

## Outline

### HOT TOPICS AND INNOVATIONS

- How your patients can benefit from cutting edge research

### HANDS-ON LABS UPGRADE YOUR ASSESSMENT AND CLINICAL REASONING SKILLS

Get to the root cause of impairments faster with today's best tests and evaluations for:

- Dizziness
- Neck pain
- Lightheadedness
- Sleeplessness
- Gait disturbances
- Visual hallucinations
- Drop attacks
- Double vision
- Oscillopsia
- Tinnitus
- Motion sensitivity
- Gaze stability
- Balance

### HANDS-ON LABS REVOLUTIONIZE YOUR REHAB TOOLBOX

Practice effective techniques you can use immediately to:

- End years of vertigo and dizziness in as little as one session
- Significantly improve functional mobility
- Manage concussion more effectively
- Return athletes to sport faster
- Prevent falls
- Improve balance and gait
- Restore gaze stability and focus
- Reduce migraines, neck pain, nausea, anxiety, and other related symptoms

### HANDS-ON LABS COMBINE TECHNIQUES MORE EFFECTIVELY FOR BETTER OUTCOMES

Practice integrating:

- Epley maneuver and variations
- Head thrust technique
- Brandt-daroff exercises
- Roll technique
- BBQ roll
- Liberatory maneuver
- Ocular motor assessment
- Vestibular ocular reflex/gaze stabilization
- Saccade exercises
- Optokinetic treatments
- Subjective visual vertical assessment
- Progressive advancement of visual motion
- Treatment for exertional intolerance
- Smooth pursuit neck torsion test
- Joint mobility for cervicogenic dizziness

### HANDS-ON LABS DESIGN ADVANCED, INNOVATIVE PLANS OF CARE FOR YOUR PATIENTS

Practice developing comprehensive treatment strategies for specific impairments, including:

- Cervicogenic dizziness
- Concussion
- Benign paroxysmal positional vertigo (BPPV)
- Vestibular hypofunction
- Vestibular neuronitis
- Vestibular migraine
- Labyrinthitis
- Meniere's disease
- Endolymphatic hydrops
- Acoustic neuroma

### CASE STUDIES PUT KNOWLEDGE TO PRACTICE

- Case study 1: Conduct a comprehensive assessment and differentially diagnose the correct impairment
- Case study 2: Problem solve a complex case of cervicogenic dizziness and develop an effective treatment plan
- Case study 3: Navigate pharmacological side effects and comorbidities
- Case study 4: Measure patient outcomes using Dynamic Gait Index, Functional Gait Assessment, and other tools
- Case study 5: Overcome barriers to effective strategy implementation

### DON'T LEAVE MONEY ON THE TABLE!

- Coding and billing updates
- Justify rehab with the right progress measures
- Avoid denials and audits with these tips

### Target Audience

- Physical Therapists
- Physical Therapist Assistants
- Occupational Therapists
- Occupational Therapy Assistants
- Audiologists
- Athletic Trainers
- Therapy Directors
- Physician Assistants
- Nurse Practitioners
- Nurses

**HAVE A SEMINAR IDEA? A MANUSCRIPT TO PUBLISH?**  
The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Orion Tarpley at [otarpley@pesi.com](mailto:otarpley@pesi.com) or 715-855-5262.

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The Ultimate Guide to Treating

# Dizziness, Vertigo and Vestibular Disorders

End Years of Dizziness and Vertigo in as Little as One Session

Overland Park, KS  
September 11, 2019

Columbia, MO  
September 12, 2019

St. Louis, MO  
September 13, 2019

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The Ultimate Guide to Treating

# Dizziness, Vertigo and Vestibular Disorders

End Years of Dizziness and Vertigo in as Little as One Session

- Revolutionize your rehab toolbox – master effective treatments for dizziness, vertigo, and vestibular disorders in hands-on labs
- Upgrade your assessment and clinical reasoning skills – identify the root cause of impairment faster than ever before
- Grow your practice into the go-to treatment center for this tricky patient population

Build your professional connections!  
**FREE** networking event included

Overland Park, KS  
Wednesday, September 11, 2019

Columbia, MO  
Thursday, September 12, 2019

St. Louis, MO  
Friday, September 13, 2019

**REGISTER NOW: [pesirehab.com/express/72357](http://pesirehab.com/express/72357)**

A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

## What to Bring/Wear

- Lab-appropriate clothing

Whether you want to treat the root cause of dizziness faster, enhance your clinic's services for vestibular patients, or add personal value within a large organization, this program will get you where you want to go.

Created by one of the most trusted names in vestibular rehabilitation, **The Ultimate Guide to Treating Dizziness, Vertigo, and Vestibular Disorders** will teach you today's top strategies for efficiently evaluating and resolving many common diagnoses. And the results are incredible. Clinicians have seen countless patients -- from sedentary retirees to high-level athletes -- rediscover the joys of dizziness-free living using the interventions you'll learn in this program.

Join Dr. Jamie Miner as she shares a proven framework for rehabilitation that combines today's best practices with over 25 years of experience helping patients overcome vestibular disorders in hospitals, rehab centers, home health settings, SNFs, and outpatient facilities.

