

## Outline

### Behaviors that Make Us Crazy

Tantrums  
Running out/away  
Noncompliance  
Nagging  
Refusing to work/help  
Yelling/screaming  
Bullying  
Panic/anxiety reactions  
Lack of follow through  
Not following directions

### Disorders

Oppositional Defiant Disorder  
ADHD  
Mood disorders  
Anxiety disorders  
Attachment issues/disorder, conduct disorder, autism spectrum disorders

### Assessment

#### The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)  
Escape  
Attention  
Sensory  
Pain  
Control

### Mental Health Disorder or Behavior Problem

The power of skilled observations  
The interview  
Comparison to the group  
The FBA-Incredibly powerful assessment tool  
The art of choosing a diagnosis (if you have to at all!)

### Limitations of the Research and Potential Risks

#### Treatment Strategies Part I

Proactive  
Behavior plans  
Motivational incentives  
Set the stage for success

Remember the initial goal  
Appropriately address the functions of the behavior

#### Reactive

Corrective measures  
It's like playing chess in a tornado

#### Treatment Strategies Part II

##### Specific Strategies for the Following Behavioral Challenges:

Tantrums  
Running out/away  
Noncompliance  
Nagging  
Refusing to work/help  
Yelling/screaming  
Bullying  
Panic/anxiety reactions  
Lack of follow through  
Not following directions

#### Treatment Strategies Part III

##### Specific Strategies for the Following Disorders:

ODD  
ADHD  
Mood disorders  
Anxiety disorders  
Working with unsafe behaviors

#### Treatment Strategies Part IV

##### Special Populations & Circumstances

Asperger's disorder  
Divorce, separation  
Abuse and neglect  
Parent misbehavior  
Foster care

### Live Seminar Schedule

**7:30** Registration/Morning Coffee & Tea  
**8:00** Program begins  
**11:50-1:00** Lunch (*on your own*)  
**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

## Objectives

1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
2. Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
3. Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
4. Communicate how a skilled observation of behavior informs your treatment approach.
5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
6. Effectively develop a behavior intervention plan and safety plan across all settings including home and school.

**FREE**  
**Worksheets**

Free Self-Regulation  
Worksheets for Children



[pesi.com/selfregws](http://pesi.com/selfregws)

Bring any training  
in-house!



Convenient • Cost-Effective • Customizable

for more information visit  
[www.pesi.com/inhouse](http://www.pesi.com/inhouse)

NON-PROFIT ORG  
US POSTAGE PAID  
EAU CLAIRE WI  
PERMIT NO 32729

PESI, Inc  
P.O. Box 1000  
Eau Claire, WI 54702-1000  
A Division of PESI, Inc.

# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches for the  
Most Challenging Behaviors

 **PESI**<sup>®</sup>  
[www.pesi.com](http://www.pesi.com)

REGISTER NOW! [pesi.com/express/73902](http://pesi.com/express/73902)

# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches for the  
Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders
- Positive alternatives for your most challenging kids

**SPRINGFIELD, MO**  
Monday, October 14, 2019

**LAKE OZARK, MO**  
Tuesday, October 15, 2019

**COLUMBIA, MO**  
Wednesday, October 16, 2019

**SPRINGFIELD, MO**  
Monday, October 14, 2019

**LAKE OZARK, MO**  
Tuesday, October 15, 2019

**COLUMBIA, MO**  
Wednesday, October 16, 2019

 **PESI**<sup>®</sup>  
[www.pesi.com](http://www.pesi.com)  
A NON-PROFIT ORGANIZATION CONNECTING  
KNOWLEDGE WITH NEED SINCE 1979

REGISTER NOW! [pesi.com/express/73902](http://pesi.com/express/73902)

  
Become  
ADHD-CCSP  
Certified!  
Details Inside

# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

## Non-medication Approaches for the Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your client's most challenging behaviors including:

- Tantrums
- Refusing to work/help
- Panic/anxiety reactions
- Running out/away
- Yelling/screaming
- Lack of follow through
- Noncompliance
- Bullying
- Not following directions
- Nagging

You will walk away with immediate strategies for out-of-control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Scott Walls is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

### Speaker

**Scott D. Walls, MA, LIPC, CCMHC**, is a mental health counselor in private practice in Lincoln, NE, and has previously spent 15 years with the Lincoln Public Schools as a behavior specialist and psychotherapist. Scott has provided therapy and consultation services for hundreds of children, teens and families in the Lincoln area. In addition, Scott has provided numerous trainings for teachers, administrators and case management staff for various agencies.

