# **CERTIFIED CLINICAL** TRAUMA PROFESSIONAL

# **Two-Day Trauma Competency Conference**

#### The successful resolution of traumatic stress can be simple.

Studies indicate that there are four key elements to effective trauma treatment. When you accomplish these four key elements in treatment with your clients, you will be able to reduce their symptoms and improve clinical outcomes.

Attend this conference and you will walk away with a step-by-step four-stage framework for navigating essential elements of trauma treatment with your traumatized clients.

The essential elements are common to all evidence-based trauma treatments, you will learn how you can integrate this framework with your current approach or methodology to make your trauma treatment even more effective!

This trauma competency training can **transform your clinical practice and help improve your trauma treatment outcomes**, just as it has for other clinicians around the

\*\*In addition, completion of this two-day conference meets the educational requirements when applying to become a Certified Clinical Trauma Professional (International Association of Trauma Professionals, www.traumapro.net)

# Meet Your Speaker

Eric Gentry, Ph.D., LMHC, is an internationally recognized leader in the field of disaster and clinical traumatology, having trained thousands of professionals and paraprofessionals worldwide in the treatment of traumatic stress. His doctorate is from Florida State University where he studied with Professor Charles Figley, one of the pioneers of traumatic stress. Dr. Gentry was one of the original faculty members of the Traumatology Institute and later became the co-director of the International Traumatology Institute at the University of Southern Florida. Dr. Gentry, along with Dr. Anna Baranowsky, is the co-author and co-owner of the Traumatology Institute Training Curriculum – 17 courses in field and clinical traumatology leading to seven separate certifications.

Dr. Gentry has been a clinical member of several CISM teams and has provided assistance in many different disaster and critical incidents including Oklahoma City, New York City, and hurricanes in Florida. He was the developer of the Community Crisis Support Team, which began in Tampa, Florida, and has become a model for communities to integrate mental health services into their disaster response network.

Dr. Gentry is the co-author of the critically acclaimed Trauma Practice: Tools for Stabilization and Recovery (Third Edition) (Hogrefe Publishing, 2014). His other books include Forward Facing Trauma Therapy (Compassion Unlimited, 2016) and is the co-author of the coauthored Trauma, PTSD, Grief & Loss: The 10 Core Competencies for Evidence-Based Treatment (PESI, 2017). Additionally, Dr. Gentry has published many research articles, book chapters, and periodicals in this maturing area of study. He has a private clinical and consulting practice and is adjunct faculty at many universities. Dr. Gentry draws equally from his scientific study and from his rich history of 30+ years of clinical experience with trauma survivors to balance this training with current, empirically grounded information and experienced-based compassionate intervention skills. You will be challenged, inspired, and uplifted by Dr. Gentry and this unique training.

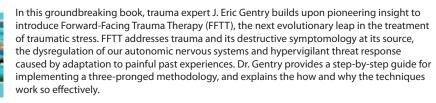
Financial: J. Eric Gentry receives compensation as Owner of Compassion Unlimited. He receives royalties as an author for Hogrefo & Huber Publishing. Dr. Gentry receives a speaking honorarium from PESI, Inc. Non-financial: J. Eric Gentry has no relevant non-financial relationship to disclose.

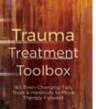
\*SAVE by including these products with your seminar registration!



# Forward-Facing Trauma Therapy: Healing the Moral Wound

By J. Eric Gentry, Ph.D., LMHC Your Presenter!



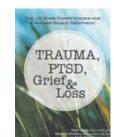


#### Trauma Treatment Toolbox

165 Brain-Changing Tips, Tools & Handouts to Move Therapy Forward

By Jennifer Sweeton, Psy.D., M.S., M.A.

The latest research from neuroscience and psychotherapy has shown we can rewire the brain to facilitate trauma recovery. Trauma Treatment Toolbox teaches clinicians how to take that brain-based approach to trauma therapy, showing how to effectively heal clients' brains with straightforward, easy-to-implement treatment techniques. Each tool includes a short list of post trauma symptoms, relevant research, application, and clinician tips on how to complete the exercise.



### Trauma, PTSD, Grief & Loss:

The 10 Core Competencies for Evidence-Based Treatment

By Michael Dubi, Ed.D., LMHC, Patrick Powell, EDD, LMHC, LPC, NCC & J. Eric Gentry, Ph.D., LMHC Your Presenter!

A holistic and systemic path of understanding traumatic stress. Key approaches and effective interventions include Feedback Informed Therapy, self-regulation, EMDR, Tri-Phasic Models, exposure-based therapies, CBT and Narrative Exposure Therapy.

