

Outline

Hot topics in hand therapy

- Give your patients the benefit of cutting edge research and treatments

HANDS-ON LAB

Upgrade your assessment and clinical reasoning skills

- Identify key hand and wrist anatomy as it relates to pathology
- Get to the root causes of impairments faster with the best evaluations for:
  - Pain
  - Stiffness
  - Range of motion
  - Muscle testing
  - Sensation
  - Pinch
  - Skin condition
  - Deformities
  - Function

HANDS-ON LAB

Revolutionize your rehab toolbox for hand and wrist impairments

- Practice effective techniques you can use immediately to:
  - Eliminate pain
  - Improve strength, coordination and endurance
  - Restore ROM
  - Manage edema and scarring
  - Increase function
  - Enhance independence and patient confidence

HANDS-ON LAB

Combine techniques more effectively for better outcomes

- Edema control
- Pain control
- Range of motion exercises
- Home program instruction
- Scar management
- Strengthening exercises
- Endurance exercises
- Modalities
  - Ultrasound
  - Iontophoresis
  - Thermotherapy
  - Cryotherapy
  - Paraffin baths
  - Contrast baths
  - Kinesiology tape

HANDS-ON LAB

Design advanced, innovative plans of care for your patients

- Practice developing comprehensive treatment strategies for common impairments, including:
  - Carpal tunnel
  - Sprains and strains
  - Arthritis
  - Tendonitis
  - Trigger finger
  - Gamekeeper’s thumb
  - Ganglions
  - Epicondylitis
  - Tendon injuries
  - Hand edema
  - De Quervain’s disease
  - Boutonnière and swan neck deformities
  - Sagittal band injuries
  - Triangular fibrocartilage injuries
  - Ligament injuries and disruptions
  - Fractures
  - Crush injuries
  - Burns
  - Amputation

CASE STUDIES

Put knowledge to practice

- Case study 1: Correctly select the root cause of impairment
- Case study 2: Problem solve a complex hand injury and develop an effective treatment plan
- Case study 3: Develop an advanced plan of care for a patient with De Quervain’s
- Case study 4: Overcome barriers to effective strategy implementation

Don’t leave money on the table!

- Coding and billing updates
- Justify therapy with the right progress measures
- Avoid denials and audits with these tips

Live Seminar & Webcast Schedule

(Times Listed in Pacific)

7:30 Networking/Coffee/Registration

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



**Seminar on DVD Package:** You can purchase a self-study package on the subject. You will receive a set of DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesirehab.com](http://www.pesirehab.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

HAVE A SEMINAR IDEA? A MANUSCRIPT TO PUBLISH?

The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Orion Tarpley at [otarpley@pesi.com](mailto:otarpley@pesi.com) or 715-855-5262.

Don’t Miss!

LIVE VIDEO WEBCAST

FRIDAY November 22, 2019

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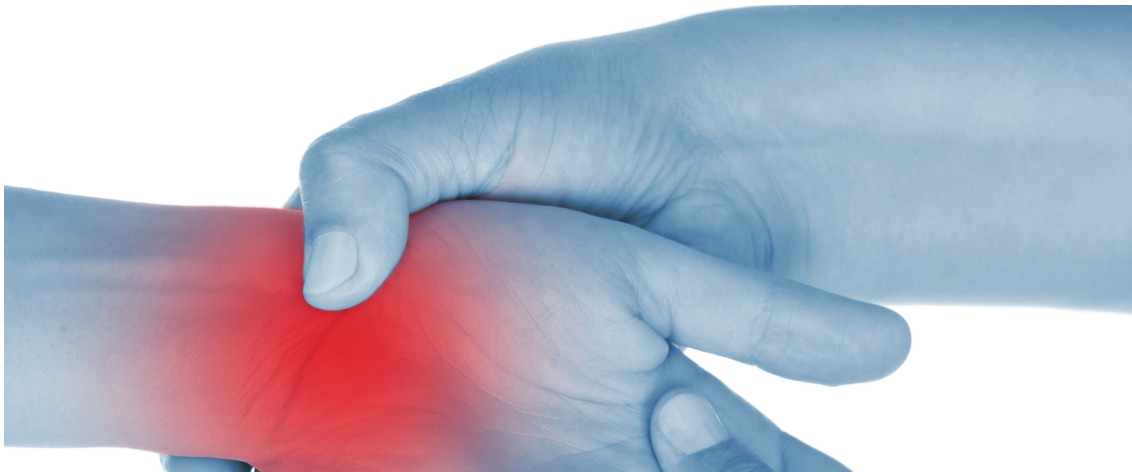
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The Ultimate Guide to Treating Hand & Wrist Injuries



