

Outline

Art Speaks: Therapeutic Practice

- Art Therapy vs. Therapeutic Art-Making
- Art Therapy vs. Therapeutic Art
- Ethical Implications and Scope of Practice
- Know When to Refer
- Process of Creating vs. Outcome

Clinical Applications

Using Art: Principles and Foundations

- Media Selection
- Developmental Stages Manifested in Art Making
- Warning Signs in Artwork
- Positive Perspectives

Strategies for Integrating Art in Practice

Establishing a Sense of Empowerment and Control

- For Trauma, Anxiety & Mood Disorders
- Safe Place Art
- Mandalas
- Stressors vs. Calmers
- Mindful Doodling

Establish Relationship to Self

- For ASD, Trauma, ODD, ADD
- Name Designs
- Me/Not Me/Ideal Me Collage
- Self Object
- Landscape of My Life

Creating Authentic Connections

- For ASD, Mood Disorders, ADD
- Collaborative Drawings
- Mural Making
- Circle of Commonalities
- Group Activities
- Family Art-Making

Self-Esteem and Self-Compassion

- For ADHD, Anxiety & Mood Disorders
- Inside-Out Boxes and Masks
- Aluminum Foil Sculptures
- Positive Puppets
- Empathy Masks
- Worry Dolls

Control to Commitment

- For ADHD, Anxiety & Mood Disorders, Trauma
- Follow Directions Drawing
- Crossroads Doodle
- Resilience Doodle
- Wellness Timeline
- Letters of Appreciation

Research, Limitations and Risks

- Training is distinctly different from the formal study of art therapy
- Introducing art without adequate training
- Art therapy is an evidenced-based treatment

Live Seminar Schedule

- 7:30 Registration/Morning Coffee & Tea
- 8:00 Program begins
- 11:50-1:00 Lunch (on your own)
- 4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

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Objectives

1. Apply therapeutic art directives and immediately implement into your therapy practice to help children, teens, adults and families regulate their emotions and behaviors.
2. Analyze the ethical implications and your scope of practice when selecting therapeutic artmaking approaches.
3. Assess the stages of children’s normative development, and warning signs suggesting a possibility for additional clinical support.
4. Implement the use of simple and economic art materials; what to use and when, so you can feel immediately confident using art in your practice.
5. Prepare a plan for introducing art into clinical practice for treatment-resistant and challenging children and families.
6. Playfully practice the creative process via interactive hands-on therapeutic art-making experiences.

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Wednesday, June 12, 2019

Salt Lake City, UT
Thursday, June 13, 2019

Las Vegas, NV
Friday, June 14, 2019

THERAPEUTIC
ART INTERVENTIONS
FOR CHILDREN AND TEENS

Creative and Mindfulness-Based Techniques for Trauma, Anxiety, ADHD and More!

Patricia Isis, PH.D., LMHC, ATR-BC, ATCS
Author of *The Mindful Doodle Book*



Interactive hands-on art therapy experiences – all materials provided

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Therapeutic Art Interventions
For Children and Teens

Do you have clients who are stuck, repeating the same patterns over and over and you feel like you're powerless to help them? You know, the ones who repeatedly refuse to listen and don't stop to think before they act. Or those who refuse to take responsibility for their behaviors and constantly pass blame onto others. Do they leave you feeling stagnant and burnt out in your practice? Do you work with challenging children, teens and families who seem absolutely resistant to every intervention you offer? Let Dr. Patricia Isis, international presenter, author, certified mindful self-compassion teacher and board certified registered art therapist, help you! Attend this seminar and learn innovative interventions that are guaranteed to help even your most resistant clients become unstuck. Your day will consist of creative, interactive, hands-on training that will re-energize your work. You will leave with fresh new art strategies and approaches that you can use immediately to engage even your most difficult and challenging clients. These tools are fun and playful. They will offer you an opportunity to refresh yourself as well!

No art experience is necessary, just an openness to try something creative.

Speaker

Dr. Patricia Isis, holds a Ph.D. in the expressive therapies with an emphasis on art therapy and is a Licensed Mental Health Counselor, Board Certified and Registered Art Therapist and certified mindful self-compassion teacher. She provides art therapy services in the public schools and maintains a private practice. Dr. Isis is the author of The Mindful Doodle Book: 75 Creative Exercises to Help you Stay in the Moment, which will teach you how to utilize mindful doodling as a clinical tool for multiple populations, approaches and settings.

She is the founding president of the Florida Art Therapy Association. In addition, Dr. Isis served as secretary on the Art Therapy Credential Board and later as a director on the board of the American Art Therapy Association. Furthermore, Dr. Isis is on the nominating committee for the Art Therapy Credentials Board and maintains active membership in the American Art Therapy Association, American Counseling Association, The Society for Group Psychotherapy and Psychodrama, and the Association for Death Education and Counseling. Dr. Isis is a popular presenter internationally, nationally, and locally.

Dr. Isis also facilitates mindfulness-based stress reduction (MBSR), mindful self-compassion (MSC) classes, and mindfulness trainings. She received training in MBSR with Jon Kabat-Zinn and Saki Santorelli in June of 2000.

Speaker Disclosures:
Financial: Patricia Isis is in private practice. She receives a speaking honorarium from PESI, Inc.
Non-financial: Patricia Isis has no relevant non-financial relationship to disclose.

Target Audience

Counselors • Social Workers • Psychologists • Case Managers • Psychiatrists • Marriage and Family Therapists
School Counselors • School Psychologists • Educators • Occupational Therapists and Occupational Therapy Assistants
Speech-Language Pathologists and Creative Arts Therapists

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The Mindful Doodle Book: 75 Creative Exercises to Help You Live In the Moment combines the benefits of mindfulness and the intuitive expression of doodling to help you relax, find focus, and creatively express emotions through spontaneous artmaking.
250 Brief, Creative & Practical Art Therapy Techniques
A Guide for Clinicians and Clients
By Susan I Buchalter, Art-BC, CGP, LPC
These unique 250 art exercises increase self-esteem, self-awareness and a feeling of success in artistic expression and communication, allowing clients to engage in therapeutic exercises without judgment. Using simple materials like paper, pencils and markers, these techniques can be immediately implemented in your practice.

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Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepsi@pesi.com or 800-844-8260 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker. COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements. ARIZONA COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation. IDAHO COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation. NEVADA COUNSELORS & MARRIAGE AND FAMILY THERAPISTS: This program has been submitted to the State of Nevada Board of Examiners for Marriage and Family Therapists for review. Credit is pending. OREGON COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation. EDUCATORS/TEACHERS: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length. ARIZONA TEACHERS: This course is designed to qualify for 6.25 clock hours of Professional Development. This certificate is proof of your attendance. Please retain it in your records or use for submission as proof of completion when required. MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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