

Outline

DSM-5® and ICD-10 Updates

Social-Pragmatic Communication Disorder
Impact on service delivery (school/community)
Successfully link home, school and therapy
IEP/504/Do they qualify for school services?
Co-morbid disorders: Why the difference is important

Social Skills Interventions

Improve social skill deficits
"Kid Cop" behaviors and why other kids get angry
How to get peers to recognize them in positive ways
Group activities
Early intervention strategies that can deliver long-term success

Communication Interventions

Conflict resolutions that are effective in multiple settings
Help peers and family members relate
Verbal interventions that overload processing
Pragmatic language and other abstract issues

Sensory Interventions

Self-stimulation (appropriate & inappropriate)
Sensory strategies to avoid
Coping/calming techniques that reduce meltdowns
Sensory diet

Anxiety Interventions

Anxiety-reducing activities
How anxiety impacts rigidity
Help them "self-regulate"
Successful transitions

Depression Interventions

Impact on flexibility and change
Therapy that works for people with HFA
Emergence in adolescence
Solitude vs. Loneliness

ADHD Interventions

ADHD vs. hyper-focus
Commonly prescribed medications and possible benefits and side effects
Specific triggers and what fuels the rage
Reduce aggressive and disruptive behaviors
Mistakes that escalate defiant behaviors
Overcome refusals to comply with even simple requests

Obsessive-Compulsive Disorder (OCD) Interventions

What to do when they become stuck on high interest areas
Specific medication interventions
Impact on socialization and behaviors

Interventions for Specific Difficult Behaviors

Reduce Internet and electronic addictions
Changes in technology, school systems and mental health delivery
Cognitive-Behavior Therapy (CBT) for mood and anxiety

Psychopharmacological Interventions

Differentiate among common medications
Medications that mimic difficult behaviors
Side effects and off label use

Case Studies, Demonstrations & Activities

Case studies that demonstrate specific interventions for aggressive and non-compliant behaviors
iPad® apps for social success, behavioral changes and speech and language
Staff training techniques to experience what an individual on the spectrum might

Research, Risks and Limitations

Objectives

1. Implement interventions to teach children/adolescents diagnosed with High-Functioning Autism (HFA) the skills to independently manage their own regulation, anxiety and fears.
2. Design effective strategies to approach transitions and routine life challenges for children/adolescents diagnosed with HFA.
3. Utilize specific interventions to improve long-term social-emotional success for children/adolescents diagnosed with HFA.
4. Suggest specific sensory-based calming techniques to reduce anxiety for children/adolescents diagnosed with HFA.
5. Recognize the potential side effects of psychotropic medication that can mimic or cause behavioral issues related to HFA.
6. Design specific behavioral interventions to reduce frequency, intensity and duration of difficult behaviors in children/adolescents with HFA.

CAN'T ATTEND THIS SEMINAR?

Register for the
Live Video Webcast
with Dr. Daniel Marston!
November 13, 2019
8am - 4pm Central
CE may vary. For more information, visit:
www.pesi.com/webcast/74702



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

Questions?

Call customer service at **800-844-8260**

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



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High-Functioning AUTISM

Proven & Practical Interventions for
Challenging Behaviors in Children,
Adolescents & Young Adults

FARGO, ND
November 13, 2019

SIoux FALLS, SD
November 14, 2019

OMAHA, NE
November 15, 2019

LIVE VIDEO WEBCAST
November 13, 2019

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High-Functioning AUTISM

Proven & Practical Interventions for
Challenging Behaviors in Children,
Adolescents & Young Adults

Presented by: **Michelle R. Matzke, PsyD**

Strategies for co-occurring deficits related to:

Social skills	Communication
Sensory	Anxiety/Rigidity
Depression	Meltdowns
ADHD	OCD
Psychotropic medications	Non-compliance

