

Outline

PRINCIPLES OF KINESIOLOGY TAPING

- Evolution of kinesiology taping
 - Old vs. new concepts
- Differences between kinesiology tapes
 - Features and characteristics
- Evidence supporting kinesiology taping

THE NEUROSENSORY POWER OF TAPING

- Physiological/neurological benefits of taping
- Skin-brain connection
 - Peripheral nerves
 - Sensory system/receptors
 - Histology of skin

FUNDAMENTAL TAPING TECHNIQUES AND TREATMENT STRATEGIES

- Types of taping
- Techniques
- Cuts
- Tension
- Care tips
- Indications/contraindications
- Combining taping with movement

Hands-On Lab

PAIN TAPING

- Methods and application
- Effects and benefits
 - Upper extremity
 - Trunk/Lower extremity

Hands-On Lab

FLUID DYNAMICS TAPING

- Methods and application
- Effects and benefits
- Decompression strategy vs. compression strategy

Hands-On Lab

POSTURE TAPING

- Methods and application
- Effects and benefits
- Postural taping framework
- Posture evaluation from head to toe
- Common postural dysfunctions
- Exercise interventions

Hands-On Lab

SCAR TAPING

- Methods and application
- Effects and benefits
- Scar tissue assessment
- Scar tissue framework
- Special populations and conditions

Hands-On Lab

NEURO TAPING

- Methods and applications
- Effects and benefits
- Nerve tract irritation
- Upper and lower extremities

Hands-On Lab

CODING AND DOCUMENTATION FOR REIMBURSEMENT

CASE STUDIES AND PROBLEM SOLVING

Who Should Attend

- Physical Therapists
- Physical Therapist Assistants
- Occupational Therapists
- Occupational Therapy Assistants
- Athletic Trainers
- Massage Therapists
- Personal Trainers

What to Bring

Yoga mat or massage table (if applicable)

Questions? Call customer service at
800-844-8260

Live Seminar Schedule

7:30: Registration/Morning Coffee & Tea

8:00: Program begins

Lunch: 1 hour (on your own)

5:30: Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

This program is a member of RockTape's
Functional Movement Techniques (FMT)
Certification Series. No previous FMT
coursework is required to attend.



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★★★★★

I work with a lot of stroke
patients and older patients with
pain, and I can see this being
very beneficial to treatment.
— PT

★★★★★

Awesome class! I really learned a lot about
taping techniques I can use in my daily practice
for pediatric, athletic, and geriatric populations.
Instructor is very knowledgeable and entertaining.
— PT

★★★★★

I already have so many
patients running through
my head that I can use
this information with!
— OT

Appleton, WI
December 4, 2019

Madison, WI
December 5, 2019

Brookfield, WI
December 6, 2019

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Kinesiology Taping Practitioner Certification

Combining Taping & Movement to
Improve Functional Outcomes

Learn powerful taping techniques during this hands on seminar to:

- Correct postural imbalances
- Prevent injury
- Address pain and nerve entrapments
- Improve movement and motor control
- Enhance coordination and proprioception
- Manage edema/swelling/bruising
- Reduce scarring and improve scar mobility

Appleton, WI
Wednesday, December 4, 2019

Madison, WI
Thursday, December 5, 2019

Brookfield, WI
Friday, December 6, 2019



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Kinesiology Taping, Redefined

From sports medicine to stroke rehab, kinesiology tape has rapidly gained popularity in rehabilitation due to its unique ability to improve movement and function. One the most versatile treatment tools in rehab, taping has been shown to improve outcomes with a vast variety of therapies, including functional movement therapies, manual therapy, splinting, Neuro-Developmental Treatment (NDT), Hippo- and Aquatic Therapies, and more.

This hands-on certification seminar will equip you with all the skills you'll need to begin taping patients across the continuum of care. Explore the fundamentals of modern taping techniques, discover advanced interventions that integrate the latest neuroscience research, and learn how to combine taping with functional movement to produce the kinds of active treatments that are revolutionizing rehab. Numerous case studies will be presented that demonstrate how taping can help deliver superior rehab outcomes, and hands-on labs throughout the program will show you how to get impressive results with your patients.

Speaker

BRETT SANDERS, MS, OTR/L, CEAS, began his career as an occupational therapist over 20 years ago, treating hand injuries, burns, and acute care patients at St. Agnes Hospital in Philadelphia. Since then, he has gone on to offer onsite therapy services in a wide variety of settings and industries, from pharmaceuticals to aerospace, specializing in resolving complex ergonomic issues and repetitive strain injuries. Today, Mr. Sanders oversees a nine-state territory as regional manager of WorkStrategies for Select Medical's outpatient division, where he manages national onsite injury prevention programming with clients such as Amazon and Ahold/Giant. A leader and national educator in onsite therapy and ergonomics, he is frequently sought after to consult and train on ergonomics, job and risk analysis, workplace safety, post offer testing, functional capacity evaluation, early symptom intervention, and onsite rehabilitation.

Speaker Disclosure:
Financial: Brett Sanders has an employment relationship with Nova Care Rehabilitation Company – Select Medical. He receives an honorarium from RockTape. Mr. Sanders receives a speaking honorarium from PESI, Inc.
Non-financial: Brett Sanders has no relevant non-financial relationship to disclose.

Objectives

- Review the principles and physiological/neurological effects of kinesiology taping.
- Discuss how to apply tape with appropriate tension for best results, comparing common taping techniques and reviewing indications/contraindications for each.
- Demonstrate taping techniques for reducing pain.
- Demonstrate taping techniques for managing edema, swelling, and bruising.
- Demonstrate taping techniques for addressing nerve entrapments.
- Demonstrate taping techniques for correcting postural imbalances.
- Demonstrate taping techniques for reducing scarring and improving scar mobility.
- Develop taping applications based on your assessment/treatment approach and the individual needs of your patient.



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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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How to Register

KINESIOLOGY TAPING PRACTITIONER CERTIFICATION
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