

PSYCHOPHARMACOLOGY CERTIFICATE COURSE

for Mental Health Clinicians

Clients taking psychotropic medications need an advocate who can help them make sense of the whirlwind of information regarding what drugs are good for what conditions, potentially dangerous side effects and adverse reactions, and possible alternative treatments. They need someone who can not only effectively communicate vital information to them but can also collaborate with prescribers to determine the best course of action to take. **Simply put, these clients need you, and so you need this current and comprehensive certificate training in psychopharmacology.**

As a licensed psychiatric nurse practitioner with full independent prescriptive practice, **Susan Marie, PHD, PMHNP, CARN-NP** has the expertise necessary to guide you through the newest advances in psychopharmacology and contemporary trends in medication management. You will get the advantage of an intimate, in-depth look at the key issues from a vantage point that understands the experiences of clients, mental health professionals, and prescribers.

Susan's engaging presentation includes many take home "pearls" you can use to teach your clients about their medications and how to protect them from concerning, dangerous or adverse effects. You will find this conference to have the most up-to-date medication information and how to use it most effectively with your clients.

Space is limited!
Sign up today to earn your certificate!

Target Audience:

Counselors • Social Workers • Psychologists • Psychotherapists
Case Managers • Marriage and Family Therapists • Nurses
Nurse Practitioners • Clinical Nurse Specialists • Addiction Counselors
Occupational Therapists • Occupational Therapy Assistants
Psychiatrists • Other Mental Health & Healthcare Professionals

Learning Outcomes

- 1 Describe the expanding role of the mental health clinician in issues related to clients' psychotropic medication use.
- 2 Analyze the actions, therapeutic uses, and side effects of antidepressants.
- 3 Explain how to recognize problematic prescribing patterns related to benzodiazepines and what can be done to resolve them.
- 4 Summarize effective strategies for improving outcomes of clients taking mood stabilizers.
- 5 Determine how to help clients manage possible side effects of antipsychotic medications.
- 6 Explore psychotropic medication treatment options for clients with Attention Deficit/Hyperactivity Disorder.
- 7 Contrast the benefits and risks of using hypnotics vs. alternative treatment options for sleep disorders.
- 8 Determine how to effectively incorporate medication treatment options for substance use disorders into an overall plan of care.
- 9 Communicate the efficacy of psychotropic medications in treating eating disorders and how to integrate their use with psychotherapy.
- 10 Evaluate the unique medication treatment considerations for geriatric clients.
- 11 Scrutinize the use of psychopharmacology interventions for women's health issues in light of the current evidence.
- 12 Ascertain the effectiveness of complementary and alternative agents for treatment of psychiatric conditions.

Susan Marie, Ph.D., PMHNP, CARN-AP, a licensed psychiatric nurse practitioner with full independent prescriptive practice and certification in addictions, brings to you over 30 years of clinical experience with highly vulnerable clients with suicidality, co-occurring addition, homelessness, serious mental illnesses, traumatic brain injuries, and persistent pain conditions. She is noted for her "pearls and pitfalls" of psychopharmacology. Her passions are radical respect for people with serious mental illnesses & addictions, excellence in psychopharmacology, and integrating psychotherapeutic interventions for clients with PTSD, addictions and chronic pain.

Dr. Marie is Senior Clinical Director for Behavioral Health at Old Town Clinic, Central City Concern and Associate Professor at Oregon Health and Science University in Portland, Oregon. She teaches nationally on psychopharmacology as well as suicide assessment and intervention.

Speaker Disclosure:
Financial: Susan Marie is an Associate Professor for Oregon Health & Science University. She receives a speaking honorarium from PESI, Inc.
Non-financial: Susan Marie has no relevant non-financial relationship to disclose.

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PSYCHOPHARMACOLOGY CERTIFICATE COURSE

for Mental Health Clinicians

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Monday & Tuesday
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PSYCHOPHARMACOLOGY CERTIFICATE COURSE

for Mental Health Clinicians

- "First line" medications for a variety of mental health conditions
- Common and potentially dangerous adverse side effects
- Psychiatric conditions that respond well to medications, and those that may require alternative treatment options
- How to effectively communicate and collaborate with prescribing practitioners
- What to know about current controversies in the field

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Comprehensive Course Agenda

THE VITAL, AND EXPANDING, ROLE OF THE MENTAL HEALTH CLINICIAN IN PSYCHOPHARMACOLOGY

Understand, and explain, drug metabolism and mechanism of action

Recognize when to refer for medication, and how to increase client interest and participation

Develop highly effective collaborations with prescribers

WHAT THE MENTAL HEALTH CLINICIAN NEEDS TO KNOW ABOUT:

Depressive Disorders

Neurochemistry of depression

Controversy regarding antidepressants and placebo – Who to treat when?

