

Pediatric Complex Feeding Issues

2-DAY INTENSIVE TRAINING

Children do not present with one area of difficulty when it comes to feeding — it is typically a mix of behavior, sensory and oral motor issues. As a result, we need to learn how to adjust on the fly when a child throws us a curve ball in session that doesn't fit with our treatment plan.

In this 2-day intensive training, I will show you how to use a roadmap to navigate the muddy waters of feeding and learn how to seamlessly move between sensory, motor and behavior strategies to create the best individualized treatment plan for each child.

Through video case examples, I will show you treatment strategies, and hands-on exercises to gain the knowledge needed to successfully treat feeding difficulties.

You'll walk away with advanced techniques to:

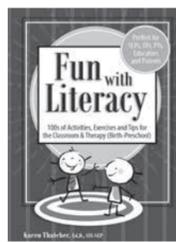
- Evaluate the causes of mealtime difficulties: behavior, sensory, oral motor, or a combination
- Increase the range of foods, decrease rigidity around mealtimes
- Increase jaw strength and decrease ineffective lip closure, or poor tongue lateralization
- Use deep breathing and proprioceptive input to address self-regulation at the table
- Educate parents and caregivers to promote carryover at home
- Increase self-regulation around feeding
- Increase food play and exploration to increase food acceptance

Don't miss out! Come join me to learn how to put all the pieces together for children with complex feeding issues.

This was a much needed course. I am better informed. I understand the differences in how the medical and the clinical community is addressing feeding issues and topics relevant to feeding issues. I can make a direct impact as well as disseminate more accurate information to staff and caregivers. Thank you.

—Joy H., OT

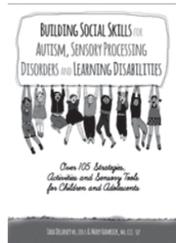
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By Karen Thatcher, EdD, CCC-SLP

This incredible resource makes adapting therapy to include literacy simple, fun and inexpensive. Whether you're an **OT, SLP, PT, educator** or **parent**, *Fun with Literacy* gives you hundreds of multi-disciplinary activities to improve literacy skills in children ages birth to preschool.



Building Social Skills for Autism, Sensory Processing Disorders and Learning Disabilities:

Over 105 Strategies, Activities and Sensory Tools for Children and Adolescents

By Tara Delaney MS, OTR/L & Mary C. Hamrick, MA, CCC-SLP

A revolutionary workbook to help professionals use the sensory system to teach complex social skills – build self-awareness and increase executive functioning. Includes dozens of reproducible skills, group and therapy sessions, worksheets and activities. A must have tool for professionals, teachers and parents.

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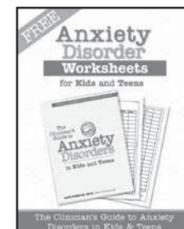
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Pediatric Complex Feeding Issues

2-DAY INTENSIVE TRAINING

Cherry Hill, NJ
Tuesday-Wednesday
September 17-18, 2019

King of Prussia, PA
Thursday-Friday
September 19-20, 2019

Upcoming Live Video Webcast
Thursday-Friday
October 17-18, 2019



Register now! pesirehab.com/express/72384

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Outline

The Complexities of Feeding

Definition and prevalence – new information; move toward Pediatric Feeding Disorder

Overlap of sensory processing skills, oral motor skills and behaviors

Normal developmental key points

Neurological foundations

Trauma, feeding and impact on brain

NICU and medical trauma, NG Tubes, trachotmesty, etc

Negative experience around feeding gagging, retching, pain with eating...

Evaluation of Feeding Skills

Differentiate between sensory overload and behaviors during feeding

Activity analysis of feeding – *Evaluation videos and group analysis*

Information obtained - what questions to ask

Oral motor evaluation - jaw, lips, tongue strength; range of motion for feeding

Hands-on draw to learn lab

Sensory Integration Strategies

Research-backed sensory play-based approach

Decrease sensory over-responsivity to foods

Use food exploration/cooking for older kids

Self-regulation to engage body during feeding

Core engagement

Breathing exercises

Therapeutic use of music

Heavy work

Oral Motor Skills

Lab — Oral motor exercises, kinesiotaping, stretching

Children who don't swallow safely – saliva management, increase swallowing...

Food in Therapy

Taste Lab — Sensory feedback and motor requirement needed for each food texture

Progression of food texture

Match food presented in therapy to child's sensory needs and motor skills

Nutritional considerations

Behaviors During Mealtimes

Environmental strategies to set children up for success

Manage common mealtime behaviors - throwing foods, not sitting, crying during mealtimes

Increase cooperation using the "just right challenge"

Shift between treatment frameworks

How to use the "feeding roadmap"

Special Considerations

Autism

Cerebral Palsy

Down Syndrome

Children who don't eat by mouth/G-Tube

Medically complex children

Promote Carry-Over At Home

Educate parents who are stressed and in survival mode

Help families have realistic expectations

Easy-to-implement home programs that parents will do

Help parents to change the relationship between child and food

Live Training Schedule (both days):

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (on your own)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Objectives

1. Articulate the complexities of feeding and the sensory, behavioral and motor factors that play a role in a child's ability to eat.
2. Explore the neurological basis for how and why many feeding aversions develop and continue.
3. Connect the misconceptions about feeding and the implications on a child's feeding experience.
4. Differentiate between sensory overload and behaviors to effectively apply treatment strategies.
5. Describe which muscles are needed for chewing and swallowing to better identify when dysfunction in the muscle is occurring.
6. Implement play approaches to increase types of foods.
7. Use various behavior and sensory techniques to increase regulation at the table.
8. Implement oral motor exercises and strategies to promote feeding patterns such as rotary chewing pattern, lip closure, and tongue lateralization.
9. Explore the progression of food texture and choice foods that match the sensory and motor skills.
10. Demonstrate the use of behavior strategies effectively to increase compliance during therapy.
11. Explore unique challenges with various diagnoses such as autism, cerebral palsy and more to modify treatment accordingly.
12. Support and guide the parents, caregivers, and other family members through often emotional or stressful mealtimes.

Speaker

Jessica Hunt, OTR/L, is well-known for her experience in treating pediatric feeding and sensory processing disorders in both the home and clinical settings. She serves children by bringing her expertise directly into the home setting through her company J.L. Hunt Therapeutics. Previously Ms. Hunt worked for 10 years at Kaufman Children's Center as the director of the occupational therapy and sensory integrations programs and then as the director of the feeding and oral motor programs. She is certified in sensory integration, receiving her Sensory Integration and Praxis Test (SIPT) certification in 2008, and she had studied with Lucy Jane Miller, PhD, OTR, who is nationally recognized for sensory research, education, and treatment. Ms. Hunt received her bachelor's degree in occupational therapy from Wayne State University in 2003. She gained expertise in "picky eating," oral-motor therapy through trainings that include the Beckman Protocol and Talk Tools, behavior issues with feeding, feeding strategies for children who have autism, and treating medically challenging children. She is also trained in craniofacial therapy, and received advanced training in Therapeutic Listening, Integrated Listening System, and Handwriting without Tears.

Speaker Disclosures:
 Financial: Jessica Hunt maintains a private practice. She receives a speaking honorarium from PESI, Inc.
 Non-financial: Jessica Hunt has no relevant non-financial relationship to disclose.

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Valuable Seminar For Professional
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Jessica Hunt is a natural, well-spoken presenter. Her command of the content is evident. Practicing clinicians make the best presenters! Her videos enhanced the presentation.

Very well done. Thank you!

—Lisa M, SLP

Live Training Continuing Education Information

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