If you're chasing symptoms without getting to the "why" of your patients' impairment, you're losing time, money and referrals. This course is your path to delivering results for your patients.

**Register for The Ultimate Guide to Treating Dizziness, Vertigo, and Vestibular Disorders today.**

The Ultimate Guide to Treating

# Dizziness, Vertigo and Vestibular Disorders

End Years of Dizziness and Vertigo in as Little as One Session

## Speaker



**JAMIE MINER, PT, DPT, GCS, is an expert in vestibular rehabilitation** with over 25 years of experience treating dizzy patients in hospitals, rehab centers, home health, and other practice settings.

Dr. Miner travels nationally to present seminars on vestibular rehabilitation, and she is known for her dynamic, hands-on teaching style. Over the years, she has maintained a busy outpatient clinical practice, she currently provides therapy services to older adults in several skilled nursing facilities. A Geriatric Certified Specialist through the APTA, she serves as an adjunct professor and clinical instructor at Shenandoah University's DPT program.

### Speaker Disclosures:

Financial: Jamie Miner has an employment relationship with Rehabcare, Galloway Ridge Facility. She is an Adjunct Associate Professor at Shenandoah University. Ms. Miner receives a speaking honorarium from PESI, Inc.

Non-financial: Jamie Miner has no relevant non-financial relationship to disclose.

## Objectives

- Discuss the latest advances in vestibular rehabilitation and their implications for rehab.
- Demonstrate a comprehensive assessment, identifying and differentiating root causes of dizziness, vertigo, and vestibular disorders.
- Integrate the most effective interventions available for reducing dizziness, vertigo, and vestibular disorders.
- Combine multiple approaches for better outcomes, including balance training, vestibular rehabilitation, gaze stabilization, targeted exercises and more.
- Design effective, innovative plans of care for a wide range of diagnoses.
- Apply the assessments and interventions discussed in this seminar to a series of interactive case scenarios.

### Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a DVD package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



### Seminar on DVD Package:

You can purchase a self-study package on the subject. You will receive a set of DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesirehab.com](http://www.pesirehab.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

PESI, Inc. is proud to offer this seminar (at these locations only) **free of charge** (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

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### Mindful Chair Yoga: 50+ Practices for All Ages

By Mayuri Gonzalez and Jennifer Cohen Harper, MA, E-RCYT



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## Live Seminar Schedule

**7:30** Networking / Coffee & Tea / Registration

**8:00** Program begins

**11:50-1:00** Lunch (on your own)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

## Questions?

Call customer service at **800-844-8260**



## Live Seminar Continuing Education Credit Information

*Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.*

*If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.*

*Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.*

*PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.*

**ATHLETIC TRAINERS:** PESI, Inc. is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 6.25 hours of Category A continuing education.

**NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**KANSAS OCCUPATIONAL THERAPISTS AND OCCUPATIONAL THERAPY ASSISTANTS:** This course has been sent to the Kansas Occupational Therapy Association for review. Credit is pending.

**PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS:** This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

**ILLINOIS PHYSICAL THERAPISTS AND PHYSICAL THERAPIST ASSISTANTS:** PESI, Inc. is a Registered Physical Therapy Continuing Education Sponsor through the State of Illinois Department of Financial and Professional Regulation, Division of Professional Regulation. License #: 216.000270. This course qualifies for 6.0 CE Credit Hours.

**KANSAS PHYSICAL THERAPY PROFESSIONALS:** This course has been sent to the Kansas Physical Therapy Association for review.

**PHYSICIAN ASSISTANTS:** AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1™ from organizations accredited by ACCME such as PESI. Physician assistants may receive a maximum of 6.0 hours of Category 1 credit for completing this program.

**APPROVED PROVIDER**

PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**AUDIOLOGISTS:** This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**AUDIOLOGISTS ONLY:** To be reported to ASHA, while completing the online post-test/evaluation, please answer YES to the question: "Are you a Speech-Language Pathologist and/or Audiologist requesting to have your credit hours reported to the ASHA CE Registry to earn ASHA CEUs?" and include your ASHA number. After completing and passing the online post-test/evaluation, your information will automatically be sent to [cepesi@pesi.com](mailto:cepesi@pesi.com) to be reported. If you forget to answer yes, please send an email to [cepesi@pesi.com](mailto:cepesi@pesi.com) with the following information: full title of the activity, speaker name, date of live broadcast, date you completed the post-test, and your name and your license number.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

## How to Register

HOW TO SUCCESSFULLY TREAT DIZZINESS, VERTIGO, AND VESTIBULAR DISORDERS: THE ULTIMATE HANDS-ON GUIDE TO TODAY'S BEST INTERVENTIONS  
**Questions?** Call 800-844-8260 or e-mail us at [info@pesirehab.com](mailto:info@pesirehab.com).

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### 2 Check location: (make copy of locations)

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**ADA NEEDS**  
 We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

**WALK-INS**  
 Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

**TUITION OPTIONS**

- **FREE Military Tuition:** PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*
- **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesirehab.com/coord](http://www.pesirehab.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.
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**3 Check tuition:**  
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**How to Successfully Treat Dizziness, Vertigo, and Vestibular Disorders: The Ultimate Hands-on Guide to Today's Best Interventions**

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