

Day 1: Acute Care & ICU Rehab

Explore the latest interventions for improving functional mobility, strength, independence, and outcomes in acute care rehab. Designed for all practice levels, from the new grad to the veteran acute care professional, this hands-on course will provide you with an updated knowledge base for making appropriate decisions within the ICU and acute care environments, implementing assessment and treatment tools, integrating existing treatment plans with progression into the plan of care, and adjusting or accommodating treatment interventions across the hospital stay through transition out of the hospital. Discover the latest assessment techniques and learn how to integrate treatments into rehab plans during acute and post-acute phases. Practice the latest interventions, strategies, and best practices in hands-on labs throughout the day.

Discover new treatments for:

- Early mobilization
- Management of lines, wires and tubes
- Respiratory distress
- Intubation/Vent dependency
- Discharge planning
- Caregiver training

Objectives

- State the critical elements of analysis and assessment in mobilizing medically fragile patients.
- Develop an appropriate plan of care for patients who present with a critically ill cardiac, neurological or respiratory diagnosis.
- Distinguish the characteristics, similarities of, and differences between, medically fragile and general acute care patients and methods to implement successful therapeutic interventions with each.
- Demonstrate an understanding of the outcome tools available for assessment of the acute or critically ill patient.
- Evaluate strategies for addressing the behaviorally challenging patient and successful methods for patient engagement.
- Identify methods to effectively document progression throughout the acute care spectrum.

Speaker

CINDY BAUER, MSOT, OTR/L, received her Master of Science in Occupational Therapy from Washington University in St. Louis in 1994. Over the past 24 years she has practiced in every clinical setting including home health, outpatient, skilled nursing, inpatient rehabilitation, and acute care hospitals. She has worked with clients from every background and every age group, from pediatrics to geriatrics. Through the years, Cindy has honed her skills in a number of specialty circuits including Trauma, Burns, Spinal Cord Injury, and Brain Injury but has spent the past 10 years primarily serving the high volume acute care populations of ICU, Cardiopulmonary, Orthopedics, and Med-Surg. Cindy's approach is matter-of-fact and function-oriented, combining clinical knowledge with a personalized approach for her client's optimal outcomes. She enjoys serving as an instructor and a mentor in each of her practice settings and has most recently spread her knowledge and experience through professional CEU courses focused on the realms of Acute Care/ICU Rehab, Hand Splinting, and Therapy for Cardiopulmonary Patients.

Speaker Disclosures:

Financial: Cindy Bauer has an employment relationship with BJC Healthcare. She receives an honorarium from Performance Health Academy. She receives a speaking honorarium from PESI, Inc.
Non-financial: Cindy Bauer has no relevant non-financial relationship to disclose.

Courses developed by Dr. Kristen Davin, OTDR/L, ATP, SMS

REHAB SUMMIT

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HAVE A SEMINAR IDEA? A MANUSCRIPT TO PUBLISH?

The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Anna Rustick at arustick@pesi.com or 715-855-8195.

Day 1: Outline

PHYSIOLOGICAL CHANGES IN ACUTE CARE

- Effects of immobility on organ systems
- Respiratory
- Cardiac
- Digestive
- Musculoskeletal
- Early and aggressive mobilization and intervention

ENSURE SAFE AND SUCCESSFUL TRANSFERS AND MOBILITY FOR ANY PATIENT

- Decision-making process
- Weight-bearing restriction mobilization
- Specific mobility restrictions
- Pulmonary embolism
- Deep vein thrombosis
- Mobilization management
- Chest tubes
- Arterial lines
- IV management

ICU/IMC SPECIFIC MANAGEMENT

- Fecal management systems
- Various catheter types

ADVANCED TREATMENT INTERVENTIONS FOR IMPROVED OUTCOMES

- Orthopedic interventions
- Orthopedically complex patient
- Cutting-edge interventions
- Transitioning to same day ortho discharge
- Shorter length of stay with improved outcomes
- Transfer considerations
- Alternative techniques for NWB
- Transfers for all WB restrictions
- Burn injury across the lifespan
- Types and degree of burn injury
- Burn management and surgical interventions
- Current trends in therapeutic burn intervention
- Cardiac diagnoses
- Cardiac surgery and appropriate therapeutic progression
- Sternal precautions
- Implementation of strength training
- Neurological emergencies and trends in intervention
- tPA administration and impact on therapeutic intervention
- Management of the severe stroke
- Patients with brief neurological deficits

Who Should Attend

- Occupational Therapists
- Occupational Therapy Assistants
- Physical Therapists
- Physical Therapist Assistants
- Nurses
- Nurse Practitioners

- Respiratory compromised patient
- High-flow oxygen management
- COPD
- Fresh take on energy conservation techniques

INTERVENTIONS FOR PATIENTS WITH COGNITIVE/PSYCHIATRIC DIAGNOSES

- Addressing the behaviorally challenging patient
- TBI
- Dementia
- Aggression
- Motivation of the chronically-refusing patient
- Major depression and its impact on therapeutic intervention

