

Outline

Art Speaks: Therapeutic Practice

Function and History of Art Expression
Ethical Implications and Scope of Practice
Creating Products vs. Creative Process
How to Talk with Clients About Artwork
Know When to Refer
Working with Staff and Teams

Clinical Applications

What Materials to Use and When
Developmental Stages Manifested in Art Making
Warning Signs in Artwork
Art and Neuroscience
Specific Client Populations and Art Applications
Art talk - they made it, now what?

Integrating Art into Practice...

Interventions for:

Anxiety
Depression
Attention-Deficit/Hyperactivity Disorder
Post-traumatic Stress Disorder
Psychotic Disorder
Autism Spectrum

Establishing a Sense of Empowerment and Control

Directives vs. Free Choice Art Making
Build an Emotional Vocabulary by Identifying and Naming Emotions
Hurts and Worries
Problem Solving/Conflict Resolution Drawings
Building Safety for Trauma
Follow Directions Drawing
Mixed Media Collage

Establish Relationship to Self

Identification/Exploration of Feelings
What's in a Name?
Body Image/Who I Am
Confidence Builders
Grief Art with a Healer
Self-Portrait Object/Person
Inside/Outside Self Boxes/Containers

Creating Authentic Connections

Collaborative Art Making
Mural Making
Pass/Change the Picture
Get Your Group Art On
Family Art Making
Outside the Box with Field Trips, Art Exhibits and Guest Speakers

Self-Esteem and Self-Compassion

Objects of Comfort
Mask Making
Building Bridges for Connections
Don't Throw Yourself Away
Feeling Faces
Stressors vs. Calmers
Cartooning for Problem Solving
Thoughtful Trophies
Beading, Sewing and Learning Something New

Control to Commitment

Wellness Timeline
Letters of Appreciation
Self-Care Art: Moods, Problems and Wellness
Resources
Artful Journaling
Termination Art

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (*on your own*)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

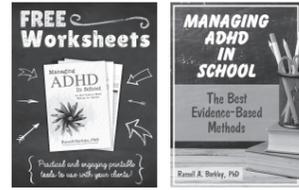
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Objectives

1. Explore the differences between art therapy and using art therapeutically within your scope of practice.
2. Analyze ethical implications when implementing therapeutic art approaches to prevent falsification of data and clinical findings.
3. Explore therapeutic art approaches and immediately implement into your therapeutic practice with fidelity to help children and teens regulate their emotions and behaviors.
4. Evaluate the stages of normative artistic development to understand how children learn and develop.
5. Determine the use of simple and economic art materials, what to use and when, to safely use art within your practice.
6. Practice the creative process via interactive, hands-on therapeutic art-making experiences.
7. Determine the neurobiological implications of using therapeutic art interventions to improve cognitive and emotional functioning in children and teens.
8. Develop a plan for introducing art into your clinical practice.
9. Recognize the importance of consultation with a credentialed art therapist to ensure positive outcomes for children.

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THERAPEUTIC ART INTERVENTIONS FOR CHILDREN AND TEENS

Creative Ways to Calm Anxiety, Reduce Social
Withdrawal, and Diffuse Anger and Rage



Tallahassee, FL
Wednesday, July 17, 2019

Valdosta, GA
Thursday, July 18, 2019

Jacksonville, FL
Friday, July 19, 2019

THERAPEUTIC ART INTERVENTIONS FOR CHILDREN AND TEENS

Creative Ways to Calm Anxiety, Reduce Social
Withdrawal, and Diffuse Anger and Rage

Art directives and interventions for:

Anxiety Trauma
Depression Psychotic Disorder
Autism and more!