More info and resources at www.pesi.com/bookstore



# **BONUS**

**Get a FREE IATP** membership by attending! A \$99.99 value!

The IATP is a non-profit membership association providing trauma professionals with **state-of-the-art** training, education, certification and research.

#### **Benefits of Membership:**

- Certificate of Membership
- \$25 Discount on all live one-day and multi-day PESI seminars across the United States
- 10% Discount on all PESI books, CDs, DVDs and digital seminars
- Traumatology Tool Kit (assessment instruments, treatment protocols)

Visit the IATP website at www.traumapro.net for more details on the non-profit association.

## **Conference Target Audience:**

Counselors • Social Workers • Psychologists • Case Managers • Addiction Counselors Therapists • Marriage & Family Therapists • Other Mental Health Professionals • Nurses

**Questions?** Call customer service at **800-844-8260** 







OAKLAND, CA **Monday & Tuesday** 

September 23 & 24, 2019 September 26 & 27, 2019

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**Thursday & Friday** 

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Two-Day Trauma Competency Conference



Featuring trauma expert and author Eric Gentry, Ph.D., LMHC

OAKLAND, CA **Monday & Tuesday** 

September 23 & 24, 2019

PALO ALTO, CA **Thursday & Friday** 

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**BONUS** Get a FREE IATP membership by attending! A \$99.99 value! Benefits to membership

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#### A Brief History and Evolution of **Traumatic Stress, Grief & Loss**

Symptom review Review of effective treatments Tri Phasic model Most commonly used instruments to assess

Systemic traumatic stress theory

#### Core Competencies of Traumatic Stress, Grief & Loss

#### **Bio-Psycho-Social-Spiritual Factors that Produce Anxiety & Traumatic Stress**

Precipitating events Meaning making Physiology of trauma Perception

Trauma adaptation

traumatic stress

#### Adaptive and maladaptive coping behaviors

Systemic influences Emotional & psychological stressors Integrated theoretical concepts from stress, crisis & trauma theories Information processing model Psychosocial model

#### **Review of Effective Treatment Interventions**

Cognitive Behavioral Techniques (PE, CPT & SIT) **EMDR & Bilateral Stimulation** Thought Field Therapy (TFT)/Emotional Freedom Techniques (EFT)

Sensorimotor

#### The Biochemical, Affective, and Cognitive **Impacts of Traumatic Stress**

Affective volatility The body keeps the score Biology of traumatic stress

#### The Impacts of Traumatic Stress **Over Time & Across & Within Developmental Stages**

**Epigenetics** 

Reactive Attachment Disorder Adrenal fatique

#### **The Role of Traumatic Stress** in Clinical Disorders such as **Personality Disorders, Dissociative Identity Disorder, and More**

Traumagenesis Traumaddiction Comorbidity

#### Conceptualizing a Framework of **Healing for Survivors of Traumatic** Stress

Systemic perspective Strengths perspective Survivor metaphor

#### **Traumatic Stress Exists Across the Continuum of Systemic Levels**

Systemic trauma theory Community trauma Vicarious secondary traumatization

### **Theories of Traumatic Stress, Loss** and Grief

Information processing model Psychosocial model Contemporary thoughts

#### **Bereavement and Adjustment** Disorders

Supporting normal bereavement Treating complicated bereavement

#### **Assessment of Traumatic Stress** Disorders

Diagnostic and Statistical Manual of the APA DSM-5® changes ACE & developmental trauma Diagnosing PTSD with the PCL-5

#### **Evidence-Based Techniques/** Interventions

Relaxation/self-regulation

Grounding Containment

> Writing/journaling Drawing art

Healing metaphors Transitional objects

#### **Demonstrations: Interactive Exercises/Application of Skills**

Cognitive Behavioral Techniques Narrative Exposure Therapy Technique Thought Field Therapy (TFT)

**Bilateral Stimulation** 

#### Limitations of the Research and **Potential Risks**

Limitations of many accepted models of trauma

Weaknesses and limitations of evidence-based trauma treatment models

Limitations of the diagnostic (DSM-5 ®) system Limitations and potential risks in grief work, due to research scarcity on the topic

**Closure: Lessons Learned** 



PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for reterans and active duty military personnel. Limited seats available; advance online registration required.

# Objectives

- 1. Examine the nature of traumatic stress, grief, & loss and their sequelae.
- 2. Analyze the clinical application of various theoretical treatment models for traumatic stress, grief & loss.
- 3. Evaluate traumatic stress, grief & loss from biochemical, psychological, social & spiritual perspectives in order to improve clinical outcomes.
- 4. Examine the clinical research that supports the imperative factors that influence the efficacy of trauma treatment.
- 5. Assess the comorbidity of traumatic stress in other diagnoses, including personality disorders and Dissociative Identity Disorder, and identify appropriate treatment Interventions.
- 6. Provide psychoeducation and cognitive restructuring techniques for maximizing client engagement and participation in early stages of treatment.