OUTCOME EXPECTATIONS AND GOAL CONSIDERATIONS

- Short-term vs. long-term goal implementation
- Timing of PT/OT reassessments
- Predicting the future
- Appropriate goal development

CREATE AN EFFECTIVE AND SUCCESSFUL DISCHARGE PLAN

- Importance of an interdisciplinary approach
- Pros/cons of sub-acute, home health, and other discharge destinations

CARING FOR THE CAREGIVER

- Client-centered practice and inclusion of the patient's support system
- Manage the challenging family/caregiver

BILLING AND DOCUMENTATION

- Effective and successful documentation during acute and post-acute stay
- Document progression in patients with limited function
- Understand G codes, payment, and billing

ACHIEVE PRODUCTIVITY

- History of productivity requirements and their necessity
- Current trends in productivity expectations

PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available; advance online registration required.



Live Seminar Schedule

(Both days)

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

Lunch 1 hour (on your own)

3:30 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

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A division of PESI, Inc.

Day 1

Acute Care & ICU Rehab

Strategies for the Medically Complex Patient

Day 2

Cardiopulmonary Therapy for the Rehab Professional

Therapeutic Interventions for All Aspects of Cardiac Care from ICU to Outpatient

Honolulu, HI • December 9-10, 2019

REGISTER NOW: pesirehab.com/express/74430



Day 1

Acute Care & ICU Rehab

Strategies for the Medically Complex Patient

Attend both days and SAVE!

Day 2

Cardiopulmonary Therapy for the Rehab Professional

Therapeutic Interventions for All Aspects of Cardiac Care from ICU to Outpatient

Honolulu, HI
Monday-Tuesday
December 9-10, 2019



REGISTER NOW: pesirehab.com/express/74430

A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

Day 2: Cardiopulmonary Therapy for the Rehab Professional

Thousands of Americans suffer from cardiopulmonary related diagnoses which account for the majority of hospitalizations throughout the U.S. This comprehensive one-day course will offer valuable, cutting edge clinical information and explore the latest evidence-based interventions to improve functional mobility, strength, independence, and achieve desired outcomes in regards to the cardiopulmonary patient.

Designed for all practice levels, this interactive course will provide you with an updated knowledge base for making appropriate decisions within the cardiac ICU and acute care environments, implement assessment and treatment tools, integrate existing treatment plans with progression into the plan of care, and adjust or accommodate treatment interventions across the hospital stay through transition to discharge. This course is a must-see for anyone in healthcare who works with cardiopulmonary patients in any practice setting!

Objectives

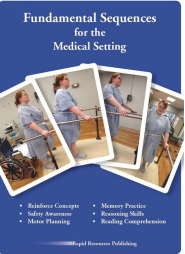
- Describe the anatomical and physiological structures of the cardiopulmonary system, and the impact pathology and disease course have on mobility, function and independence.
- Compare a variety of cardiopulmonary diagnoses and the impact the diagnosis has on patient function, activity tolerance and independence.
- State the critical elements of analysis and assessment in assessing and performing early mobilization with medically fragile cardiopulmonary patients.
- Design a comprehensive treatment plan based on thorough patient assessment for patients who present with various cardiopulmonary diagnoses.
- Identify and explain the types and parameters of cardiac precautions associated with post-surgical cardiac intervention.
- Demonstrate an understanding of at least two outcome tools available for assessment of the cardiopulmonary patient.
- Explain the relationship METs have regarding activity, ADL performance and exercise prescription and the role METs play in the determination of therapeutic intervention.
- Distinguish between the types of common ventilator settings and the correlation between each setting and the patient's status.

Who Should Attend

- Physical Therapists
 - Physical Therapist Assistant
 - Occupational Therapists
 - Occupational Therapy Assistants
 - Respiratory Care Practitioners and Therapist
 - Cardiopulmonary Rehabilitation Specialists
- Physician Assistant
 - Exercise Physiologists
 - Nurse Practitioners
 - Cardiac Nurses
 - Rehabilitation Nurses
 - Athletic Trainers

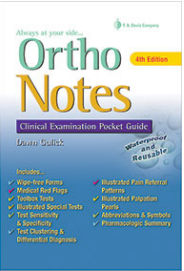
This speaker is truly an expert in her field. Learned information I never learned in school. - Physical Therapist

RELATED PRODUCTS [Save by including with your seminar registration]



Fundamental Sequences for the Medical Setting
By Dana Baggett, M.S., CCC-SLP

These easy-to-use sequencing cards created by veteran SLP Dana Baggett, are able to be utilized by rehab professionals to reinforce PT, OT, and ST concepts. Therapists will be able to use these cards to facilitate motor planning and cognitive progression; while also improving safety awareness, reasoning, and memory skills. This product can be implemented into a variety of rehab settings and used by other staff members and family members to practice skills being taught by therapy.



