

## Outline

### PHYSIOLOGICAL CHANGES IN ACUTE CARE

- Effects of immobility on organ systems
  - Respiratory
  - Cardiac
  - Digestive
  - Musculoskeletal
  - Early and aggressive mobilization and intervention

### ENSURE SAFE AND SUCCESSFUL TRANSFERS AND MOBILITY FOR ANY PATIENT

- Decision-making process
- Weight-bearing restriction mobilization
- Specific mobility restrictions
  - Pulmonary embolism
  - Deep vein thrombosis
- Mobilization management
  - Chest tubes
  - Arterial lines
  - IV management

### ICU/IMC SPECIFIC MANAGEMENT

- Fecal management systems
- Various catheter types

### ADVANCED TREATMENT INTERVENTIONS FOR IMPROVED OUTCOMES

- Orthopedic interventions
  - Orthopedically complex patient
  - Cutting-edge interventions
    - Transitioning to same day ortho discharge
    - Shorter length of stay with improved outcomes
  - Transfer considerations
    - Alternative techniques for NWB
    - Transfers for all WB restrictions
- Burn injury across the lifespan
  - Types and degree of burn injury
  - Burn management and surgical interventions
  - Current trends in therapeutic burn intervention
- Cardiac diagnoses
  - Cardiac surgery and appropriate therapeutic progression
  - Sternal precautions
  - Implementation of strength training
- Neurological emergencies and trends in intervention
  - tPA administration and impact on therapeutic intervention
  - Management of the severe stroke
  - Patients with brief neurological deficits

- Respiratory compromised patient
  - High-flow oxygen management
  - COPD
  - Fresh take on energy conservation techniques

### INTERVENTIONS FOR PATIENTS WITH COGNITIVE/PSYCHIATRIC DIAGNOSES

- Addressing the behaviorally challenging patient
  - TBI
  - Dementia
  - Aggression
- Motivation of the chronically-refusing patient
- Major depression and its impact on therapeutic intervention

### OUTCOME EXPECTATIONS AND GOAL CONSIDERATIONS

- Short-term vs. long-term goal implementation
- Timing of PT/OTR reassessments
- Predicting the future
  - Appropriate goal development

### CREATE AN EFFECTIVE AND SUCCESSFUL DISCHARGE PLAN

- Importance of an interdisciplinary approach
- Pros/cons of sub-acute, home health, and other discharge destinations

### CARING FOR THE CAREGIVER

- Client-centered practice and inclusion of the patient's support system
- Manage the challenging family/caregiver

### BILLING AND DOCUMENTATION

- Effective and successful documentation during acute and post-acute stay
- Document progression in patients with limited function
- Understand G codes, payment, and billing

### ACHIEVE PRODUCTIVITY

- History of productivity requirements and their necessity
- Current trends in productivity expectations

### Questions?

Call customer service at  
**800-844-8260**

### Live Seminar & Webcast Schedule

(Times listed in Pacific)

**7:30:** Registration/Morning Coffee & Tea

**8:00:** Program begins

**Lunch:** 1 hour (on your own)

**3:30:** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

### HAVE A SEMINAR IDEA? A MANUSCRIPT TO PUBLISH?

The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Anna Rustick at [arustick@pesi.com](mailto:arustick@pesi.com) or 715-855-8195.

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## Acute Care & ICU Rehab

Strategies for the  
Medically Complex Patient

Explore innovative techniques for improving functional mobility, strength, and outcomes for patients with:

- Respiratory distress/COPD
- SCI
- Burn injuries
- TBI
- Stroke
- Orthopedic issues
- Cardiac limitations
- DVTs

**Pasadena, CA**

Thursday  
July 11, 2019

**Anaheim, CA**

Friday  
July 12, 2019

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## Acute Care & ICU Rehab

Strategies for the  
Medically Complex Patient



I have a better understanding of exercise protocols and specific exercises for diagnoses.

- A. Wong, OTR



I will implement and utilize the great knowledge and skills I learned in this seminar on my patients tomorrow!

- B. Conner, PT



Great course. I will use the outcome measures and exercise progression immediately.

- E. Wormold, PTA

### Discover new treatments for:

- Early mobilization
- Management of lines, wires and tubes
- Respiratory distress
- Intubation/vent dependency
- Discharge planning
- Caregiver training
- Productivity
- Billing/documentation

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Explore the latest interventions for improving functional mobility, strength, independence, and outcomes in acute care rehab. Designed for all practice levels, from the new grad to the veteran acute care professional, this hands-on course will provide you with an updated knowledge base for making appropriate decisions within the ICU and acute care environments, implementing assessment and treatment tools, integrating existing treatment plans with progression into the plan of care, and adjusting or accommodating treatment interventions across the hospital stay through transition out of the hospital. Discover the latest assessment techniques and learn how to integrate treatments into rehab plans during acute and post-acute phases. Practice the latest interventions, strategies, and best practices in hands-on labs throughout the day.

- Early mobilization
- Management of lines, wires and tubes
- Respiratory distress
- Intubation/Vent dependency
- Discharge planning
- Caregiver training
- Productivity
- Billing/Documentation

**TRISHA FARMER, COTA/L**, a nationally renowned speaker and educator, holds extensive experience in all aspects of acute care, including neurology, complex trauma, orthopedics and a multitude of diagnoses involving medically complex and clinically fragile patients. Clinically, she is employed within a Level I Trauma Center, which holds a nationally recognized stroke center and regional burn center, where she routinely develops innovative and evidence-based treatment plans for patient's experiencing a wide variety of diagnoses. In addition to her clinical expertise, Trisha serves as a continuing education instructor for multiple organizations, specializing in the provision of continuing education in the field of acute care therapy as well as wheelchair seating/positioning. In her spare time, Trisha works closely with volunteer and non-profit organizations with a focus on veterans and suicide awareness.

Financial: Trisha Farmer has an employment relationship with Memorial Medical Center; and Saint Louis University Hospital. She receives an honorarium from Performance Health Academy. Ms. Farmer receives a speaking honorarium from PESI, Inc.  
Non-financial: Trisha Farmer has no relevant non-financial relationship to disclose.

*Trisha's immense knowledge in trauma and the acute care setting provides the attendee with an amazing CEU experience! This course is a must see for anyone who works with medically complex patients!*

- State the critical elements of analysis and assessment in mobilizing medically fragile patients.
- Develop an appropriate plan of care for patients who present with a critically ill cardiac, neurological or respiratory diagnosis.
- Distinguish the characteristics, similarities of, and differences between, medically fragile and general acute care patients and methods to implement successful therapeutic interventions with each.
- Demonstrate an understanding of the outcome tools available for assessment of the acute or critically ill patient.
- Evaluate strategies for addressing the behaviorally challenging patient and successful methods for patient engagement.
- Identify methods to effectively document progression throughout the acute care spectrum.

