

“Dementia does not rob someone of their dignity, it’s our reaction to them that does.”

Teepa Snow, MS, OTR/L, FAOTA

Join world renowned dementia expert and author, Teepa L. Snow, MS, OTR/L, FAOTA, for this engaging workshop as you explore the depth and breadth of change that various forms of dementia have on the person’s interest in and ability to consume food and drink—for enjoyment and survival. During this highly interactive workshop, you will learn the skills necessary to design and implement programs that serve your client to optimize remaining abilities and capacities while respecting and acknowledging the limitations that this neurodegenerative condition ultimately has on the person.

Drawing on over 30 years of clinical experience and research with dementia, Teepa will teach you practical and useful strategies and techniques to maximize functional performance, engagement and safety. You will walk away with screening and assessment maneuvers, environmental and programming modifications, ability-based cueing and assistance from first symptoms to end of the life considerations, and will be able to make a positive and valuable difference in the lives of people living with dementia whether—

- guiding in food and drink preparation during early stage situations
- fostering item selection and supported intake in mid-stages
- offering moisture and tastes for sensory satisfaction only at life’s end.

“Teepa Snow is the best of the best in educating anyone about Alzheimer’s disease.”

Paula Camposano-Robinson, RN

“Teepa Snow is a phenomenal teacher. She is well informed, incredibly energetic, and straightforward in her presentation. She imparts factual information with clarity and passion.”

Christl Harvey, Central Illinois Chapter
– Alzheimer’s Association



Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on March 29, 2019, for this live, interactive webcast!

Invite your entire office and, like a live seminar, “attend” the webcast at its scheduled time. It’s easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$69.99 USD per participant. Please see “live seminar schedule” for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesirehab.com/webcast/68636



Teepa L. Snow, MS, OTR/L, FAOTA, is a leading expert on dementia with over 30 years of clinical experience, medical research and trainings. Her company Positive Approach® is an international dementia care training, education and consulting organization that provides care techniques and training models used by clinicians and families working or living with dementia or other brain changes throughout the world. Teepa’s care strategies and techniques integrate

therapeutic approaches that foster positive outcomes, modified environmental supports and expectations that match retained abilities of people living with dementia. She provides direct care in community and wellness centers, day programming sites, home care settings, assisted living and CCRC communities, long term care facilities, out-patient clinics, hospitals and rehabilitation settings.

Teepa teaches about the value of connection, particularly when primary verbal communication and interaction abilities are altered. Her teaching style is extraordinarily unique in that she is able to accurately demonstrate and model the struggle and challenges dementia creates for all parties involved. She is an enlightening, witty, entertaining, and energetic speaker, who is much sought after to present to agencies and organizations across the U.S and Canada.

Teepa has clinical appointments with Duke University’s School of Nursing and UNC-Chapel Hill’s School of Medicine. She works with the CMS INTERACT program and is an active member of the US Dementia Action Alliance. Teepa has worked as an OT director in a head injury facility, a clinical specialist in geriatrics for a Veteran’s Administration Medical Center, and a therapist and restorative care coordinator for long term care facilities. She has served as the director of education and lead trainer for the Eastern N.C. Chapter of the Alzheimer’s Association, as the program director of Durham Technical Community College’s OTA program, as an interdisciplinary team member and clinical associate professor at UNC-CH School of Medicine’s Program on Aging, and as a coordinator and care manager for CAP Medicaid waiver services in NC. Teepa has served in a wide variety of leadership and advisory positions in professional organizations at both state and national levels, including the Alzheimer’s Association, Alzheimer’s Foundation of America, AOTA, and NBCOT.

Speaker Disclosures:

Financial: Teepa Snow is in private practice. She receives a speaking honorarium from PESI, Inc.
Non-financial: Teepa Snow is a member of the NC Coalition for Long Term Care Enhancement; American Occupational Therapy Association; North Carolina Occupational Therapy Association; North Carolina Assisted Living Association; and Friends of Residents in Long Term Care.

Questions? Call Customer Service: 800-844-8260



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Advance registration by phone required.**

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Dementia

Individualized Care Techniques to Support Nourishment and Hydration

Featuring
Teepa L. Snow, MS, OTR/L, FAOTA
World Renowned Dementia Expert and Author

1 Earn CE Hour of Ethics!

Dedham, MA
Friday, March 29, 2019

Live Video Webcast
Friday, March 29, 2019



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Outline

Dementia's Effect on Appetite, Nutrition, Hydration, Meal Preparation and Eating

Our relationship with food, drink, meal preparation and eating from multiple aspects:

Cultural	Spiritual
Social	Emotional
Individual	Physical
Sensory	Physiological

Value and meaning of food and drink that affect behaviors related to food and intake

Assessment tools to personalize behavioral interventions

Impact of Dementia on Changes in Brain Function

Screen for visual, auditory, sensory-motor, olfactory and gustatory sensory intake

Processing changes at various stages of dementia

Cognitive skill alterations that affect independence, interest and engagement:

Time awareness	Situational awareness
Problem solving	Sequencing
Memory	Language processing
Impulse control	

Ability-based and Cognitive Disability Evaluation Tool – GEMS® Model

Provides common language and a framework to modify expectations and environments for:

Early Stage (<i>Diamond</i>)
Moderate Stage (<i>Emerald</i>)
Moderately Severe Stage (<i>Amber</i>)
Severe Stage (<i>Rubies</i>)
Extreme Stage (<i>Pearls</i>)

