentials

Business Tools for Mental Health Professionals

By Howard Baumgarten, MA, LPC

Private Practice Essentials is an innovative, practical guide and workbook for creating business and clinical success in your counseling and therapy practice. You'll be guided through numerous exercises that provide a solid and personalized plan with realistic and attainable goals. It's like having a professional business consultant right at your fingertips, including 75+ reproducible worksheets, forms and exercises.

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Program Number: 0289-0000-18-006-L01-P. Full attendance is required. No

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its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required: no partial credits will be offered for partial

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional

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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

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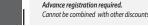
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