

Outline

- Normal Aging, Dementia, Depression or Delirium**
- Normal aging changes of the mind
 - Depression, dementia, and delirium
 - Alzheimer's disease and other dementias
 - Diagnose, differentiate, and develop a plan of care

- Alzheimer's Disease**
- Stages
 - Assessment
 - Getting a diagnosis
 - Behavioral issues of early diagnosis
 - Management and interventions
 - Pharmacological treatments

- Driving with Dementia**
- Driving safety
 - Legal issues
 - Assess driving abilities
 - How to take the keys away

- Wandering**
- Reasons why cognitively impaired individuals wander
 - Is wandering a bad thing?
 - Issues to consider
 - Manage a wanderer's behavior

- Physical Aggression**
- Identify the cause of aggression
 - Loss of impulse control
 - Regression of the mind/child-like mind
 - Manage the problem

- Inappropriate Sexual Behaviors**
- Normal sexual drive or inappropriate behavior
 - Cognitively impaired individuals
 - Medication management
 - Ethical considerations

- Refusing to Eat/Forgetting to Eat**
- Reasons why geriatric patients slow or stop eating
 - Nutritional needs in a geriatric patient
 - Improve nutritional status
 - Malnutrition and dehydration
 - Alternatives to eating

- Sleepless Nights**
- Sundowning and behavioral problems in the evening
 - Why does sundowning occur?
 - Environmental interventions to decrease aggressive behaviors
 - Medication management when it becomes problematic

- Caregiver Stress**
- Physical, psychological, and emotional stress
 - Identify caregiver burnout and ways to help
 - Assist the caregiver

- Other Issues**
- Ways to identify potential falls and prevent injury
 - Causes for orthostatic hypotension
 - Ways to avoid using restraints

- Case Studies: Learning from Experience and Mistakes**
- How to manage sundowners
 - Strategies to improve hygiene
 - Reassurance and redirection

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Seminar on DVD or CD Package:
You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesihealthcare.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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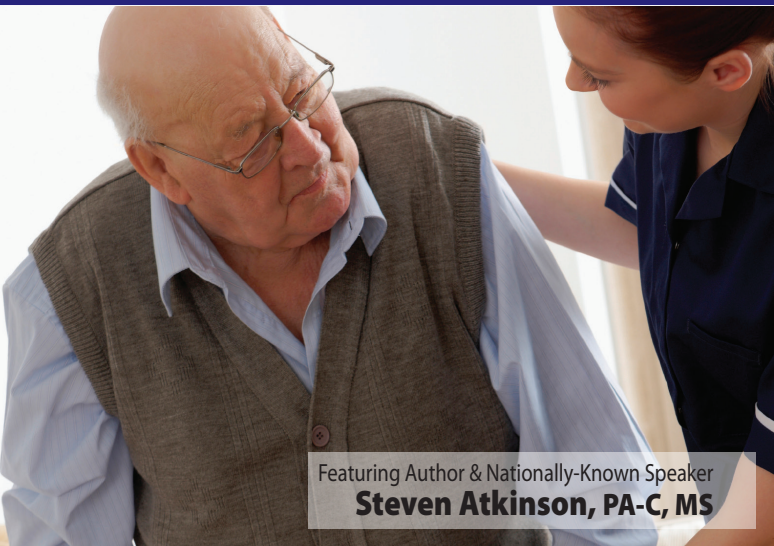
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Challenging Geriatric Behaviors



Featuring Author & Nationally-Known Speaker
Steven Atkinson, PA-C, MS


GRAND RAPIDS, MI
December 9, 2019

LANSING, MI
December 10, 2019

NOVI, MI
December 11, 2019

Challenging Geriatric Behaviors

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- Dementia, depression & delirium
- Sundowning & wandering
- Physical & sexual aggression
- Eating issues & nutrition
- Driving issues
- Caregiver stress & burn out
- Caregiver survival tips

GRAND RAPIDS, MI
Monday
December 9, 2019

LANSING, MI
Tuesday
December 10, 2019

NOVI, MI
Wednesday
December 11, 2019

CANCELLATION POLICY: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



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