Outline

Behaviors that Make Us Crazy

Tantrums

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

Disorders

Oppositional Defiant Disorder

ADHD

Mood disorders

Anxiety disorders Attachment issues/disorder, conduct

disorder, autism spectrum disorders

Assessment

The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)

Escape

Attention Sensory

Pain

Control

Mental Health Disorder or Behavior Problem

The power of skilled observations

The interview

Comparison to the group

The FBA-Incredibly powerful assessment tool The art of choosing a diagnosis (if you have

to at all!)

Limitations of the Research and Potential

Treatment Strategies Part I Proactive

Behavior plans

Motivational incentives

Set the stage for success

Remember the initial goal Appropriately address the functions of

the behavior

Reactive

Corrective measures

It's like playing chess in a tornado

Treatment Strategies Part II

Specific Strategies for the Following **Behavioral Challenges:**

Tantrums

Running out/away Noncompliance

Nagging

Refusing to work/help Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

Treatment Strategies Part III Specific Strategies for the Following

Disorders: ODD

ADHD

Mood disorders

Anxiety disorders Working with unsafe behaviors

Treatment Strategies Part IV Special Populations & Circumstances

Asperger's disorder

Divorce, separation

Abuse and neglect Parent misbehavior

Foster care

Live Seminar & Webcast Schedule

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

Actual lunch and break start times are at the discretion of the speaker.

(Times in Central)

7:30 Registration/Morning Coffee & Tea

There will be two 15-min breaks (mid-morning & mid-afternoon). A more detailed schedule is available upon request.

Objectives

- 1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
- 2. Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
- 3. Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
- 4. Communicate how a skilled observation of behavior informs your treatment approach.
- 5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
- 6. Effectively develop a behavior intervention plan and safety plan across all settings including home and school.

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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the **Most Challenging Behaviors**

SHREVEPORT, LA

Wednesday, October 9, 2019

LAFAYETTE, LA

Thursday, October 10, 2019

NEW ORLEANS, LA

Friday, October 11, 2019

LIVE VIDEO WEBCAST

Friday, October 11, 2019

OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the **Most Challenging Behaviors**

ADHD-CCSP

Details Inside

Certified

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders
- Positive alternatives for your most challenging kids



Wednesday, October 9, 2019

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OPPOSITIONAL, DEFIANT

& DISRUPTIVE CHILDREN | Non-medication Approaches to the **AND ADOLESCENTS** | Most Challenging Behaviors

Panic/anxiety reactions

Lack of follow through

· Not following directions

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your clients' most challenging behaviors including:

Refusing to work/help

- Tantrums
- Running out/away
- Noncompliance

- Yelling/screaming
 - Bullying
- Nagging

You will walk away with immediate strategies for out-of-control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Robert Marino is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

Speaker

Robert J. Marino, M.S., NCSP, ABSNP, is a nationally certified school psychologist with an advanced certificate in school neuropsychology. He has been working as a school Psychologist for over 30 years and has experience in the assessment and programming for children from infant through high school age. Robert specializes in cross battery assessment and the assessment of children with emotional regulation difficulties.

Robert divides his time between assessment and consultation with preschool programs and his role as school psychologist in an elementary school setting. He conducts assessments, consults with school staff and parents, and develops specialized programs for children with a broad range of identified needs. In 2002, Robert was given the "Outstanding School Psychologist" award by the Maryland School Psychologist Association, primarily for his extensive work with traumatized children in the Romanian orphanage system.

Robert developed the mentor program for new psychologists in one of the largest school districts in the nation, and has also supervised numerous interns from graduate programs throughout the country. Robert has served as an adjunct professor for the University of Missouri where he developed and instructed several units for graduate level coursework on "Learning and the Brain."

Speaker Disclosures:

Financial: Robert Marino has an employment relationship with the Prince George's County Public Schools. He receives a speaking honorarium from PESI, Inc.

Non-financial: Robert Marino has no relevant non-financial relationship to disclose.



This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP).

Visit adhdcert.com for the full certification requirements.



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Oppositional, Defiant & Disruptive Children and Adolescents: Non-Medication Approaches for the Most Challenging ODD Behaviors

By Scott D. Walls, MA, LIPC, CCMHC

Written for therapists, educators, parents and caretakers, this workbook will give you the tools to reduce problematic behaviors and increase positive behaviors. Including exercises, assessments, guidelines and case studies this book is full of tools and strategies for noncompliance, nagging, yelling/screaming, bullying, panic/anxiety reactions, lack of follow through, and running away.



The Challenging Child Toolbox: 75 Mindfulness-Based Practices, Tools and Tips for Therapists By Mitch R Abblett, Ph.D.

Working with resistant, oppositional, emotionally dysregulated, and angry kids can be exhausting, frustrating and leave clinicians feeling burnt out. Dr. Mitch Abblett has created the remedy-with a new guide that will take you step-by-step through mindfulness-based principles, pointers and best practices to ease your work and dramatically improve the lives of kids and their families.

Target Audience Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists • Teachers School Guidance Counselors • Case Managers • Nurses • School Administrators • Educational Paraprofessionals Occupational Therapists & Occupational Therapy Assistants • Other Helping Professionals who Work with Children

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education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com o

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