Janet Bush, ED.S., ATR-BC

Interactive
hands-on therapeutic
art experiences
(all materials provided)

Tallahassee, FL
Wednesday
July 17, 2019

Valdosta, GA
Thursday
July 18, 2019

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Friday
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THERAPEUTIC ART INTERVENTIONS FOR CHILDREN AND TEENS

Do you have clients who are stuck, repeating the same patterns over and over and you feel like you're powerless to help them? You know, the ones who repeatedly refuse to listen and don't stop to think before they act. Or those who refuse to take responsibility for their behaviors and constantly pass blame onto others. Do they leave you feeling stagnant and burnt out in your practice? Do you work with challenging children, teens and families who seem absolutely resistant to every intervention you offer? Let Janet Bush, a certified art psychotherapist, mental health clinician, art educator, and addictions counselor help you!

Attend this seminar and jumpstart your mental health practice with creative interventions to unmask the silence of sadness, deescalate the rage of anger, and transform unspeakable grief. Learn innovative interventions that are guaranteed to help even your most resistant clients become unstuck. Your day will consist of creative, interactive, hands-on training that will re-energize your work. You will leave with fresh new art strategies and approaches that you can use immediately to engage even your most difficult and challenging clients. These tools are fun and playful. They will offer you an opportunity to refresh yourself as well!

No art experience is necessary, just an openness to try something creative.

Speaker

JANET BUSH, ED.S., ATR-BC, is a certified art psychotherapist, mental health clinician, art educator, addictions counselor, a founding member of the Florida Art Therapy Association, a university instructor, author, and a nationally known speaker and presenter.

She is author of the pioneering textbook, *The Handbook of School Art Therapy—Introducing Art Therapy Into a Public School System*, (CC Thomas Publishers, 1997) and three graduate education course guidebooks. She has served as department chairperson for the Miami-Dade County Public Schools in the Division of Psychological Services where she founded and directed a program of over 20 master art therapists from 1978-1999. This endeavor was a major contribution to the fields of art therapy and psycho-education with the establishment of a national model art therapy program. The program continues to employ 20 full-time credentialed art therapists working with special populations. In addition to working with children in conflict, Coach Jan and the department staff helped develop, field test and implement the Levick Emotional and Cognitive Art Therapy Assessment (LECAT), a cognitive and emotional art therapy evaluation tool used by art therapists internationally.

Through her long-term work in the public schools and the South Florida community, Coach Jan subsequently received a Distinguished Clinical Services Award from the American Art Therapy Association and Lifetime Achievement Award from the Miami-Dade County Public Schools and the Florida Art Education Association.

Jan is an expert in the fields of art education, clinical art therapy, art in medicine and art in counseling.

Coach Jan retired from Miami-Dade County Public Schools in 2011, but continues to serve as a consultant in private practice based in Delray Beach, Florida.

Speaker Disclosures:

Financial: Janet Bush is a consultant in private practice. She receives a speaking honorarium from PESI, Inc. Non-financial: Janet Bush has no relevant non-financial relationship to disclose.



This course counts toward the educational hours required for certification as a Certified Child & Adolescent Trauma Professional (CATP). Visit www.traumapro.net for the full certification requirements.

Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



Seminar on DVD or CD Package:

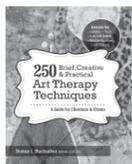
You can purchase a self-study package on the subject. You will receive a set of DVDs or CDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Advanced online registration required



Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Meg Mickelson Graf at mgraf@pesi.com or call 715-855-8199.

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



250 Brief, Creative & Practical Art Therapy Techniques

A Guide for Clinicians and Clients

By Susan I. Buchalter, ATR-BC, CGP, LPC

These unique 250 art exercises increase self-esteem, self-awareness and a feeling of success in artistic expression and communication, allowing clients to engage in therapeutic exercises without judgment. Using simple materials like paper, pencils and markers, these techniques can be immediately implemented in your practice.



The Mindful Doodle Book

75 Creative Exercises to Help You Live in the Moment

By Patricia D. Isis, Ph.D., LMHC, ATR-BC, ATCS

Reduce anxiety. Express emotions. Be more present. *The Mindful Doodle* book: 75 Creative Exercises to Help You Live In the Moment combines the benefits of mindfulness and the intuitive expression of doodling to help you relax, find focus, and creatively express emotions through spontaneous artmaking.