FARGO, ND
Wednesday, November 13, 2019

SIoux FALLS, SD
Thursday, November 14, 2019

OMAHA, NE
Friday, November 15, 2019

LIVE VIDEO WEBCAST
Wednesday, November 13, 2019

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HIGH-FUNCTIONING AUTISM

Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults

This intensive, full-day seminar provides proven intervention strategies, essential treatment tools, and behavioral techniques to help you analyze behaviors and actions, identify consequences for behaviors, and teach new skills to children, adolescents and young adults with high-functioning autism (HFA). Walk away with practical intervention techniques for social success, behavior changes and overcoming challenging co-occurring behaviors that deliver success through adulthood. The challenging co-occurring issues to be addressed are:

- Social skills
- Sensory
- Depression
- ADHD
- Psychotropic medications
- Communication
- Anxiety/Rigidity
- Meltdowns
- OCD
- Non-compliance

Gain valuable insight into common psychotropic medications, including both the helpful effects and potentially problematic side effects, that these individuals are prescribed. We will explore HFA and the new DSM-5® diagnosis of Social-Pragmatic Communication Disorder. You will receive the necessary tools to gain effective collaboration between clinicians, educators and parents. Through case studies, video clips and class participation you will leave this seminar with the confidence to identify actions that cause impediments in change, utilize more successful consequences for behaviors, and teach new skills to children, adolescents, and young adults with HFA. Don't just manage these individuals; provide interventions that can lead to successful independence into their adult years!

Speaker

Michelle R. Matzke, PsyD, is a licensed psychologist at Sweetgrass Psychological Services in Whitefish, Montana. She specializes in treating children, adolescents and young adults with Autism Spectrum Disorder (ASD), depressive disorders, anxiety disorders and behavioral disorders. Dr. Matzke consults with school systems, agencies, and organizations to provide the most effective services and interventions to children and adolescents with developmental concerns. She employs evidence-based treatment and interventions and through these interventions has developed social skill curriculums for high functioning children, adolescents and young adults with ASD. In addition, Dr. Matzke has presented in national and statewide conferences regarding topics of trauma and autism. She has a specific passion for helping communities and other professionals learn how to work with individuals on the autism spectrum in ways which encourage healthy independence, hope, and structure to assist these individuals in today's changing society.

Dr. Matzke earned her doctorate in psychology from Spalding University in Louisville, Kentucky and completed her internship at Child and Adolescent Behavioral Health in Canton, Ohio. She completed her post-doctoral training at Daily Behavioral Health where she specialized in assessing and treating children and adolescents with Autism Spectrum Disorder and comorbid conditions. Dr. Matzke is a member of the American Psychological Association and is dually licensed in the states of Ohio and Montana.

Speaker Disclosures:
 Financial: Michelle Matzke has an employment relationship with Montana Academy. She receives a speaking honorarium from PESI, Inc.
 Non-financial: Michelle Matzke is a member of the American Psychological Association; and the Ohio Psychological Association.

Webcast Speaker Disclosures:

Visit pesi.com/speaker to view Dr. Marston's bio.

Speaker Disclosure: Financial: Daniel Marston is in private practice. He receives a speaking honorarium from PESI, Inc.
 Non-financial: Daniel Marston is a Fellow, American Academy of Cognitive & Behavioral Psychology; Fellow, Pennsylvania Psychological Association; and member of the American Psychological Association.

Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on November 13, 2019, for this live, interactive webcast with speaker Daniel Marston, PhD, ABPP!

Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/74702

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker, or have a new topic idea, please contact Cyndi Postlewaite at cpostlewaite@pesi.com or call (715) 855-5253.

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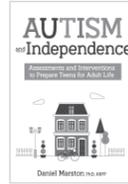


The Key to Autism

An Evidence-based Workbook for Assessing and Treating Children & Adolescents

By Cara Marker Daily, PhD

The Key to Autism is an invaluable and comprehensive resource for any professional assessing and treating autism in children and adolescents. Filled with dozens of case examples, exercises to understand how the brain with autism works, the latest tools for screening and assessment, plus over 25 downloadable worksheets and activities you can use immediately. This workbook is the key understanding the minds of children and adolescents with autism.