Techniques to Develop Skills that Optimize Successful Nourishment and Hydration

Structured initiating to promote active participation and limit refusals

Verbal statements to promote choice, self-direction and task initiation

Cueing sequences with graded options for each GEMS® state

Support attempts, focus attention, automatic reactions and reflexes

Minimize distractions and passive feeding behaviors

Strategies to Enhance Nourishment and Hydration in Early to Late Stage

Guide meal selection, settings and routines in combination with each GEMS® state

Limit refusals, negative reactions, over or under eating or drinking

Cues, routines, communication and interaction skills to optimize performance

Social, physical, and sensory environmental features that foster or impair optimal function

Environmental settings/situations to address probable areas of concern

Create individualized care programs to provide optimal support for you

Members of a support team: The role of each person/discipline

Life is Ending: The Role of Food and Drink

Physical, behavioral, and physiological changes that typically signal the ending of life

Interaction skills that support the exploration of:

Personal beliefs about life sustaining measures
Personal choice
Offer versus push
Value and meaning of food and drink
Eating by mouth versus artificial hydration and nourishment

Offering techniques that differentiate between lack of ability to make use of the nourishment and hydration vs. inability to understand the offer of food or drink

Techniques and strategies when nourishment and hydration is no longer the goal

Objectives

1. Articulate dementia's effect on appetite, nutrition, hydration, meal prep and eating as it relates to intervention planning.
2. Recognize the cause/effect of various changes in neurological processing, both cortical and sub-cortical, that affect the client's oral intake and hydration.
3. Identify the changes in the client's physiological function, perceptions, abilities, and interests that are caused by advancing dementia as they affect appetite, eating, drinking, intake and elimination.
4. Utilize dynamic screening skills to determine client's state of cognitive abilities and functional capacities related to eating or drinking.
5. Connect common concerns at early, middle, late and end of life stages of dementia to intervention planning that address the client's interest in and ability to consume food and drink at these stages.
6. Assess whether nutrition and eating support is being optimized at each dementia level based on the client's abilities, needs and disease.
7. Utilize techniques and strategies when nourishment and hydration is no long the goal in end of life stage of dementia.

Seminar on DVD or CD Package You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesirehab.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Hassle Free Cancellation Policy If you contact us before the event date, you can exchange for a DVD or CD/ digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

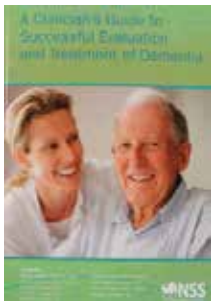


Live Seminar & Webcast Schedule (Times listed in Eastern)

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

***Include these products with your seminar registration and save!**



Clinician's Guide to Successful Evaluation and Treatment of Dementia

By Jerry K Hoepner, Ph.D., CCC-SLP, Peter R Johnson, Ph.D., CCC-SLP, Jennifer A. Brush, MA, CCC-SLP, Margaret P. Calkins, Ph.D., Cameron J. Camp, Ph.D., Lynette Carl, PHARMD, BCPS, Natalie F. Douglas, Ph.D., CCC-SLP

This book was written for SLPs, OTs, PTs, and Psych Therapists because of considerable uncertainty "out in the field" regarding how to evaluate and treat persons with dementia. In order to extensively address evaluation and therapeutic questions, several experts in the field of dementia were invited to submit chapters to allow for in-depth discussions. Topics include: types & stages of dementia, assessment & evaluations, pharmacology, therapeutic interventions including everyday routines and care partners, direct cognitive therapy techniques, and best practices.



Cognitive Therapy for Dementia: Effective Evaluation & Therapeutic Interventions

By Peter R Johnson, Ph.D., CCC-SLP

This invaluable workshop focuses on the variables associated with learning for cognitively impaired patients. You will learn the characteristics of dementia for effective differentiation as well as how to accurately stage your patients. Take away an array of therapeutic approaches based on the patient's diagnosis and stage level for successful intervention.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepsi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

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COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

ETHICS: This seminar qualifies for 1.0 hours of general ethics instruction. If ethics is not specified within your licensing board's approval statement below, please contact your board to determine the applicability and amount of ethics allowed.

MASSACHUSETTS COUNSELORS: Application for MaMHCA/MMCEP continuing education credits has been submitted. Please contact us at 800-844-8260 or info@pesi.com for the status of LMHC CE certification.

REGISTERED DIETITIANS & DIETETIC TECHNICIANS, REGISTERED: PESI, Inc. PE001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR) from July 1, 2018 through June 30, 2019. Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 6.0 continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials. This program/material is designated as LEVEL 2.

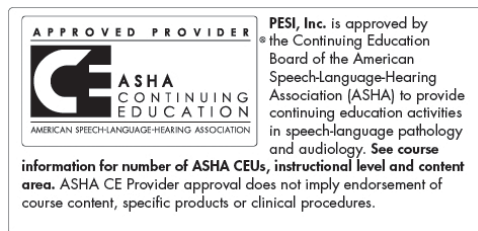
NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. **PARTIAL CONTACT HOURS WILL BE AWARDED FOR PARTIAL ATTENDANCE.**

NURSING HOME ADMINISTRATORS: This program has been submitted (but not yet approved) for 6.25 continuing education clock hours and 6.25 participant hours from NAB/NCERS. Call our customer service department at 1-800-843-7763 for further information.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.



SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**** Please note that Speech-Language Pathologists who participate in the live webcast will be required to complete additional steps if they want their participation submitted to the ASHA CE Registry.** Detailed instructions will be provided the day of the program under the Handouts Section of the webcast.

SOCIAL WORKERS: PESI, Inc. Provider #1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical Practice) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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WALK-INS
Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS
• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Advance registration by phone required.*
• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesirehab.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

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Counselors • Nursing Home Administrators • Senior Living Professionals • CNAs