## **Outline**

#### **Behaviors that Make Us Crazv**

**Tantrums** 

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

#### Disorders

Oppositional Defiant Disorder

ADHD

Mood disorders

Anxiety disorders

Attachment issues/disorder, conduct disorder, autism spectrum disorders

#### Assessment

#### The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)

Escape

Attention

Sensory Pain

Control

# **Mental Health Disorder or Behavior**

The power of skilled observations

The interview

Comparison to the group

The FBA-Incredibly powerful

assessment tool

The art of choosing a diagnosis (if you have to

#### **Limitations of the Research and Potential** Risks

#### **Treatment Strategies Part I**

#### Proactive

Behavior plans

Motivational incentives

Set the stage for success

Remember the initial goal

Appropriately address the functions of the behavior

#### Reactive

Corrective measures

It's like playing chess in a tornado

#### Treatment Strategies Part II

Specific Strategies for the Following **Behavioral Challenges:** 

**Tantrums** 

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

#### **Treatment Strategies Part III**

Specific Strategies for the Following Disorders:

ODD

ADHD

Mood disorders

Anxiety disorders

Working with unsafe behaviors

#### **Treatment Strategies Part IV**

**Special Populations & Circumstances** 

Asperger's disorder

Divorce, separation

Abuse and neglect

Parent misbehavior

Foster care

# **Objectives**

- 1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
- Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
- Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms
- Communicate how a skilled observation of behavior informs your treatment approach.
- Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in
- **6.** Effectively develop a behavior intervention plan and safety plan across all settings including home and school.



This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP)

Visit adhdcert.com for the full certification requirements.

The nation's top speakers and authors contact us first. If you are interested in becoming a speaker or have a new topic idea, please contact Marnie Sullivan at msullivan@pesi.com or call 715-855-8226.





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Non-medication Approaches for the **Most Challenging Behaviors** 

> ANAHEIM, CA Wednesday, July 10, 2019

PASADENA, CA **Thursday, July 11, 2019** 

SHERMAN OAKS, CA Friday, July 12, 2019

# **OPPOSITIONAL, DEFIANT** & DISRUPTIVE CHILDREN **AND ADOLESCENTS**

Non-medication Approaches for the Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders

 Positive alternatives for your most challenging kids

ANAHEIM, CA Wednesday, July 10, 2019

PASADENA, CA **Thursday, July 11, 2019** 

SHERMAN OAKS, CA Friday, July 12, 2019





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# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

# Non-medication Approaches for the **Most Challenging Behaviors**

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your client's most challenging behaviors including:

Tantrums •Running out/away •Refusing to work/help

 Panic/anxiety reactions Yelling/screaming Lack of follow through

Noncompliance

Nagging

Bullying

Not following directions

You will walk away with immediate strategies for out-of-control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Robert Marino is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

# Speaker

Robert J. Marino, M.S., NCSP, ABSNP, is a nationally certified school psychologist with an advanced certificate in school neuropsychology. He has been working as a school Psychologist for over 30 years and has experience in the assessment and programming for children from infant through high school age. Robert specializes in cross battery assessment and the assessment of children with emotional regulation difficulties.

Robert divides his time between assessment and consultation with preschool programs and his role as school psychologist in an elementary school setting. He conducts assessments, consults with school staff and parents, and develops specialized programs for children with a broad range of identified needs. In 2002, Robert was given the "Outstanding School Psychologist" award by the Maryland School Psychologist Association, primarily for his extensive work with traumatized children in the Romanian orphanage system.

Robert developed the mentor program for new psychologists in one of the largest school districts in the nation, and has also supervised numerous interns from graduate programs throughout the country. Robert has served as an adjunct professor for the University of Missouri where he developed and instructed several units for graduate level coursework on "Learning and the Brain."

Speaker Disclosures:

Financial: Robert Marino has an employment relationship with the Prince George's County Public Schools. He receives a speaking honorarium from PESI, Inc.

Non-financial: Robert Marino has no relevant non-financial relationship to disclose.

### **Questions?** Call customer service at 800-844-8260

Target Audience: Counselors • Social Workers • Psychologists • Marriage and Family Therapists Speech-Language Pathologists • Teachers • School Guidance Counselors • Case Managers • Nurses School Administrators • Educational Paraprofessionals • Occupational Therapists & Occupational Therapy Assistants Other Helping Professionals who Work with Children

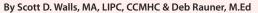
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#### **Behavior Management Skills Guide:**

Practical Activities & Interventions for Ages 3-18



With decades of clinical and classroom behavior management success, authors Scott Walls and Deb Rauner have written a comprehensive manual featuring the best methods for effective change. The authors have identified 3 levels of negative behavior components and have paired with interventions proven to increase positive behaviors and skills. Filled with strategies for individuals or groups, this quide also includes downloadable and ready-to-use assessments, exercises, tools



#### Coping Skills for Kids Workbook

Over 75 Coping Strategies to Help Kids Deal with Stress, Anxiety and Anger

#### Janine Halloran, LMHC

Dealing with stress, anxiety and anger are important skills to learn, but not all kids learn those strategies naturally. The Coping Skills for Kids Workbook can help teach children to calm down, balance their energy and emotions, and process challenging feelings. Author Janine Halloran, LMHC, shares over 75 innovative, fun and engaging activities developed from her experience n schools, outpatient mental health clinics and as a mother. Loved by counselors, educators and parents alike!!

#### **Live Seminar Schedule**

**7:30** Registration/Morning Coffee & Tea **8:00** Program begins

**11:50-1:00** Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Advanced online registration required.

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information for number of ASHA CEUs, instructional level and co greg. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

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