Autism and Independence

Assessments and Interventions to Prepare Teens for Adult Life

By Daniel C. Marston, Ph.D., ABPP

Autism & Independence is a new clinical resource to help teens and young adults with autism become their own person. Focusing on a population often overlooked, autism expert Dr. Daniel Marston wrote this game-changing guide, filled with strategies and skill building exercises.

Seminar Schedule

- 7:30 Registration/Morning Coffee & Tea
- 8:00 Program begins
- 11:50-1:00 Lunch (on your own)
- 4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

TARGET AUDIENCE:

- Speech-Language Pathologists • Speech-Language Pathology Assistants
- School Administrators • Special Education Teachers • General Education Teachers
- School-based Personnel • Social Workers • Counselors • Occupational Therapists
- Occupational Therapy Assistants • Behavioral Intervention Specialists • Psychologists
- Marriage & Family Therapists • Educational Paraprofessionals • Nurses
- Youth Leaders • Probation Officers
- Other helping professionals who work with children/adolescents/young adults

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepsi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Network.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Minnesota Counselors: Application for MN BBHT continuing education credits has been submitted. Please contact us at 800-844-8260 or info@pesi.com for the status of LPC CE hours.

Nebraska Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

North Dakota Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

South Dakota Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

Educators/Teachers: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

Minnesota Superintendents, Principals, Supervisors, Directors of Special Education, Directors of Community Education, and Career & Technical/Vocational Administrators and Supervisors: A Request for the Approval of a Continuing Education Program has been submitted to the Minnesota Board of School Administrators.

Marriage & Family Therapists: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Minnesota Marriage & Family Therapists: An application has been submitted to the Minnesota Board of Marriage & Family Therapists. Credit is pending.

North Dakota Marriage & Family Therapists: For the most up-to-date credit information, please go to: www.pesi.com/events/detail/75047.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Iowa Nurses: PESI, Inc. is an approved provider by the Iowa Board of Nursing. Provider #: 346. Full attendance at this activity qualifies for 6.3 contact hours. Full attendance in the activity is required; no partial contact hours will be issued for partial attendance. These contact hours are used for your license renewal. You will need to provide your license number to PESI. PESI must have this number on file in order for your hours to be valid.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Psychologists: This activity consists of 6.0 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Minnesota Psychologists: For the most up-to-date credit information, please go to: www.pesi.com/events/detail/75047.

North Dakota Psychologists: For the most up-to-date credit information, please go to: www.pesi.com/events/detail/75047.

South Dakota Psychologists: This live activity consists of 380 minutes of continuing education instruction and is related to the practice of psychology.

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

APPROVED PROVIDER



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.**

Social Workers: PESI, Inc. #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Minnesota Social Workers: PESI, Inc. is an approved provider with the State of Minnesota, Board of Social Work. Provider #: CEP-140. This course has been approved for 6.0 continuing education hours.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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Sheraton Sioux Falls Hotel
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DoubleTree Hotel Omaha Downtown
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ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

• **FREE Military tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

• **Groups of 5 or more:** Call 800-844-8260 for discounts.

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Cannot be combined with other discounts.

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3 Check tuition:

TUITION WITH SEMINAR MANUAL

\$219.99 – choose one of the options below:
 per person for 2 or more preregistering together —OR—
 single registration postmarked 3 weeks prior to seminar date
 \$249.99 standard

ADD-ON PRODUCTS

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- \$24.99*** *The Key to Autism* book
- \$26.99*** *Autism and Independence* book

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

4 Indicate method of payment:

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- ___ Seminar on DVD* (video) \$219.99 (RNV062530)
- ___ Seminar on CD* (audio) \$219.99 (RNA062530)
- ___ **The Key to Autism** book* \$24.99 (PUB084175)
- ___ **Autism and Independence** book* \$26.99 (PUB085945)

CE hours and approvals on products may differ from live CE approvals.

*Shipping is \$6.95 first item + \$2.00 each add'l item.

**Residents add applicable state and local taxes except in AK, DE, MT, NH, OR

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