Scott co-founded a domestic violence group for female offenders and was a practicing therapist and case manager supervisor for a special project in Lincoln that offered treatment for torture and trauma survivors for refugees and immigrants. In addition to his duties as a therapist and consultant, Scott is the founder and owner of the Lincoln Karate Clinic, Inc. This karate school offers specialized karate lessons for children ages 4-7 and youth ages 8 and up. The karate school is well known for providing unique classes that incorporate Stranger Danger lessons, and Scott's personally developed antibullying program entitled: "The 4 C's of Bullying."

Scott enjoys providing information to students and participants in a relaxed, learning environment and makes every attempt to give participants practical and down to earth, educational information.

#### Speaker Disclosures:

Financial: Scott Walls maintains a private practice. He receives a speaking honorarium from PESI, Inc.

Non-financial: Scott Walls is a member of the National Board for Certified Counselors.



**BECOME CERTIFIED!**  
This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP).  
Visit [adhdcert.com](http://adhdcert.com) for the full certification requirements.



**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

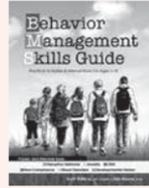
**Seminar on DVD or CD Package:** You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal.

**Have a seminar idea? A manuscript to publish?** The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Marnie Sullivan at [msullivan@pesi.com](mailto:msullivan@pesi.com) or call 715-855-8226.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

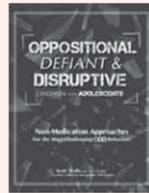
### SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



#### Behavior Management Skills Guide: Practical Activities & Interventions for Ages 3-18

By Scott D. Walls, MA, LIPC, CCMHC & Deb Rauner, M.Ed **Your presenter!**

With decades of clinical and classroom behavior management success, authors Scott Walls and Deb Rauner have written a comprehensive manual featuring the best methods for effective change. The authors have identified 3 levels of negative behavior components and have paired with interventions proven to increase positive behaviors and skills. Filled with strategies for individuals or groups, this guide also includes downloadable and ready-to-use assessments, exercises, tools and forms.



#### Oppositional, Defiant & Disruptive Children and Adolescents: Non-Medication Approaches for the Most Challenging ODD Behaviors

By Scott D. Walls, MA, LIPC, CCMHC **Your presenter!**

Written for therapists, educators, parents and caretakers, this workbook will give you the tools to reduce problematic behaviors and increase positive behaviors. Including exercises, assessments, guidelines and case studies this book is full of tools and strategies for noncompliance, nagging, yelling/screaming, bullying, panic/anxiety reactions, lack of follow through, and running away.

**Target Audience:** Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists Teachers • School Guidance Counselors • Case Managers • Nurses • School Administrators • Educational Paraprofessionals Occupational Therapists & Occupational Therapy Assistants • Other Helping Professionals who Work with Children

Questions? Visit [pesi.com/faq](http://pesi.com/faq) or e-mail us at [info@pesi.com](mailto:info@pesi.com)

### Live Seminar Continuing Education Credit Information

**Credits listed below are for full attendance at the live event only.** After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**MISSOURI COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

**EDUCATORS/TEACHERS:** This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**NURSES, NURSE PRACTITIONERS, AND CLINICAL NURSE SPECIALISTS:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**PSYCHIATRISTS:** PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity. PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education.

**PSYCHOLOGISTS:** The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

**PSYCHOLOGISTS/SCHOOL PSYCHOLOGISTS:** PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

**APPROVED PROVIDER**



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**SPEECH-LANGUAGE PATHOLOGISTS:** This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**SPEECH-LANGUAGE PATHOLOGISTS ONLY:** To be reported to ASHA, while completing the online post-test/evaluation, please answer YES to the question: "Are you a Speech-Language Pathologist and/or Audiologist requesting to have your credit hours reported to the ASHA CE Registry to earn ASHA CEUs?" while completing the online post-test/evaluation, please send an email to [cepesi@pesi.com](mailto:cepesi@pesi.com) with the following information: full title of the activity, speaker name, date of live activity, date you completed the post-test, and your name and your license number. If you did answer yes, you do not need to do anything further.

