

Outline

Art Speaks: Therapeutic Practice

- Art Therapy vs. Therapeutic Art-Making
- Art Therapy vs. Therapeutic Art
- Ethical Implications and Scope of Practice
- Know When to Refer
- Process of Creating vs. Outcome

Clinical Applications

Using Art: Principles and Foundations

- Media Selection
- Developmental Stages Manifested in Art Making
- Warning Signs in Artwork
- Positive Perspectives

Strategies for Integrating Art in Practice

Establishing a Sense of Empowerment and Control

- For Trauma, Anxiety & Mood Disorders
- Safe Place Art
- Mandalas
- Stressors vs. Calmers
- Mindful Doodling

Establish Relationship to Self

- For ASD, Trauma, ODD, ADD
- Name Designs
- Me/Not Me/Ideal Me Collage
- Self Object
- Landscape of My Life

Questions?
Call customer service at
800-844-8260

Objectives

1. Apply therapeutic art directives and immediately implement into your therapy practice to help children, teens, adults and families regulate their emotions and behaviors.
2. Analyze the ethical implications and your scope of practice when selecting therapeutic artmaking approaches.
3. Assess the stages of children's normative development, and warning signs suggesting a possibility for additional clinical support.
4. Implement the use of simple and economic art materials; what to use and when, so you can feel immediately confident using art in your practice.
5. Prepare a plan for introducing art into clinical practice for treatment-resistant and challenging children and families.
6. Playfully practice the creative process via interactive hands-on therapeutic art-making experiences.

Creating Authentic Connections

- For ASD, Mood Disorders, ADD
- Collaborative Drawings
- Mural Making
- Circle of Commonalities
- Group Activities
- Family Art-Making

Self-Esteem and Self-Compassion

- For ADHD, Anxiety & Mood Disorders
- Inside-Out Boxes and Masks
- Aluminum Foil Sculptures
- Positive Puppets
- Empathy Masks
- Worry Dolls

Control to Commitment

- For ADHD, Anxiety & Mood Disorders, Trauma
- Follow Directions Drawing
- Crossroads Doodle
- Resilience Doodle
- Wellness Timeline
- Letters of Appreciation

Research, Limitations and Risks

- Training is distinctly different from the formal study of art therapy
- Introducing art without adequate training
- Art therapy is an evidenced-based treatment

Live Seminar Schedule

- 7:30** Registration/Morning Coffee & Tea
- 8:00** Program begins
- 11:50-1:00** Lunch (*on your own*)
- 4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

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THERAPEUTIC ART INTERVENTIONS FOR CHILDREN AND TEENS

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Patricia Isis, PH.D., LMHC, ATR-BC, ATCS
Author of *The Mindful Doodle Book*

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Wednesday, June 12, 2019

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Thursday, June 13, 2019

Las Vegas, NV
Friday, June 14, 2019

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Thursday, June 13, 2019

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Therapeutic Art Interventions for Children and Teens

Do you have clients who are stuck, repeating the same patterns over and over and you feel like you're powerless to help them? You know, the ones who repeatedly refuse to listen and don't stop to think before they act. Or those who refuse to take responsibility for their behaviors and constantly pass blame onto others. Do they leave you feeling stagnant and burnt out in your practice? Do you work with challenging children, teens and families who seem absolutely resistant to every intervention you offer?

Let Dr. Patricia Isis, international presenter, author, certified mindful self-compassion teacher and board certified registered art therapist, help you! Attend this seminar and learn innovative interventions that are guaranteed to help even your most resistant clients become unstuck. Your day will consist of creative, interactive, hands-on training that will re-energize your work. You will leave with fresh new art strategies and approaches that you can use immediately to engage even your most difficult and challenging clients. These tools are fun and playful. They will offer you an opportunity to refresh yourself as well!

No art experience is necessary, just an openness to try something creative.

Speaker

Dr. Patricia Isis, holds a Ph.D. in the expressive therapies with an emphasis on art therapy and is a Licensed Mental Health Counselor, Board Certified and Registered Art Therapist and certified mindful self-compassion teacher. She provides art therapy services in the public schools and maintains a private practice. Dr. Isis is the author of *The Mindful Doodle Book: 75 Creative Exercises to Help You Stay in the Moment*, which will teach you how to utilize mindful doodling as a clinical tool for multiple populations, approaches and settings.

She is the founding president of the Florida Art Therapy Association. In addition, Dr. Isis served as secretary on the Art Therapy Credential Board and later as a director on the board of the American Art Therapy Association. Furthermore, Dr. Isis is on the nominating committee for the Art Therapy Credentials Board and maintains active membership in the American Art Therapy Association, American Counseling Association, The Society for Group Psychotherapy and Psychodrama, and the Association for Death Education and Counseling. Dr. Isis is a popular presenter internationally, nationally, and locally.

Dr. Isis also facilitates mindfulness-based stress reduction (MBSR), mindful self-compassion (MSC) classes, and mindfulness trainings. She received training in MBSR with Jon Kabat-Zinn and Saki Santorelli in June of 2000.

Speaker Disclosures:

Financial: Patricia Isis is in private practice. She receives a speaking honorarium from PESI, Inc.

Non-financial: Patricia Isis has no relevant non-financial relationship to disclose.

Target Audience

Counselors • Social Workers • Psychologists • Case Managers • Psychiatrists • Marriage and Family Therapists
School Counselors • School Psychologists • Educators • Occupational Therapists and Occupational Therapy Assistants
Speech-Language Pathologists and Creative Arts Therapists



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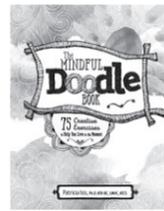
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75 Creative Exercises to Help You Live in the Moment

By Patricia Isis, PH.D., LMHC, ATR-BC, ATCS - Your Presenter!

Reduce Anxiety. Express Emotions. Be More Present.

The Mindful Doodle Book: 75 Creative Exercises to Help You Live In the Moment combines the benefits of mindfulness and the intuitive expression of doodling to help you relax, find focus, and creatively express emotions through spontaneous artmaking.



250 Brief, Creative & Practical Art Therapy Techniques

A Guide for Clinicians and Clients

By Susan I Buchalter, Art-BC, CGP, LPC

These unique 250 art exercises increase self-esteem, self-awareness and a feeling of success in artistic expression and communication, allowing clients to engage in therapeutic exercises without judgment. Using simple materials like paper, pencils and markers, these techniques can be immediately implemented in your practice.

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WALK-INS

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