Types of antidepressants – pearls and pitfalls of different agents

Managing side effects

Treatment-Resistant Depression and drug combinations

Anxiety, Obsessive-Compulsive, & Trauma-Related Disorders

Neurochemistry of anxiety

SGAD, panic disorder, phobias

OCD

PTSD

Physiological interventions

Anti-anxiety medications

Antidepressants

The many other options often ignored

Benzodiazepines: risks and benefits

How to recognize problematic prescribing patterns

Getting off benzos: key pearls for success

Managing side effects

Bipolar Disorders

Neurochemistry and symptoms

The Bipolar Spectrum concept & DSM-5® changes

Types of mood stabilizers, when to use which and potential adverse effects

Lithium

Anticonvulsants

Atypical antipsychotics

Augmenting agents

Effective strategies for improving outcomes for clients

Using blood levels effectively – what the prescriber may not be watching

Treating pregnant or potentially pregnant women with bipolar disorder

Psychotic Disorders/Schizophrenia

Neurochemistry of psychosis and schizophrenia

Antipsychotic Medications:

First generation (typical)

Second generation (atypical)

Managing side effects

Extrapyramidal symptoms and TD

Metabolic problems – what blood tests are needed and when

Preventing Diabetes Mellitus

Recognizing hyperprolactinemia – and why you need to know

Use of atypical antipsychotics for multiple disorders

Pregnancy and psychotic disorders

Attentional Disorders

Differential diagnosis

Neurochemistry of ADHD

Controversy about treatment of ADHD with stimulants

Substance abuse and ADHD

Stimulant medications

Non-stimulant options

Managing side effects

Sleep Disorders

Differential diagnosis

Chicken or the egg? What came first, sleep problems or mental illness?

Controversy about treating sleep problems with hypnotics

Sleep interventions that really work

Hypnotic medications: risks and benefits

Alternatives to hypnotics

Recognizing adverse effects

Substance Use Disorders

Neurochemistry of addiction & habit development

Drugs of abuse and interaction with psychiatric medications

Caffeine

Nicotine

Marijuana (discussion of medical marijuana, cost vs. benefit)

Others

Challenging the old thinking about when to prescribe for clients with dual diagnosis – what we now know

Medication assisted treatments for addictions

Alcohol

Nicotine

Cannabis

Opiates

Behavioral addictions – what we know works

Eating Disorders

Anorexia, bulimia, binge eating disorder

Weight gain from psychotropic medications

Recognizing medical emergencies

Standard of care for lab work

Integrating psychotherapy with psychopharmacology

Special Populations: Geriatric

Specialized guidelines for geriatric clients

Discussion of dementia treatment

Antipsychotic controversy

Special Populations: Women

Hormonal issues in mood disorders & anxiety

Pregnancy and breastfeeding -

Presenting the choices

Resources for you and your clients

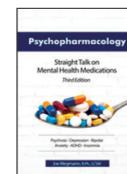
The dangerous, the concerning, and the possibly good options for psychopharmacology

Use of Complementary and Alternative Agents Across Psychiatric Conditions

Safety issues

Proven efficacy and dosin

Save by Including These Products with Registration!



Psychopharmacology

Straight Talk on Mental Health Medications - Third Edition

By Joseph F. Wegmann, Pharm.D., LCSW

A definitive guide to expand your knowledge in the pharmacological and behavioral treatment of psychosis, anxiety, depression, bipolar, insomnia and ADHD. Updates for the third edition include DSM-5® applications, newly released psychiatric meds, new risk factors with antidepressants, and the latest in geriatric psychopharmacology.



Somatic Psychotherapy Toolbox

125 Worksheets and Exercises to Treat Trauma & Stress

By Manuela Mischke-Reeds, MA, MFT

From over 25 years of clinical experience, Manuela Mischke-Reeds, MA, LMFT, has created the go-to resource for mental health therapists who want to incorporate somatic techniques into their daily practice. Highly-effective for clients dealing with trauma and stress disorders, somatic psychotherapy is the future of healing the entire person-body and mind.

Live Course Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "Live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Network.

ADDICTION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

COUNSELORS: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MASSACHUSETTS COUNSELORS: Application for MaMHCA/MMCEP continuing education credits has been submitted. Please contact us at 800-844-8260 or info@pesi.com for the status of LMHC CE certification.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MASSACHUSETTS MARRIAGE & FAMILY THERAPISTS: This course has been submitted for review for continuing education approval. Credit is pending.

NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial attendance.

NURSE PRACTITIONERS: This program offers 760 instructional minutes of pharmacology content which is designed to qualify for 12.6 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Scott Simpson at ssimpson@pesi.com or call 715-855-5263.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education.

Provider #: 3322. Full attendance at this course qualifies for 12.5 contact hours or 1.25 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PSYCHOLOGISTS AND PSYCHIATRISTS: The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACGME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 12.5 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

PSYCHIATRISTS: PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for psychiatrists.

PESI, Inc. designates this enduring material for a maximum of 12.5 AMA PRA Category 1 Credit(s). Psychiatrists should only claim credit commensurate with the extent of their participation in the activity.

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

OTHER PROFESSIONS: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

How to Register

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2 Check Attendance Option

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ADA NEEDS
We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS
Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

- **FREE Military Tuition:** PESI, Inc. is proud to offer this seminar free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*
- **\$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
- **Groups of 5 or more:** Call 800-844-8260 for discounts.
- **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students or call 800-844-8260 for details. *Advance registration required. Cannot be combined with other discounts.*



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2-Day Psychopharmacology Certificate Course for Mental Health Clinicians

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Live Seminar & Webcast Schedule
(Times listed in Eastern)

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch *(on your own)*

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

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