

OUTLINE

Wound Bed Tissue Types:
Presentation & Treatment

- Epithelial Tissue
- Granulation Tissue
- Healthy Granulation
 - Hypergranulation
- Fibrin
- Scaffolding for granulation
 - Characteristics of presentation
- Necrotic—When to remove, when to leave alone
- Slough—Devitalized, must be debrided
 - Eschar—Devitalized
 - Dry Gangrene—Necrosis/Tissue Demise

Wound Margin Issues and Strategies

- Epiboly—Rolled Edges
- Hyperkeratotic—Dry, Calloused Edges
- Jagged

Epithelialization

Peri-Wound Issues

- Macerated
- Desiccated
- Erythema
- Indurated
- Atrophic/Fibrotic
- Fluctuant

Characteristics of Common Wounds

Phases of Healing

Etiology, Appearance, Location, Exudates

- Arterial Insufficiency
- Venous Insufficiency
- Diabetic/Neuropathic
- Pressure Ulcers - Demystifying Staging
- Skin Tears

Hands-On Clinical Lab

Using the latest in wound care model technology, participate in skill-based exercises in:

- Wound staging
- Tissue type identification
- Proper measuring techniques
- Tunneling/Undermining
- Wound care product awareness and application

HANDS-ON LAB

Wound Care Products

Characteristics of Each Dressing Category

- Hydrogel, Hydrocolloid, Collagen
- Calcium Alginate/Hydrofiber
- Silver products, Foam, Honey
- Multi-layer compression
- Gauze/Composite
- Exudate determines dressing

Strategies to Select Primary Dressings for:

Dry/Minimally Draining Wounds

- Hydrogel
- Oil emulsions
- Ringer’s Lactate impregnated
- Combinations

Moderate/Heavy/Copious drainage

- Alginates/Hydrofibers
- Topical Medications

Critically Colonized/Infected Wounds

- Silver Dressings
- Silver Alginates/Hydrofibers, Hydrogels and Collagens
- Antimicrobial impregnated dressings
- Enzymatic debriders
- Cleansing agents and other topicals

Proper Application and Cost Considerations

Alternative Options and Substitutions

Nurses • Nurse Practitioners • Nurse Educators
Physician Assistants • Physical Therapists
Physical Therapist Assistants • Nursing Home Administrators
Occupational Therapists • Occupational Therapy Assistants

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- Proper Measuring Techniques
- Practical Wound Treatment Strategies
- Wound Products: Characteristics, Indications, Cost Considerations
- Individual and Group Activities



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2nd Edition**

By Kim Saunders, MSN/ED, RN, CWON®, CFCN

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THE ULTIMATE HANDS-ON WOUND CARE CLINICAL LAB

Through the use of wound care teaching models, wound care expert, Heidi Huddleston Cross MSN, RN, FNP-BC, CWON®, will teach you proper wound assessment techniques. The Hands-On Clinical Lab will add a live, hands-on component to learning that will enhance your retention of skills and techniques covered. Practice identification, measurement and the applications of various products on life-like wound care models. These models provide a life-like simulation to allow for improved assessment of a wide variety of commonly seen wound care presentations, including all stages of pressure ulcers, tissue types, undermining, tunneling, fissure and surgical dehiscence.

Take your understanding of wound care to the next level with this hands-on, interactive clinical lab. Register today – space is limited!

SPEAKER

Heidi Huddleston Cross MSN, RN, FNP-BC, CWON®,

is a wound care expert, practicing as a Nurse Practitioner in wound care at Upstate University Hospital in Syracuse, New York. She has worked in long-term care facilities as a wound consultant and also in outpatient settings. She has served on multiple national wound care committees and has served as an expert witness for wound care legal cases both for the plaintiff and the defense.

Speaker Disclosure:
Financial: Heidi Huddleston Cross has an employment relationship with Upstate University Hospital. She receives a speaking honorarium from PESI, Inc.
Non-financial: Heidi Huddleston Cross is a member of the Wound, Ostomy and Continence Nurses (WOCN) Society.

OBJECTIVES

1. Distinguish at least 6 tissue types found in chronic wounds.
2. Identify and differentiate at least 4 wound etiologies.
3. Compare and contrast 6 terms used to document peri-wound status.
4. Demonstrate accurate measurement and documentation of wounds, tunneling and undermining, according to the clock method, using a wound teaching model.
5. Identify and categorize at least 7 dressing types, including the indications for use, precautions and contraindications.
6. Develop an appropriate dressing/treatment protocol for a wound, based upon exudate, wound status, and products discussed.

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