**SOCIAL WORKERS:** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

## REGISTRATION FORM

### OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS: NON-MEDICATION APPROACHES FOR THE MOST CHALLENGING BEHAVIORS

**SAVE TIME! Express Register Online: [pesi.com/express/73902](http://pesi.com/express/73902)**

**1 Please complete entire form if sending by mail** *please print legibly*

**Mail Code:** \_\_\_\_\_ See mail code box on reverse side above your name & address

\*E-mail address \_\_\_\_\_  
\*E-mail required to receive CE Certificate and registration confirmation.

Name \_\_\_\_\_ Profession \_\_\_\_\_

Billing Address \_\_\_\_\_  Home  Work

Company Name (if work address): \_\_\_\_\_

City \_\_\_\_\_ County \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\*Cell Ph ( ) \_\_\_\_\_ Work Ph ( ) \_\_\_\_\_  
\*Required for event updates

**2 Select Location** (make copy for your records)

**SPRINGFIELD, MO • October 14, 2019** (73902SPR)  
Courtyard Springfield Airport • 3527 W Kearney • 65803 • (417) 869-6700

**LAKE OZARK, MO • October 15, 2019** (73902LOZ)  
The Lodge of Four Seasons • 315 Four Seasons Dr • 65049 • (573) 365-3000

**COLUMBIA, MO • October 16, 2019** (73902CMB)  
Hilton Garden Inn Columbia • 3300 Vandiver Dr • 65202 • (573) 814-5464

**3 Select Tuition**

**TUITION including seminar manual**

- \$219.99** – choose one of the options below:  
 per person for 2 or more preregistering together —OR—  
 single registration postmarked 3 weeks prior to seminar date  
 **\$249.99** standard

**ADD-ON PRODUCTS** — Save on Shipping! — Products Distributed at Seminar

- \$24.99\*** Behavior Management Skills Guide book (PUB083820)  
 **\$24.99\*** Oppositional, Defiant & Disruptive Children and Adolescents book (PUB084010)

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

**4 Select Payment Method**

**All registrations must be prepaid.**

- Check enclosed payable to **PESI, Inc.**  
 Purchase order enclosed (Fed ID # 26-3896894)  
 MC 16 digits  VISA 13-16 digits  AE 15 digits  Discover Novus 16 digits

Card # \_\_\_\_\_

Card Exp. \_\_\_\_\_ CVV#\*: \_\_\_\_\_

Signature \_\_\_\_\_

(\*MC/VISA/Discover: last 3-digit # on signature panel on back of card.) (\*American Express: 4-digit # above account # on face of card.)

PLEASE RETURN ENTIRE REGISTRATION FORM

#### ADA NEEDS

We would be happy to accommodate your ADA needs; please email [info@pesi.com](mailto:info@pesi.com) or call 1-800-844-8260 at least two weeks prior to the seminar date.

#### SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

#### TUITION OPTIONS

Advance registration required. Cannot be combined with other discounts.

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. Limited seats available; advance online registration required.

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, first come, first serve.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to [www.pesi.com/students](http://www.pesi.com/students) for details.

#### QUESTIONS

Visit [pesi.com/faq](http://pesi.com/faq) or e-mail us at [info@pesi.com](mailto:info@pesi.com)

#### OTHER WAYS TO REGISTER

Fax: 800-554-9775  
 Mail: PESI, Inc.  
 PO Box 1000  
 Eau Claire, WI 54702-1000

Phone: 800-844-8260

Online: [pesi.com/express/73902](http://pesi.com/express/73902)

#### CAN'T ATTEND THE SEMINAR?

**Oppositional, Defiant & Disruptive Children and Adolescents: Non-medication Approaches for the Most Challenging Behaviors**

— Seminar on DVD\* (video) \$219.99 (RNV061440)  
 — Seminar on CD\* (audio) \$219.99 (RNA061440)

Product total \_\_\_\_\_  
 \*Shipping \_\_\_\_\_  
**Subtotal** \_\_\_\_\_  
 \*\*Tax \_\_\_\_\_  
**TOTAL** \_\_\_\_\_

CE hours and approvals on products may differ from live CE approvals.

\*Shipping is \$6.95 first item + \$2.00 each add'l item.

\*\*Residents add applicable state and local taxes except in AK, DE, MT, NH, OR