Ortho Notes
Clinical Examination Pocket Guide, 4th Edition
By Dawn Gulick, Ph.D., PT, ATC, CSCS

A Davis's Notes title!
Perfect wherever you are... in class, in clinical, and in practice!
Put the information you need in class, clinical, and practice at your fingertips with this handy, easy-to-use guide. Each joint tab includes the most effective special tests (rated by sensitivity and specificity), medical screening, imaging, mechanism of injury, ROM, strength and functional deficits.

Day 2: Outline

- ANATOMY/PHYSIOLOGY & EPIDEMIOLOGY OF CARDIOPULMONARY DISEASE**
Fundamentals of cardiopulmonary anatomy and physiology
Impact of pathology and disease
Current trends, incidence rates and hospital readmissions
Gender differences in cardiac disease
Benefits of exercise/activity vs. a sedentary lifestyle

CLINICAL ASSESSMENT OF THE CARDIOPULMONARY PATIENT
Assessment of the ICU, acute care, medically complex & post-surgical physical patient
Objective tests -Borg, functional measures, walk tests, etc
Development of the treatment plan and OT & PT goal development
- Diagnostics and Therapeutic Testing/
Assessment
6 Minute Walk Test
ABGs PFTs
YMCA 3 Minute Test
Pharmacology considerations
Intervention & Treatment
Following LVRS
Ventilator Placement
Chest Tubes
Supplementary O2 devices
Ventilator
CPAP
BiPAP
Venturi Mask

LABS AND THEIR IMPACT ON THE PATIENT
Cardiac Labs
Potassium
Hemoglobin
Sodium
Prothrombin Time
Anticoagulants
Glucose
& more

- CARDIOVASCULAR PATHOLOGY AND ITS IMPACT ON REHABILITATION**
Diagnoses- MI, Valvular Disease, Arrhythmias, Chest Trauma, Chronic HTN, CHF, Substance Abuse
Impact of diagnoses on functional mobility and independence
Diagnostics and Therapeutic Testing/
Assessment
TEE
Cardiac Cath
EKG
Pharmacology considerations
Intervention & Treatment
Following LVA
Pacemakers/AICDs
Wound Vacs
Coronary Artery Bypass Options
safe and successful transfers

PULMONARY PATHOLOGY AND ITS IMPACT ON REHABILITATION
Diagnoses- COPD, Pulmonary Edema, Respiratory Failure, Pneumothorax, Pleural Effusions, Emphysema
Pulmonary Outlook – Impact of smoking cessation, increase in vaping trends
Impact of diagnoses on functional mobility and independence
- OUTCOME EXPECTATIONS, GOAL CONSIDERATIONS**
Short term vs. long term goal implementation
When to bring the PT/OTR back for reassessment
How determine appropriate goal development for the future

DISCHARGE PLANNING & CONTINUED INTERVENTION
Discharge planning- Home vs intensive rehabilitation, skilled nursing, etc
Home exercise programs, energy conservation techniques, work simplification

Learned more than I expected. Very good speaker - very knowledgeable of the topic. - Physical Therapist

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Acute Care & ICU Rehab: Strategies for the Medically Complex Patient

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.0 contact hours. Partial contact hours will be awarded for partial attendance.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Physical Therapists & Physical Therapist Assistants: This activity consists of 6.0 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

Hawaii Physical Therapists & Physical Therapist Assistants: An application has been submitted to the Hawaii Board of Physical Therapy. CCUs are pending the Board's review.

Other Professions: This activity qualifies for 360 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

Cardiopulmonary Therapy for the Rehab Professional

Athletic Trainers: PESI, Inc. is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 6.0 hours of Category A continuing education.

Exercise Physiologists: ASEP members will earn 5.0 CECs for full attendance at this seminar. The ASEP allows members to earn a maximum of 10 CECs in any one 5 year period.

Respiratory Care Practitioners: This program has been approved for 6.0 contact hours Continuing Respiratory Care Education (CRCE) credit by the American Association for Respiratory Care, 9425 N. MacArthur Blvd. Suite 100 Irving TX 75063. Course #180962000. Full attendance is required to receive a certificate of successful completion. Please bring your AARC Member Number to the program.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

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Physician Assistants: This program has been reviewed and is approved for a maximum of 6.0 hours of clinical Category I CME credit by the American Academy of Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity. This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

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Questions? Visit www.pesirehab.com/faqs, or call 800-844-8260

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DAY 1: Acute Care & ICU Rehab: Strategies for the Medically Complex Patient
☐ December 9, 2019

DAY 2: Cardiopulmonary Therapy for the Rehab Professional
☐ December 10, 2019

REGISTER NOW!
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ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

• **FREE Military Tuition:** PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: www.pesirehab.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

• **Groups of 10 or more:** Call 800-844-8260 for discounts.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesirehab.com/students or call 800-844-8260 for details. *Advance registration required.*

Cannot be combined with other discounts.

3 Check tuition:

TUITION WITH SEMINAR MANUAL

Day One only—Acute Care & ICU Rehab
☐ **\$229.99** (+ tax in HI) per person standard tuition
Day Two only—Cardiopulmonary Therapy
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