## OUTLINE

#### **Uncover Misbehavior's Hidden** Motives

The 5 "needs" that drive all misbehavior 15 maladaptive ways teens guard against feeling hurt

14 keys to stop misbehavior

#### **Use High-Impact Interviewing**

Respond effectively to "I don't know," "It's not my fault," and "I don't care" 10 dynamite probes to unearth hidden motives Reduce defensiveness and build trust

#### Improve Social Skills and Self-control

Bolster temptation resistance Sharpen decision-making and problemsolving Upgrade apology skills Impart healthy handling of anger

#### **Resolve Attention-seeking and Power-displaying behavior**

Effective strategies for "You can't make me!" 16 techniques for the bossy teen 10 tools for "notice me more"

### **Resolve Malicious Misbehavior**

Teach important insights about revenge Prevent bullying and threats Decrease vandalism 9 answers for the "look tough, act tough" teen

# **OBJECTIVES**

#### **Resolve Irresponsible and** Self-destructive Misbehavior

30 answers for "I can't do it" cop-outs Rebuild self-confidence Strengthen stress coping skills

#### Adapt Your Intervention to Each Client

Recognize the limitations of every approach The client's unique perspective is pivotal Determine how the child perceives the world/people/self

Interpret the child's actions as an attempt to express autonomy and belonging

### **Help Teachers and Parents**

Stay out of "ignore-nag-yell-punish" cycles Develop conscience without punishing or attacking

Refine empathy skills

Sidestep power struggles Improve cooperation with chores and routines Reduce sibling rivalry and improve family dynamics

#### Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea 8:00 Program begins 11:50-1:00 Lunch (on your own)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon) Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

**Ouestions?** 

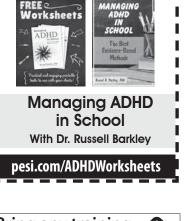
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- 1. Use at least 5 clinical interventions to reduce attention-seeking misbehavior in clients.
- 2. Demonstrate at least 4 clinical interviewing strategies to address resistance, reduce defensiveness and build trust with clients.
- 3. Implement at least 5 intervention methods to reduce power-displaying misbehavior in clients.
- 4. Incorporate effective interventions to help clients express anger in a constructive, healthy manner.
- 5. Teach caregivers behavioral strategies to increase compliance and cooperation at home and school.
- 6. Assess the client's worldview and interpret the meaning behind maladaptive behavior in order to develop an individualized treatment plan.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar uition) for veterans and active duty military personnel. Advanced online registration required.

Target Audience: Psychologists • Social Workers • Counselors • Occupational Therapists • Speech Language Pathologists Educators • Probation Officers and Other Helping Professional that work with children



CE Video & Worksheet



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# **OPPOSITIONAL**, **AGGRESSIVE**, **ATTENTION-SEEKING & UNCOOPERATIVE**

# **Children, Teens and Young Adults**

**High-Impact Strategies to Reduce Chronic Misbehavior** 

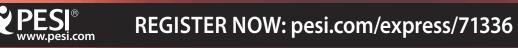
## **Appleton**, WI

Wednesday June 12, 2019 Madison, WI Thursday June 13, 2019

**Brookfield**, WI Friday June 14, 2019







# **OPPOSITIONAL**, **AGGRESSIVE**, **ATTENTION-SEEKING** & UNCOOPERATIVE

# **Children, Teens and Young Adults**

High-Impact Strategies to Reduce **Chronic Misbehavior** 

- Overcome defensiveness, lying and defiance
- Get out of power struggles and win cooperation
- Sharpen interviewing tactics to gain trust
- Uncover the hidden motives behind misbehavior
- Divert and reduce hostility and aggressiveness
- Make pro-social adaptive behavior an attractive alternative to acting-out

#### **Appleton**, WI

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ing the educational needs of mental health profe

REGISTER NOW: pesi.com/express/71336

This seminar is for YOU if you work with young adults, teens or children who:

- Debate and invite power struggles with parents or teachers
- Display hostile, angry, revengeful, exploitative or predatory tendencies
- Use silly, immature tactics to gain attention and get noticed
- Engage in property destruction, fire-setting, vandalism or animal cruelty
- Have diagnoses such as ADHD, ODD, Bipolar Disorder, or Conduct Disorder
- Act irresponsible, helpless, negligent or tardy
- · Snicker at charts-and-stars and other "behavior modification" attempts

Attend this seminar and learn a wealth of high-impact techniques that cut across diagnostic lines and apply universally, from early childhood to young adult. Using these techniques will enable you to accomplish quickly what can often be missed in months of regular talk therapies, counseling or behavior modification reward systems.

You'll learn how to stop pre-delinquent clients' manipulations such as victim playing, power struggling, denial, minimizing, defiance, evasive lying, excuse making, blaming, and justifying. You'll learn key strategies for "reading" misbehavior to uncover its underlying needs and motivations. You can share these methods with teachers and parents to free them from "ignore-nag-yell-punish" cycles and senseless power struggles. Discover powerful techniques to divert and reduce hostility and revenge in oppositional, predatory, violent adolescents and young adults. You'll be able to introduce prosocial adaptive behaviors that develop conscience and satisfy their unmet needs that trigger misbehavior.

## **SPEAKER**

John F. Taylor, Ph.D. is a leading innovator and highly regarded authority on child discipline from the Adlerian perspective. He has been practicing for 35-years as a Gestalt therapist and family psychologist, focused on diagnosis and treatment for stressed families and at-risk children, teens and adults. He is the director of ADD-Plus, an information and resource provider for Attention Deficit Disorder and related conditions. The author and producer of over 200 professional journal articles, books, videos, audio CDs and booklets, Dr. Taylor is perhaps best known for his landmark parent-teacher-counselor guidebook "Helping Your ADD Child" and his best-selling "The Survival Guide for Kids with ADHD". Among his most popular books on child discipline are "From Defiance to Cooperation," "Understanding Misbehavior," "Anger Control Training," and "Diagnostic Interviewing of the Misbehaving Child." His resources are available at his website, www.ADD-Plus.com.

#### Speaker Disclosure:

Financial: John F. Taylor is founder and president of ADD Plus. He receives a speaking honorarium from PESI, Inc.

Non-financial: John F. Taylor has no relevant non-financial relationship to disclose.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/ digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time



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#### Children, Teens and Young Adults

High-Impact Strategies to Reduce Chronic Misbehavior

#### SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

#### **Oppositional, Defiant & Disruptive Children and Adolescents** OPPOSITIONA DEFIANT & Non-Medication Approaches for the Most Challenging ODD Behaviors DISRUPTIVE By Scott D. Walls, MA, LIPC, CCMHC

Written for therapists, educators, parents and caretakers, this workbook will give you the tools to reduce problematic behaviors and increase positive behaviors. Including exercises, assessments, guidelines and case studies this book is full of tools and strategies for noncompliance, nagging, yelling/screaming, bullying, panic/anxiety reactions, lack of follow through, and running away.

## Letting Go of Anger Card Deck: 54 Cards to help teens tame frustration

#### **By Jeffrey Bernstein**

ion-Medication Approache

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Simple skills to successfully manage anger • Tools to calm in emotionally tense moments • Strategies to overcome anxiety • Using anger in a healthy way • Steps to create positive changes

#### Live Seminar Continuina Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or auestions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsibl for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

WISCONSIN COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

EDUCATORS/TEACHERS: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

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OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA



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and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

SOCIAL WORKERS: PESI, Inc. Provider #:1062,

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OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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