

Outline

PHYSIOLOGICAL CHANGES IN ACUTE CARE

- Effects of immobility on organ systems
 - Respiratory
 - Cardiac
 - Digestive
 - Musculoskeletal
 - Early and aggressive mobilization and intervention

ENSURE SAFE AND SUCCESSFUL TRANSFERS AND MOBILITY FOR ANY PATIENT

- Decision-making process
- Weight-bearing restriction mobilization
- Specific mobility restrictions
 - Pulmonary embolism
 - Deep vein thrombosis
- Mobilization management
 - Chest tubes
 - Arterial lines
 - IV management

ICU/IMC SPECIFIC MANAGEMENT

- Fecal management systems
- Various catheter types

ADVANCED TREATMENT INTERVENTIONS FOR IMPROVED OUTCOMES

- Orthopedic interventions
 - Orthopedically complex patient
 - Cutting-edge interventions
 - Transitioning to same day ortho discharge
 - Shorter length of stay with improved outcomes
 - Transfer considerations
 - Alternative techniques for NWB
 - Transfers for all WB restrictions
- Burn injury across the lifespan
 - Types and degree of burn injury
 - Burn management and surgical interventions
 - Current trends in therapeutic burn intervention
- Cardiac diagnoses
 - Cardiac surgery and appropriate therapeutic progression
 - Sternal precautions
 - Implementation of strength training
- Neurological emergencies and trends in intervention
 - tPA administration and impact on therapeutic intervention
 - Management of the severe stroke
 - Patients with brief neurological deficits

- Respiratory compromised patient
 - High-flow oxygen management
 - COPD
 - Fresh take on energy conservation techniques

INTERVENTIONS FOR PATIENTS WITH COGNITIVE/PSYCHIATRIC DIAGNOSES

- Addressing the behaviorally challenging patient
 - TBI
 - Dementia
 - Aggression
- Motivation of the chronically-refusing patient
- Major depression and its impact on therapeutic intervention

OUTCOME EXPECTATIONS AND GOAL CONSIDERATIONS

- Short-term vs. long-term goal implementation
- Timing of PT/OTR reassessments
- Predicting the future
 - Appropriate goal development

CREATE AN EFFECTIVE AND SUCCESSFUL DISCHARGE PLAN

- Importance of an interdisciplinary approach
- Pros/cons of sub-acute, home health, and other discharge destinations

CARING FOR THE CAREGIVER

- Client-centered practice and inclusion of the patient's support system
- Manage the challenging family/caregiver

BILLING AND DOCUMENTATION

- Effective and successful documentation during acute and post-acute stay
- Document progression in patients with limited function
- Understand G codes, payment, and billing

ACHIEVE PRODUCTIVITY

- History of productivity requirements and their necessity
- Current trends in productivity expectations

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Who Should Attend

- Occupational Therapists
- Occupational Therapy Assistants
- Physical Therapists
- Physical Therapist Assistants
- Nurses
- Nurse Practitioners

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

Lunch 1 hour (on your own)

3:30 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

**Acute Care
&
ICU Rehab**

Strategies for the
Medically Complex Patient

Explore innovative techniques for improving functional mobility, strength, and outcomes for patients with:

• Respiratory distress/COPD

• Stroke

• SCI

• Orthopedic issues

• Burn injuries

• Cardiac limitations

• TBI

• DVTs


Fort Wayne, IN
September 11, 2019

Indianapolis, IN
September 12, 2019

Louisville, KY
September 13, 2019

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**Acute Care
&
ICU Rehab**

Strategies for the
Medically Complex Patient

★★★★★
I have a better understanding of exercise protocols and specific exercises for diagnoses.
- A. Wong, OTR

★★★★★
I will implement and utilize the great knowledge and skills I learned in this seminar on my patients tomorrow!
- B. Conner, PT

★★★★★
Great course. I will use the outcome measures and exercise progression immediately.
- E. Wormold, PTA

Discover new treatments for:

• Early mobilization

• Management of lines, wires and tubes

• Respiratory distress

• Intubation/vent dependency

• Discharge planning

• Caregiver training


• Productivity

• Billing/documentation

Fort Wayne, IN
Wednesday
September 11, 2019

Indianapolis, IN
Thursday
September 12, 2019

Louisville, KY
Friday
September 13, 2019

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