Target Audience

Counselors • Social Workers • Psychologists • Case Managers • Psychiatrists • Marriage and Family Therapists
School Counselors • School Psychologists • Educators • Occupational Therapists and Occupational Therapy Assistants
Speech-Language Pathologists and Creative Arts Therapists

Participants will learn how to implement therapeutic art interventions. They will not be certified as an art therapist.

LIVE SEMINAR CONTINUING EDUCATION CREDIT INFORMATION

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact ces@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

GEORGIA COUNSELORS: 6.25 of Core hours, applied for through the Licensed Professional Counselors Association of Georgia, LPCA.

EDUCATORS/TEACHERS: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

GEORGIA MARRIAGE & FAMILY THERAPISTS: This activity has been submitted to the Georgia Association for Marriage and Family Therapy. Credit pending.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or 6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

FLORIDA OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an approved provider with the Florida Board of Occupational Therapy Practice. Provider Number: 50-399. This course qualifies for 6.3 continuing education credits. Please make sure to bring your license number to the seminar so that we can report your attendance to CE Broker.

***FLORIDA PARTICIPANTS ONLY:** To be reported to CE Broker, while completing the online post-test/evaluation, please answer YES to the question: "Do you need your hours reported to FL CE Broker?" and include your complete license number when you are prompted (i.e. MH1234, RN9876543, OT159, etc.). After completing and passing the online post-test/evaluation, your information will automatically be sent to ces@pesi.com to be reported. If you forget to answer yes, please send an email to ces@pesi.com with the following information: full title of the activity, speaker name, date of live broadcast, date you completed the post-test, and your name and your license number. Please allow 3-4 weeks for processing.

PSYCHOLOGISTS: The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACE provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

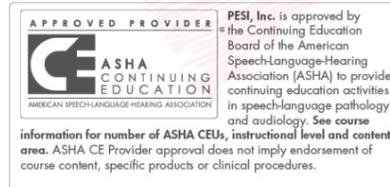
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information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for 6 ASHA CEUs (Intermediate level, Professional area).

SPEECH-LANGUAGE PATHOLOGISTS ONLY: To be reported to ASHA, while completing the online post-test/evaluation, please answer YES to the question: "Are you a Speech-Language Pathologist and/or Audiologist requesting to have your CEUs reported to the ASHA CE Registry?" and include your ASHA number. After completing and passing the online post-test/evaluation, your information will automatically be sent to ces@pesi.com to be reported. If you forget to answer yes, please send an email to ces@pesi.com with the following information: full title of the activity, speaker name, date of live broadcast, date you completed the post-test, and your name and your license number.

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for the course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits for completing this course. Course Level: Intermediate. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation. Full attendance is required; no partial credits will be offered for partial attendance.

FLORIDA SOCIAL WORKERS/MARRIAGE & FAMILY THERAPISTS/MENTAL HEALTH COUNSELORS: PESI, Inc., is an approved provider with the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling. Provider Number 50-399. This course qualifies for 6.25 continuing education credits. Please make sure to bring your license number to the seminar so that we can report your attendance to CE Broker.

***FLORIDA PARTICIPANTS ONLY:** To be reported to CE Broker, while completing the online post-test/evaluation, please answer YES to the question: "Do you need your hours reported to FL CE Broker?" and include your complete license number when you are prompted (i.e. MH1234, RN9876543, OT159, etc.). After completing and passing the online post-test/evaluation, your information will automatically be sent to ces@pesi.com to be reported. If you forget to answer yes, please send an email to ces@pesi.com with the following information: full title of the activity, speaker name, date of live broadcast, date you completed the post-test, and your name and your license number. Please allow 3-4 weeks for processing.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

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- \$30 Tuition:** If you are interested in being our registration coordinator for the day, go to www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
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