

Outline

The Full Picture of the Total Joint Patient *Why looking in isolation can be disastrous*

- How you can miss predisposing factors for DJD with a nonfunctional approach
- Examine the whole LE kinetic chain with functional test observations

Today's Total Joint Procedure

What we can learn by watching surgical videos

- The new reality – reducing the amount of rehab care post-op
- Post-op approaches should vary based upon procedure and component used in surgery
- 6 surgical advancements that could affect your plan of care
 - Using muscle sparing approaches
 - Computerized mapping
 - Robotics
 - Peri-operative blood loss
 - Pain control measures
 - 3D custom designed implants

Acute Post-op Recovery Interventions

How to maintain a robust post-op rehab plan for same-day discharges

- New CMS guidelines for total joint patients: seeing patients right after surgery

- Confidently managing:
 - Pain management, opioid tolerance, and opioid induced constipation (OIC)
 - Active and passive TED strategies
 - Wound care/infection prevention: early identification of wound versus joint infection
 - Blood thinners: various types, early warning signs of high anticoagulant levels, and identifying DVT versus cellulitis or poor edema control compliance
 - Patient education on positioning, safe transfers and mobility

Use Functional Dynamics for Optimal Returns

Hands -on Lab

- REMEMBER: Exercising joints in isolation will NOT progress your patients faster, further
- Progress the LE as a functional unit
 - Video demonstration of techniques
- Incorporate closed chain kinematics that lead to successful outcomes in reduced time
- Returning normal gait mechanics using proprioceptive, balance, and coordination activities

Live Seminar & Webcast Schedule

(Times Listed in Pacific)

7:30: Registration/Morning Coffee & Tea

8:00: Program begins

11:50 - 1:00: Lunch (*on your own*)

4:00: Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).

Actual lunch and break start times are at the discretion of the speaker.

A more detailed schedule is available upon request.

REHAB SUMMIT

LAS VEGAS

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Who Should Attend

Physical Therapists • Physical Therapist Assistants • Nurses • Occupational Therapists
Occupational Therapy Assistants • Athletic Trainers • Exercise Physiologists
Certified Strength and Conditioning Specialists • Rehabilitation Managers • Personal Trainers

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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Advanced Treatment for Total Hip & Knee Replacement

Faster Recovery and Improved Outcomes

Portland, OR
October 10, 2019

Bellevue, WA
October 11, 2019

Live
Video Webcast
October 11, 2019

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Advanced Treatment for Total Hip & Knee Replacement

Faster Recovery and Improved Outcomes

- Confidently keep up with today's accelerated pace of surgery by learning advanced techniques for total hip and knee replacements
- 3 quick steps to achieve early functional mobility goals
- 5 latest strategies to optimally return patients back to activity
- Quickly and easily address early signs of adverse events
- BONUS: actual videos of joint replacement procedures

Portland, OR
Thursday
October 10, 2019

Bellevue, WA
Friday
October 11, 2019

Live
Video Webcast
Friday
October 11, 2019



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Your work with total joint patients can be rewarding – watching those you treat return to life and, at times, more function that they’ve experienced in years. But the pressure to get your patients there – and faster – can be maddening. Shorter rehab visits. Advanced surgical techniques. Medication management. Surgical complications.

Sharpen your skills by understanding the surgical procedure of hip and knee replacement and how surgical advancements can affect your plan of care. Face those difficult challenges like opioid management, wound care, infection prevention, and patient education head on with what you learn in this important seminar. Finally, gain hands-on experience you can use tomorrow to turn patient's function faster and reduce the possibilities of any setbacks.

TERRY L RZEPKOWSKI, DPT, MS, BS, is a licensed doctor of physical therapy with a specialization in orthopedic homecare physical therapy. Throughout his 36-year career, he has specialized in orthopedics, specifically total joint replacement surgery and musculoskeletal outpatient rehab as an independent private owner. Terry has worked on post-operative orthopedic units, serving as an acute care staff therapist, and trauma traction specialist.

As a sought-after national CEU presenter, Terry enjoys sharing his knowledge with interdisciplinary audiences around the country speaking on shoulder, hip, and knee injuries with advances in operative and non-operative management. He is excited to share his knowledge and years of practice experience for a better understanding in the management of the total joint rehabilitation patient.

1. Demonstrate a functional approach to assess the LE as a connected chain.
2. Assess altered joint mechanics and muscle imbalance impact of joint function.
3. Compare and contrast traditional joint replacement approaches versus newer MIS and MSS surgical approaches.
4. Evaluate the advantages of computerized and robotic assisted replacement surgeries.
5. Address early signs of adverse events.
6. Assess a multi-modal approach to post-operative pain.
7. Recognize the accelerated return to activity timeline of today's post-surgical patient.
8. Participate in hands-on lab practice sessions that will focus on advanced intervention strategies for the total hip and knee patient.

