

OUTLINE

Manifestations and Prognosis for Each Type of Dementia

Cognitive decline vs. normal aging
Mild Neuro-Cognitive Disorder
Manifestations and prognosis for:
Alzheimer's
Vascular Dementia
Lewy Body Dementia
Frontotemporal Dementia
Parkinson's
Stages of dementia
Pseudo-dementias and reversible conditions

Cognitive Assessment Tools and Advances in Early-Detection
MOCA and SLUMS
Step-by-step utilization
What they tell you and what they don't
Brain imaging
Research on biomarkers
Genetic risk profiling
When to refer for a formal neuropsychological assessment

Behavioral Interventions Toolbox: Causes of and Solutions to Challenging Behaviors
Identifying triggers for challenging behaviors
Assess for pain in dementia patients
What to do for sundowning?
Techniques to minimize combativeness and aggressive behaviors
Strategies to redirect wandering
Paranoia – causes and management
Effective responses to hallucinations and delusions
Strategies to reduce repetitive behaviors
How to improve personal care and activities of daily living

OBJECTIVES

1. Communicate how the manifestations of each type of dementia impacts identification and prognosis.

2. Provide a synopsis of 2 assessment tools that can be employed to screen for possible cognitive difficulty.

3. Specify how non-verbal communication skills can help professionals identify meanings behind gestures when working with patients who have dementia.
4. Characterize how patient safety can be enhanced with strategies to redirect wandering and manage paranoia.

5. Establish how the latest medications, preventative treatments, and advances in early detection could impact care of people with dementia.

6. Explore end of life issues and elder abuse and correlate how the ethics of dying impacts the clinician, client, and their family.

Target Audience: Social Workers • Counselors • Psychologists • Psychotherapists • Case Managers
Marriage & Family Therapists • Nursing Home Administrator • Speech-Language Pathologists
Occupational Therapists • Occupational Therapy Assistants • Physical Therapists • Physical Therapist Assistants • Nurses • Nurse Practitioners • Licensed Practical Nurses • Certified Nurses Assistants
Homecare Workers • Other Rehab, Medical and Mental Health Professionals

Communication Strategies to Improve Care
Successful non-verbal communication – find meaning behind gestures
Best practices to avoid arguments
Questions to ask, and how to ask them
Innovative communication tools

Psychopharmacology and Nutrition: The Latest Medications and Preventative Treatments
Approved medications for behavioral and cognitive symptoms
Nutritive interventions for Alzheimer's prevention
Disease modifying medication

Ethical Issues Related to Dementia
End of life issues
Reporting abuse (physical, sexual, financial)
Multicultural considerations

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

FREE

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John Ludgate, PhD

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Wednesday
June 5, 2019

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Thursday
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• Practical strategies to improve communication and care

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ALZHEIMER'S DISEASE & OTHER DEMENTIAS

CERTIFICATE PROGRAM

This one-day certificate program is vital for anyone who works with dementia patients and needs skills and proven strategies to provide optimal care!

Join Dr. Sherrie All as she provides you with the assessment tools and interventions you need to identify and differentiate between dementias, prevent and reduce difficult behaviors, and improve your ability to communicate with cognitively impaired patients!

More than just an overview of dementia and Alzheimer's, this program will offer practical solutions to some of the most challenging real-life situations you face and bring you up to speed on the latest medications, preventative treatments, and advances in early detection that could impact your work.

Best of all, you'll get your Certificate in Alzheimer's Disease & Other Dementias letting colleagues, employers, and families know that you've invested the extra time and effort necessary to understand the complexities of the disease, build essential skills, and employ safe and effective best practices to provide quality care.

Sign up today! No matter your profession, you'll leave this comprehensive program more confident in your ability to minimize challenging behavioral issues associated with dementia, improve communication with your patients, and provide the best care possible for this vulnerable population!

SPEAKER

Sherrie All, Ph.D., is a licensed clinical neuropsychologist who has specialized in treating people with dementia, Parkinson's disease, TBI, MS and other neurological disorders for over a decade. Dr. All is the founder and director of the Chicago Center for Cognitive Wellness, a private neuropsychology practice specializing in cognitive rehabilitation and brain health. The evidence-based cognitive rehabilitation interventions she uses have helped hundreds of adults experiencing cognitive declines improve their thinking skills, expand their functional independence and enhance their brain health.

Dr. All has worked as a consultant to the Mather LifeWays Institute on Aging, helping to develop and evaluate a holistic brain fitness program, and her work with individuals on ways to lower their personal risk for dementia has earned the attention of media outlets including *The New Yorker* and *Crain's Chicago Business*. Dr. All earned her Ph.D. in Clinical Psychology from Rosalind Franklin University of Medicine and Science and is a member of the American Psychological Association.

Speaker Disclosures:

Financial: Sherrie All is the owner of the Chicago Center for Cognitive Wellness. She receives a speaking honorarium from PESI, Inc.

Non-financial: Sherrie All has no relevant non-financial relationship to disclose.



Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. **Advanced online registration required.**

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

Mindful Aging: Embracing Your Life After 50 to Find Fulfillment, Purpose, and Joy

By Andrea Brandt, PhD, MFT

The acclaimed *Mindful Aging* is full of exercises and tools to help you embrace a new mindset and blaze a new trail in your life fueled by passion, purpose, and creativity. Through research, inspiring stories of real people, and Dr. Brandt's psychological insight, you'll be able to claim the immense joy and love that are yours to have, the deep wisdom that is yours to share, and the exciting self-discoveries and contributions that are uniquely yours to make.

Mindful Chair Yoga Card Deck: 50+ Practices for All Ages

By Jennifer Cohen Harper, MA, E-RYT and Mayuri Breen Gonzalez

Mindful Chair Yoga is a powerful way to harness key benefits of the practice: become stronger, more flexible, navigate challenging situations without becoming overwhelmed, rest when you need it, and much more. Each card includes a reflection question to help engage fully with the activities. This easy-to-use card deck contains 50+ practices that can support everyone - children, teens and adults - in living a happier, healthier life.

250 Brief, Creative & Practical Art Therapy Techniques: A Guide for Clinicians and Clients

By Susan I Buchalter, Art-BC, CGP, LPC

These unique 250 art exercises increase self-esteem, self-awareness and a feeling of success in artistic expression and communication, allowing clients to engage in therapeutic exercises without judgment. Using simple materials like paper, pencils and markers, these techniques can be immediately implemented in your practice.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. **NOTE: Boards do not allow credit for breaks or lunch.**

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cespi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

OHIO PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: This course has been submitted to the Ohio Physical Therapy Association for review. Credit is pending.

PENNSYLVANIA PHYSICAL THERAPISTS OR PHYSICAL THERAPIST ASSISTANTS: This course has been submitted to the Pennsylvania State Board of Physical Therapy. Approval pending.

OHIO PSYCHOLOGISTS: PESI, Inc. is approved by the Ohio Psychological Association, Provider #263896894, to sponsor continuing education for psychologists. PESI, Inc. maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical Practice) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

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PENNSYLVANIA SOCIAL WORKERS, MARRIAGE & FAMILY THERAPISTS AND PROFESSIONAL COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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- \$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
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