

## OUTLINE

### Uncover Misbehavior's Hidden Motives

The 5 "needs" that drive all misbehavior  
15 maladaptive ways teens guard against feeling hurt  
14 keys to stop misbehavior

### Use High-Impact Interviewing

Respond effectively to "I don't know," "It's not my fault," and "I don't care"  
10 dynamite probes to unearth hidden motives  
Reduce defensiveness and build trust

### Improve Social Skills and Self-control

Bolster temptation resistance  
Sharpen decision-making and problem-solving  
Upgrade apology skills  
Impart healthy handling of anger

### Resolve Attention-seeking and Power-displaying behavior

Effective strategies for "You can't make me!"  
16 techniques for the bossy teen  
10 tools for "notice me more"

### Resolve Malicious Misbehavior

Teach important insights about revenge  
Prevent bullying and threats  
Decrease vandalism  
9 answers for the "look tough, act tough" teen

## OBJECTIVES

1. Use at least 5 clinical interventions to reduce attention-seeking misbehavior in clients.
2. Demonstrate at least 4 clinical interviewing strategies to address resistance, reduce defensiveness and build trust with clients.
3. Implement at least 5 intervention methods to reduce power-displaying misbehavior in clients.
4. Incorporate effective interventions to help clients express anger in a constructive, healthy manner.
5. Teach caregivers behavioral strategies to increase compliance and cooperation at home and school.
6. Assess the client's worldview and interpret the meaning behind maladaptive behavior in order to develop an individualized treatment plan.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Advanced online registration required.*

### Resolve Irresponsible and Self-destructive Misbehavior

30 answers for "I can't do it" cop-outs  
Rebuild self-confidence  
Strengthen stress coping skills

### Adapt Your Intervention to Each Client

Recognize the limitations of every approach  
The client's unique perspective is pivotal  
Determine how the child perceives the world/people/self  
Interpret the child's actions as an attempt to express autonomy and belonging

### Help Teachers and Parents

Stay out of "ignore-nag-yell-punish" cycles  
Develop conscience without punishing or attacking  
Refine empathy skills  
Sidestep power struggles  
Improve cooperation with chores and routines  
Reduce sibling rivalry and improve family dynamics

#### Live Seminar Schedule

**7:30** Registration/Morning Coffee & Tea  
**8:00** Program begins  
**11:50-1:00** Lunch (*on your own*)  
**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

#### Questions?

Call Customer Service: 800-844-8260

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# OPPOSITIONAL, AGGRESSIVE, ATTENTION-SEEKING & UNCOOPERATIVE

## Children, Teens and Young Adults

High-Impact Strategies to Reduce Chronic Misbehavior

**Appleton, WI**  
Wednesday  
June 12, 2019

**Madison, WI**  
Thursday  
June 13, 2019

**Brookfield, WI**  
Friday  
June 14, 2019

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# OPPOSITIONAL, AGGRESSIVE, ATTENTION-SEEKING & UNCOOPERATIVE

## Children, Teens and Young Adults

High-Impact Strategies to Reduce Chronic Misbehavior

- Overcome defensiveness, lying and defiance
- Get out of power struggles and win cooperation
- Sharpen interviewing tactics to gain trust
- Uncover the hidden motives behind misbehavior
- Divert and reduce hostility and aggressiveness
- Make pro-social adaptive behavior an attractive alternative to acting-out

**Target Audience:** Psychologists • Social Workers • Counselors • Occupational Therapists • Speech Language Pathologists  
Educators • Probation Officers and Other Helping Professional that work with children

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A Non-Profit Organization serving the educational needs of mental health professionals since 1979.

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This seminar is for YOU if you work with young adults, teens or children who:

- Debate and invite power struggles with parents or teachers
- Display hostile, angry, revengeful, exploitative or predatory tendencies
- Use silly, immature tactics to gain attention and get noticed
- Engage in property destruction, fire-setting, vandalism or animal cruelty
- Have diagnoses such as ADHD, ODD, Bipolar Disorder, or Conduct Disorder
- Act irresponsible, helpless, negligent or tardy
- Snicker at charts-and-stars and other "behavior modification" attempts



SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



### Oppositional, Defiant & Disruptive Children and Adolescents

Non-Medication Approaches for the Most Challenging ODD Behaviors

By Scott D. Walls, MA, LIPC, CCMHC

Written for therapists, educators, parents and caretakers, this workbook will give you the tools to reduce problematic behaviors and increase positive behaviors. Including exercises, assessments, guidelines and case studies this book is full of tools and strategies for noncompliance, nagging, yelling/screaming, bullying, panic/anxiety reactions, lack of follow through, and running away.



### Letting Go of Anger Card Deck: 54 Cards to help teens tame frustration

By Jeffrey Bernstein

Simple skills to successfully manage anger • Tools to calm in emotionally tense moments • Strategies to overcome anxiety • Using anger in a healthy way • Steps to create positive changes

Attend this seminar and learn a wealth of high-impact techniques that cut across diagnostic lines and apply universally, from early childhood to young adult. Using these techniques will enable you to accomplish quickly what can often be missed in months of regular talk therapies, counseling or behavior modification reward systems.

You'll learn how to **stop pre-delinquent clients' manipulations such as victim playing, power struggling, denial, minimizing, defiance, evasive lying, excuse making, blaming, and justifying.** You'll learn key strategies for "reading" misbehavior to uncover its underlying needs and motivations. You can share these methods with teachers and parents to free them from "ignore-nag-yell-punish" cycles and senseless power struggles. Discover powerful techniques to divert and reduce hostility and revenge in oppositional, predatory, violent adolescents and young adults. You'll be able to introduce prosocial adaptive behaviors that develop conscience and satisfy their unmet needs that trigger misbehavior.

## SPEAKER

**John F. Taylor, Ph.D.** is a leading innovator and highly regarded authority on child discipline from the Adlerian perspective. He has been practicing for 35-years as a Gestalt therapist and family psychologist, focused on diagnosis and treatment for stressed families and at-risk children, teens and adults. He is the director of ADD-Plus, an information and resource provider for Attention Deficit Disorder and related conditions. The author and producer of over 200 professional journal articles, books, videos, audio CDs and booklets, Dr. Taylor is perhaps best known for his landmark parent-teacher-counselor guidebook "Helping Your ADD Child" and his best-selling "The Survival Guide for Kids with ADHD". Among his most popular books on child discipline are "From Defiance to Cooperation," "Understanding Misbehavior," "Anger Control Training," and "Diagnostic Interviewing of the Misbehaving Child." His resources are available at his website, [www.ADD-Plus.com](http://www.ADD-Plus.com).

Speaker Disclosure:

Financial: John F. Taylor is founder and president of ADD Plus. He receives a speaking honorarium from PESI, Inc.

Non-financial: John F. Taylor has no relevant non-financial relationship to disclose.

**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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**Credits listed below are for full attendance at the live event only.** After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**PSYCHOLOGISTS/SCHOOL PSYCHOLOGISTS:** PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**SPEECH-LANGUAGE PATHOLOGISTS:** This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**SOCIAL WORKERS:** PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical Practice) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

## How to Register: Oppositional, Aggressive, Attention-Seeking & Uncooperative Children, Teens And Young Adults

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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

### WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

### TUITION OPTIONS

- **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Advanced online registration required.*
- **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.
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