#### **OUTLINE**

#### **EMERGING TOPICS WITHIN PEDIATRIC ACUTE CARE**

How treatment is impacted by not treating pediatric patients as "little adults"

- Examine the similarities and differences of ICUs
- · What diagnoses you might encounter
- What age range will you see?
- · Treatment decisions that might negatively affect the outcome of your patient depending on your approach

#### **WHAT'S YOUR ROLE?**

Define who does what in the PICU & Acute

- Delineation of roles who makes what decisions?
- Navigate acute care culture successfully – how it is unique and how it can vary from hospital to hospital
- How to build a solid team

#### **IMPROVE YOUR CARE IN CRITICAL SITUATIONS**

*Effective techniques you can use immediately* when facing:

- Lines and equipment Figuring out their purpose What can cause grave danger if dislodged or pulled How to work around it What do you need to watch out for?
- Medications What you might find How does it affect treatment?
- Social situations and caregiver engagement
- How it can affect your care toward the
- Tips on improving trust and assurance Case Studies

#### **DESIGN ROBUST YET FLUID** TREATMENT PLANS FOR ANY PATIENT

*Treatment frequency and goals* 

- How to determine intervention per level of acuity
- When to change your treatment plan
- Navigate when therapeutic roles overlap – determine who does what
- · How do you know when to adjust your treatment for the changing levels of
- Trying not to "overthink" the patient
- Case Studies

#### **ETHICAL TREATMENT SCENARIOS**

Comprehensive strategies to navigate patient and caregivers

- Ethical concerns with caregivers and patient level of acuity
- · Responding to concerns and reality of the caregiver
- · Overcome compassion fatigue knowing when to take a break
- Case Studies

#### **INTERACTIVE CASE STUDY**

Putting it all together

- · Evaluation and treatment strategies for real-life scenarios and patients
- Taking a patient from chart review to assessment and treatment planning

#### **LIVE SEMINAR & WEBCAST SCHEDULE**

(Times listed in Central)

7:30 Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00 Lunch:** (on your own)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of DVDs or CDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesirehab.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling

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# **Pediatric Treatements** in Acute Care

From Early Mobilization to Discharge Decisions

Naperville, IL Monday November 11, 2019

Schaumburg, IL Tuesday November 12, 2019

Live Video Webcast Tuesday November 12, 2019

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# **Pediatric Treatements** in Acute Care

# From Early Mobilization to Discharge Decisions

- Streamline assessments regardless of age, diagnosis, and level of acuity
- Increase early mobility and improve independence in your patients
- Create individualized treatment plans in conjunction with the evolving state of your patient
- Navigate the complexities of ethical treatment possibilities without critical errors
- Tips to gain trust and assurance with the parent or caregiver

Schaumburg, IL

Tuesday November 12, 2019

**Live Video Webcast** Tuesday

November 12, 2019



Naperville, IL

Monday

November 11, 2019

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A Non-Profit Organization Connecting Knowledge with Need Since 1979

# **Pediatric Treatements in Acute Care**

Your work with children in the acute care setting is so critical and, at times, incredibly complex. The challenges you face are vast, as it's an overwhelming environment from equipment and lines to finding the most appropriate treatment approach with significant differences in patient ages and

While the risks can be high, the reward is even higher.

Overcome those hurdles you face every day and watch more and more of your patients transfer out to a step-down unit in the hospital or home by applying what you experience in this dynamic seminar.

With Molly Rejent as your guide, an experienced occupational therapist who has worked with kids in acute care for many years, your confidence will increase by familiarizing yourself with the latest assessments and treatments within this complex and specialized area. Develop skills to initiate evidence-based interventions such as early mobilization from the beginning of the hospital admission process or age-appropriate strategies for a myriad scenarios. Refine your ability to create a discharge plan after your first encounter. Confidently navigate tricky ethical issues you will face by examining case studies of real-life situations encountered in the care of critically ill children.

Designed for all practice levels, from the new grad to the veteran acute care practitioner, this interactive course will provide you with the tools to make assured, knowledgeable decisions within the PICU and acute care environments.

Sign up today for your chance to enhance your work within the acute care setting so you can bring the highest quality of care to those medically complex patients.

#### **SPEAKER**

**Molly Rejent, MOT, OTR/L,** is a pediatric specialist who has provided pediatric occupational therapy for over 18 years. Experienced in a broad range of pediatric settings including school-based, home health/early intervention, outpatient, acute care and inpatient rehabilitation, Molly combines her passion for working with the whole child and her expertise in creative and individualized treatment of most medically complex cases. Molly resides in St. Louis, MO and is a senior member of the rehabilitation services team at SSM Health Cardinal Glennon Children's Hospital. There she manages a full acute care caseload with medical teams in critical care, neurosurgery/neurology, cardiothoracic surgery/cardiology, and general pediatrics, while also balancing three hand-specialty outpatient clinics per week. She is a member of the clinical team who launched an innovative pediatric cardiac rehab program, as well as a former adjunct professor in the program in occupational therapy at St. Louis University. Molly received a BA in psychology and a Master of occupational therapy from Duquesne University in Pittsburgh, Pennsylvania. She is a member of the American Occupational Therapy Association.

Speaker Disclosure

Financial: Molly Rejent has an employment relationship with SSM Health Cardinal Glennon Children's Hospital. She receives a speaking honorarium from PESI, Inc.

Non-financial: Molly Rejent is a member of the American Occupational Therapy Association

#### Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on November 12, 2019, for this live, interactive webcast! Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesirehab.com/webcast/73648

#### **Objectives**

- 1. Classify the team's role within acute care, as well as common and unique medical equipment, lines
- 2. Define the important differences between adult and pediatric ICUs and how that impacts treatment.
- 3. Select appropriate assessments and treatment strategies depending on age, diagnosis, and level of
- 4. Create dynamic functional goals for patients at all levels of their acute care stay.
- 5. Identify ethical issues of therapy in the PICU and how to avoid making mistakes.
- 6. Discuss case studies of acute pediatric patients from assessment to treatment to set your patients up for success in the continuum of therapy upon discharge.

Questions? Call customer service at 800-844-8260

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#### Coping Skills for Kids Workbook

Over 75 Coping Strategies to Help Kids Deal with Stress, Anxiety and Anger By Janine Halloran, LMHC

Dealing with stress, anxiety and anger are important skills to learn, but not all kids learn those strategies naturally. The Coping Skills for Kids Workbook can help teach children to calm down, balance their energy and emotions, and process challenging feelings. Author Janine Halloran, LMHC, shares over 75 innovative, fun and engaging activities developed from her experience in schools, outpatient mental health clinics and as a mother. Loved by counselors, educators and parents alike!!



#### Mindfulness Skills for Kids

By Debra Burdick, LCSW, BCN

52 exercises and practices to help kids calm their mind and body, pay attention, become more self-aware, feel happier and confident, connect with others and have fun. Deck can also be used as card games (based on popular children's games) that encourage kids to practice a mindfulness skill each time they win a hand. Great for therapists, teachers and parents. Perfect for ages 4 and up.



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If your profession is not listed, please contact your licensina board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

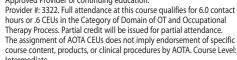
Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your

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#### **Who Should Attend**

- Physical Therapists
- Physical Therapist Assistants Occupational Therapists
- ◆ Occupational Therapy Assistants
- ◆ Speech Language Pathologists
- Nurses

- ◆ Nurse Practitioners Physician Assistants

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