- 7. Determine the efficacy of self-regulation skills as a preliminary treatment intervention for trauma.
- 8. Articulate the 10 core competencies of traumatic stress, grief and loss and specify the clinical application of each.
- 9. Incorporate clinical interventions and techniques for the initial assessment, safety and stabilization phase of treatment as well as the remembrance and mourning phases of trauma treatment.
- 10. Examine the potential clinical limitations and benefits of completing a needs assessment for better progress in treatment.
- 11. Develop clinical skills to support and facilitate recovery from complicated bereavement in clients.
- 12. Incorporate CBT skills to promote the development of stability, self-efficacy, anxiety management, and relational capacities in traumatized clients.

# Live Seminar Schedule

**7:30** Registration/Morning Coffee & Tea

**8:00** Program begins **11:50-1:00** Lunch (on your own)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

## **Hassle-Free Cancellation Policy:**

If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available),

a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time

#### Have a seminar idea? A manuscript to publish?

The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Anna Rustick at arustick@pesi.com or call 715-855-8195.

## **Seminar on CD or DVD Package:**

You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

# Live Seminar Continuing Education Information

partial attendance.

#### Credits listed below are for full attendance at the live event

only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below. or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker

**ADDICTION COUNSELORS:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group, NAADAC Provider #77553 PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

#### **CALIFORNIA ALCOHOLISM & DRUG ABUSE COUNSELORS:** PESI, Inc. is an approved provider by the CCAPP-EI, Provider #: OS-03-036-1017. This activity meets the qualifications for 12.5

CEH's (continuing education hours). COUNSELORS: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the

course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements. MARRIAGE & FAMILY THERAPISTS: This activity consists

of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

#### NURSES/NURSE PRACTITIONER/CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission of

Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial attendance.

CALIFORNIA NURSES: PESI, Inc. is a provider approved by the California Board of Registered Nursing, Provider Number 17118 for 12.5 contact hours. Full attendance is required. No partial contact hours will be issued for partial attendance.

**BECOME CERTIFIED!** 

Level I (CCTP-Level I).

Visit traumapro.net for the full certification requirements.

**PSYCHOLOGISTS:** This activity consists of 12.5 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Certificates of

attendance will be issued for you to submit to your state

licensing board to recognize for continuing education credit.

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CALIFORNIA PSYCHOLOGISTS: PESI, Inc. is approved by the CPA OPD to sponsor continuing education for psychologists. Provider #PES010. PESI maintains responsibility for this program and its contents. PESI is offering this activity for 12.5 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

#### SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses,

are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit, PESI, Inc. maintains responsibility for this course, ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

#### CALIFORNIA SOCIAL WORKERS/COUNSELORS/MARRIAGE & FAMILY THERAPISTS/LICENSED EDUCATIONAL

**PSYCHOLOGISTS:** This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

**OTHER PROFESSIONS:** This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements

This seminar meets ALL the education hours when applying

for certification as a Certified Clinical Trauma Professional

## questions? Call 800-844-8260 or e-mail us at info@pesi.com.

## **How to Register:**

FAX

CERTIFIED CLINICAL TRAUMA PROFESSIONAL:

| ONLINE pesi.com/express/73131 |  | Please complete entire form (to notify you of seminar changes):<br>please print; staple duplicate forms. |  |  |
|-------------------------------|--|--|--|--|
|                               |  | Mail Code:   | See mail code box on address panel on reve |  |
| PHONE                         | 800-844-8260 Please have credit card available | Name Employer Name Employer Address  |  |  |
| FAX                           | 800-554-9775                                   | Dept/Floor/Suite   |  |  |
| MAIL                          | PESI, Inc.<br>PO BOX 1000<br>Eau Claire, WI    | State  |  |  |

\*Registrant's e-mail is required to receive your certificate of completion and registration confirmation.

\$399.99 per person for both days (postmarked 3 wks

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Check location: (make copy for your records)

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#### **ADA NEEDS** least two weeks prior to the seminar date. WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-I 7:00-6:00 Central Time for space availability if registering within one

We would be happy to accommodate your ADA needs; please call at

**REGISTER NOW** 

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#### **TUITION OPTIONS**

• FREE Military Tuition: PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel Limited seats available advance online registration required.

• \$60 Tuition: If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

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nay differ from live CE approvals. \*Shipping is \$6.95 first item + \$2.00

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