### **Outline**

#### The Full Picture of the Total Joint Patient Why looking in isolation can be disastrous

- How you can miss predisposing factors for DJD with a nonfunctional approach
- Examine the whole LE kinetic chain with functional test observations

### **Today's Total Joint Procedure** What we can learn by watching surgical

- The new reality reducing the amount of rehab care post-op
- Post-op approaches should vary based upon procedure and component used in
- 6 surgical advancements that could affect your plan of care

Using muscle sparring approaches Computerized mapping Robotics

Peri-operative blood loss Pain control measures

3D custom designed implants

#### **Acute Post-op Recovery Interventions** How to maintain a robust post-op rehab plan for same-day discharges

 New CMS guidelines for total joint patients: seeing patients right after · Confidently managing:

Pain management, opioid tolerance, and opioid induced constipation (OIC) Active and passive TED strategies Wound care/infection prevention: early identification of wound versus joint infection

Blood thinners: various types, early warning signs of high anticoagulant levels, and identifying DVT versus cellulitis or poor edema control

Patient education on positioning, safe transfers and mobility

#### **Use Functional Dynamics for Optimal** Returns

#### Hands -on Lab

- REMEMBER: Exercising joints in isolation will NOT progress your patients faster,
- Progress the LE as a functional unit Video demonstration of techniques
- Incorporate closed chain kinematics that lead to successful outcomes in reduced
- Returning normal gait mechanics using proprioceptive, balance, and coordination activities

### LAS VEGAS

rehabsummit.com

### **Live Seminar & Webcast** Schedule (Times Listed in Pacific)

7:30: Registration/Morning Coffee & Tea

**11:50 - 1:00:** Lunch (on your own)

**4:00:** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

# 8:00: Program begins

July 29-August 1, 2020

### Who Should Attend

Physical Therapists • Physical Therapist Assistants • Nurses • Occupational Therapists Occupational Therapy Assistants • Athletic Trainers • Exercise Physiologists Certified Strength and Conditioning Specialists • Rehabilitation Managers • Personal Trainers

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# Advanced Treatment for Total Hip & Knee Replacement

**Faster Recovery and Improved Outcomes** 

- Confidently keep up with today's accelerated pace of surgery by learning advanced techniques for total hip and knee replacements
- 3 quick steps to achieve early functional mobility goals
- 5 latest strategies to optimally return patients back to activity
- Quickly and easily address early signs of adverse events
- BONUS: actual videos of joint replacement procedures

Portland, OR

Thursday October 10, 2019 Bellevue, WA Friday October 11, 2019

Live **Video Webcast** Friday October 11, 2019



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### Advanced Treatment for Total Hip & Knee Replacement

Your work with total joint patients can be rewarding – watching those you treat return to life and, at times, more function that they've experienced in years. But the pressure to get your patients there – and faster – can be maddening. Shorter rehab visits. Advanced surgical techniques. Medication management. Surgical complications.

Take the pressure off by learning the latest evidence-based strategies in total joint replacement. Leave this seminar feeling confident to treat this growing population within a limited time so that you can get them back to the activities they once loved.

Sharpen your skills by understanding the surgical procedure of hip and knee replacement and how surgical advancements can affect your plan of care. Face those difficult challenges like opioid management, wound care, infection prevention, and patient education head on with what you learn in this important seminar. Finally, gain hands-on experience you can use tomorrow to return patient's function faster and reduce the possibilities of any setbacks.

Sign up today and watch your practice with this growing population thrive for years to come.

### **Speaker**

**TERRY L RZEPKOWSKI, DPT, MS, BS,** is a licensed doctor of physical therapy with a specialization in orthopedic homecare physical therapy. Throughout his 36-year career, he has specialized in orthopedics, specifically total joint replacement surgery and musculoskeletal outpatient rehab as an independent private owner. Terry has worked on post-operative orthopedic units, serving as an acute care staff therapist, and trauma traction specialist.

Terry currently works as an associate professor of anatomy for OTD and DPT students in the Tampa area and supervises students caring for orthopedic patients in a pro bono clinic with additional responsibilities for instruction in the areas of neuro anatomy, biomechanics, differential diagnosis, kinesiology, test and measures, and therapeutic exercise.

As a sought-after national CEU presenter, Terry enjoys sharing his knowledge with interdisciplinary audiences around the country speaking on shoulder, hip, and knee injuries with advances in operative and non-operative management. He is excited to share his knowledge and years of practice experience for a better understanding in the management of the total joint rehabilitation patient.

Speaker Disclosures

Financial: Terry Rzepkowski is an Assistant Professor for Nova Southeastern University Tampa; and an Assistant Professor for South University Tampa. He receives a speaking honorarium from PESI, Inc.

Non-financial: Terry Rzepkowski is a member of the American Physical Therapy Association (APTA).

### **Objectives**

- 1. Demonstrate a functional approach to assess the LE as a connected chain.
- 2. Assess altered joint mechanics and muscle imbalance impact of joint function.
- Compare and contrast traditional joint replacement approaches versus newer MIS and MSS surgical approaches.
- 4. Evaluate the advantages of computerized and robotic assisted replacement surgeries.
- 5. Address early signs of adverse events.
- 6. Assess a multi-modal approach to post-operative pain.
- 7. Recognize the accelerated return to activity timeline of today's post-surgical patient.
- 8. Participate in hands-on lab practice sessions that will focus on advanced intervention strategies for the total hip and knee patient.



PESI, Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.* 



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**Opioid Use Disorder:** A Holistic Guide to Assessment, Treatment, and Recovery

By Charles Atkins, MD

Overdoses have lowered the life expectancy in the United States for two years in a row. The leading cause -- opioids. This epidemic has spread through every sector of our country, destroying lives as parents, friends, families, and those entrapped by opioids struggle to find help.

### Live Webcast Details and Live Webcast Continuing Education Credit Information

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### Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**ATHLETIC TRAINERS:** PESI, Inc. is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 6.25 hours of Category A continuing education.

**EXERCISE PHYSIOLOGISTS:** ASEP members will earn 5.0 CECs for full attendance at this seminar. The ASEP allows members to earn a maximum of 10 CECs in any one 5 year period.

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PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level:

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This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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### ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

#### WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

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