Build your professional network

FREE networking event included

Spokane, WA	Lynnwood, WA	Tacoma, WA	Live Video Webcast
Wednesday	Thursday	Friday	Friday
November 20, 2019	November 21, 2019	November 22, 2019	November 22, 2019

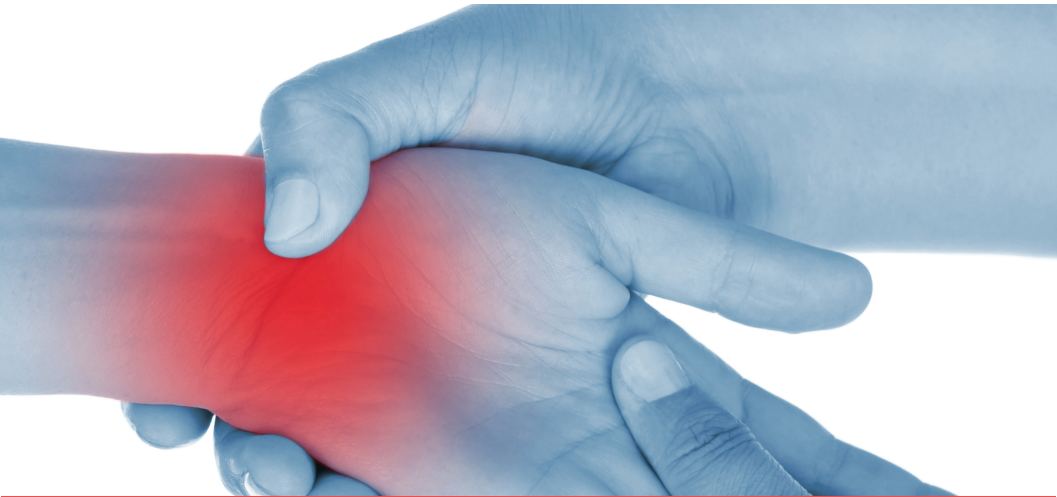
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A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

The Ultimate Guide to Treating Hand & Wrist Injuries



Solving your patients’ hand and wrist problems is easier than ever with the intervention framework you’ll learn in this hands-on course.

1 Master new techniques that deliver faster results for your patients

2 Get better outcomes with effective strategies for common diagnoses

3 Grow your practice into the go-to resource for hand and wrist therapy

Spokane, WA	Lynnwood, WA
Wednesday, November 20, 2019	Thursday, November 21, 2019
Tacoma, WA	Live Video Webcast
Friday, November 22, 2019	Friday, November 22, 2019



# The Ultimate Guide to Treating Hand & Wrist Injuries

Whether you want to treat the root cause of hand and wrist impairments faster, enhance your clinic's services for patients seeking hand therapy, or add personal value within a large organization, this program will get you where you want to go.

Created by one of the most trusted names in hand therapy, The Ultimate Guide to Treating Hand and Wrist Injuries will teach you today's top strategies for efficiently evaluating and resolving many common diagnoses. Clinicians have seen countless patients -- from assembly line workers with carpal tunnel to high level athletes with ligament injuries -- rediscover the joys of functional, pain-free living using the interventions you'll learn in this program.

Join Josh Gerrity, OTR/L, CHT, as he shares a proven framework for rehabilitation that combines today's best practices with over 18 years of experience helping patients recover from hand and wrist impairments in a variety of practice settings.

If you're chasing symptoms without getting to the "why" of your patients' impairment, you're losing time, money, and referrals. This course is your path to delivering results for your patients.

**Sign up today**, make yourself the go-to resource for resolving frustrating hand and wrist injuries in your clinic or facility, and feel the satisfaction of giving patients back the function they lost and activities they love!

## Speaker

**Josh Gerrity, OTR/L, CHT, is an expert in hand therapy** with over 18 years of experience helping patients recover from hand and wrist impairments and return to normal daily function. Certified in hand therapy, he practices at the Bone and Joint Center in Bismarck, ND, where he works with a group of hand specialists and orthopedic surgeons.

Mr. Gerrity travels nationally to present seminars on hand therapy, and he is known for his dynamic, hands-on teaching style. He serves as a guest lecturer on rehabilitation of hand pathologies for the University of Mary, his alma mater, and he also participates in a biannual Orthopedic Update Seminar held in Bismarck for therapists, physicians, and nurses in the North Dakota, South Dakota, and Montana region.

Speaker Disclosures:

Financial: Josh Gerrity has an employment relationship with Bone and Joint Center. He receives a speaking honorarium from PESI, Inc.  
Non-financial: Josh Gerrity has no relevant non-financial relationship to disclose.

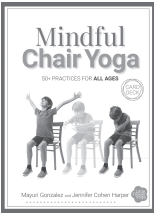
## Objectives

1. Discuss the latest advances in hand therapy and their implications for rehab.
2. Demonstrate a comprehensive assessment, identifying and differentiating root causes of pain and impairment.
3. Integrate the most effective interventions available for restoring function and reducing pain, edema and scarring.
4. Combine multiple approaches for better outcomes, including exercises to improve ROM, strength, and endurance, as well as taping and other modalities.
5. Design effective, innovative plans of care for a wide range of hand impairments and diagnoses.
6. Apply the assessments and interventions discussed in this seminar to a series of interactive case scenarios.

### Live Webcast Details and Live Webcast Continuing Education Credit Information

**Join us on November 22, 2019, for this live, interactive webcast!** Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: [www.pesirehab.com/webcast/73631](http://www.pesirehab.com/webcast/73631)

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#### TARGET AUDIENCE

- Physical Therapists
- Physical Therapist Assistants
- Occupational Therapists
- Occupational Therapy Assistants
- Athletic Trainers
- Strength and Conditioning Specialists
- Exercise Physiologists
- Physician Assistants
- Nurses
- Nurse Practitioners



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

REHAB SUMMIT

LAS VEGAS

July 30–August 2, 2020  
[rehabsummit.com](http://rehabsummit.com)

### Live Seminar Continuing Education Credit Information

**Credits listed below are for full attendance at the live event only.** After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**ATHLETIC TRAINERS:** PESI, Inc. is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 6.25 hours of Category A continuing education.

**EXERCISE PHYSIOLOGISTS:** ASEP members will earn 5.0 CECs for full attendance at this seminar. The ASEP allows members to earn a maximum of 10 CECs in any one 5 year period.

**NURSES, NURSE PRACTITIONERS, AND CLINICAL NURSE SPECIALISTS:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

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**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS:** This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

**PHYSICIAN ASSISTANTS:** For the most up-to-date credit information, please go to: [www.pesi.com/events/detail/73575](http://www.pesi.com/events/detail/73575).

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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☐ **LYNNWOOD, WA** 73575LYN  
**November 21, 2019**  
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☐ **TACOMA, WA** 73575TAC  
**November 22, 2019**  
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#### ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

#### WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

#### TUITION OPTIONS

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesirehab.com/coord](http://www.pesirehab.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

• **Groups of 10 or more:** Call 800-844-8260 for discounts.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to [www.pesirehab.com/faqs](http://www.pesirehab.com/faqs) or call 800-844-8260 for details. *Advance registration required. Cannot be combined with other discounts.*

## How to Register

THE ULTIMATE GUIDE TO TREATING HAND & WRIST INJURIES

Questions? Visit [www.pesirehab.com/faqs](http://www.pesirehab.com/faqs), or call 800-844-8260

**1 Please complete entire form** (to notify you of seminar changes):  
*please print; staple duplicate forms.*

#### Mail Code:

See mail code box on address panel on reverse side

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\*Registrant's e-mail is required to receive your certificate of completion and registration confirmation.

#### 3 Check tuition:

**ON-SITE TUITION** with seminar manual

**\$199.99** – choose one of the options below:

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- ☐ single registration postmarked 3 weeks prior to seminar date

☐ **\$229.99** standard

#### Add-On Products

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☐ **\$19.99\* Mindful Chair Yoga Card Deck**

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

**WEBCAST** with downloadable seminar manual

☐ **\$199.99** registration (+ tax in HI, MN, NM, PA, WI)

#### 4 Indicate method of payment:

**ALL REGISTRATIONS MUST BE PREPAID.**  
**Purchase orders welcome (attach copy).**

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**The Ultimate Guide to Treating Hand & Wrist Injuries**

\_\_\_ Seminar on DVD\* (video) \$219.99 (RNV063825)

\_\_\_ **Mindful Chair Yoga Card Deck\*** \$19.99  
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