

PSYCHOPHARMACOLOGY CERTIFICATE COURSE

for Mental Health Clinicians

Clients taking psychotropic medications need an advocate who can help them make sense of the whirlwind of information regarding what drugs are good for what conditions, potentially dangerous side effects and adverse reactions, and possible alternative treatments. They need someone who can not only effectively communicate vital information to them but can also collaborate with prescribers to determine the best course of action to take. **Simply put, these clients need you, and so you need this current and comprehensive certificate training in psychopharmacology.**

As a licensed psychiatric nurse practitioner with full independent prescriptive practice, **Susan Marie, PHD, PMHNP, CARN-NP** has the expertise necessary to guide you through the newest advances in psychopharmacology and contemporary trends in medication management. You will get the advantage of an intimate, in-depth look at the key issues from a vantage point that understands the experiences of clients, mental health professionals, and prescribers.

Susan's engaging presentation includes many take home "pearls" you can use to teach your clients about their medications and how to protect them from concerning, dangerous or adverse effects. You will find this conference to have the most up-to-date medication information and how to use it most effectively with your clients.

Space is limited!
Sign up today to earn your certificate!

Target Audience:

Counselors • Nurses • Nurse Practitioners • Clinical Nurse Specialists
Psychotherapists • Psychologists • Social Workers • Case Managers
Marriage and Family Therapists • Addiction Counselors • Pharmacists
Physicians Physician Assistants • Psychiatrists • Occupational Therapists
Occupational Therapist Assistants • Other Mental Health & HealthCare Professionals

Learning Outcomes

- 1 Describe the expanding role of the mental health clinician in issues related to clients' psychotropic medication use.
- 2 Analyze the actions, therapeutic uses, and side effects of antidepressants.
- 3 Explain how to recognize problematic prescribing patterns related to benzodiazepines and what can be done to resolve them.
- 4 Summarize effective strategies for improving outcomes of clients taking mood stabilizers.
- 5 Determine how to help clients manage possible side effects of antipsychotic medications.
- 6 Explore psychotropic medication treatment options for clients with Attention Deficit/Hyperactivity Disorder.
- 7 Contrast the benefits and risks of using hypnotics vs. alternative treatment options for sleep disorders.
- 8 Determine how to effectively incorporate medication treatment options for substance use disorders into an overall plan of care.
- 9 Communicate the efficacy of psychotropic medications in treating eating disorders and how to integrate their use with psychotherapy.
- 10 Evaluate the unique medication treatment considerations for geriatric clients.
- 11 Scrutinize the use of psychopharmacology interventions for women's health issues in light of the current evidence.
- 12 Ascertain the effectiveness of complementary and alternative agents for treatment of psychiatric conditions.

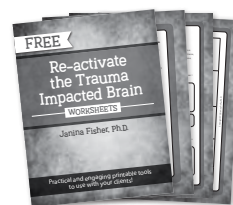
Susan Marie, Ph.D., PMHNP, CARN-AP, a licensed psychiatric nurse practitioner with full independent prescriptive practice and certification in addictions, brings to you over 30 years of clinical experience with highly vulnerable clients with suicidality, co-occurring addition, homelessness, serious mental illnesses, traumatic brain injuries, and persistent pain conditions. She is noted for her "pearls and pitfalls" of psychopharmacology. Her passions are radical respect for people with serious mental illnesses & addictions, excellence in psychopharmacology, and integrating psychotherapeutic interventions for clients with PTSD, addictions and chronic pain.

Dr. Marie is Senior Clinical Director for Behavioral Health at Old Town Clinic, Central City Concern and Associate Professor at Oregon Health and Science University in Portland, Oregon. She teaches nationally on psychopharmacology as well as suicide assessment and intervention.

Speaker Disclosure:
Financial: Susan Marie is an Associate Professor for Oregon Health & Science University. She receives a speaking honorarium from PESI, Inc.
Non-financial: Susan Marie has no relevant non-financial relationship to disclose.

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2-DAY

PSYCHOPHARMACOLOGY CERTIFICATE COURSE

for Mental Health Clinicians

Denver, CO
Monday & Tuesday
December 16 & 17, 2019



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2-DAY

PSYCHOPHARMACOLOGY CERTIFICATE COURSE

for Mental Health Clinicians

- "First line" medications for a variety of mental health conditions
- Common and potentially dangerous adverse side effects
- Psychiatric conditions that respond well to medications, and those that may require alternative treatment options
- How to effectively communicate and collaborate with prescribing practitioners
- What to know about current controversies in the field

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Denver, CO
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Comprehensive Course Agenda

THE VITAL, AND EXPANDING, ROLE OF THE MENTAL HEALTH CLINICIAN IN PSYCHOPHARMACOLOGY

Understand, and explain, drug metabolism and mechanism of action
Recognize when to refer for medication, and how to increase client interest and participation
Develop highly effective collaborations with prescribers

WHAT THE MENTAL HEALTH CLINICIAN NEEDS TO KNOW ABOUT:

Depressive Disorders
Neurochemistry of depression
Controversy regarding antidepressants and placebo – Who to treat when?
Types of antidepressants – pearls and pitfalls of different agents
Managing side effects
Treatment-Resistant Depression and drug combinations

Anxiety, Obsessive-Compulsive, & Trauma-Related Disorders

Neurochemistry of anxiety
SGAD, panic disorder, phobias
OCD
PTSD
Physiological interventions
Anti-anxiety medications
Antidepressants
The many other options often ignored

Benzodiazepines: risks and benefits
How to recognize problematic prescribing patterns
Getting off benzos: key pearls for success
Managing side effects

Bipolar Disorders

Neurochemistry and symptoms
The Bipolar Spectrum concept & DSM-5® changes
Types of mood stabilizers, when to use which and potential adverse effects
Lithium
Anticonvulsants
Atypical antipsychotics
Augmenting agents
Effective strategies for improving outcomes for clients
Using blood levels effectively – what the prescriber may not be watching
Treating pregnant or potentially pregnant women with bipolar disorder

Psychotic Disorders/Schizophrenia

Neurochemistry of psychosis and schizophrenia
Antipsychotic Medications:
First generation (typical)
Second generation (atypical)
Managing side effects
Extrapyramidal symptoms and TD
Metabolic problems – what blood tests are needed and when
Preventing Diabetes Mellitus

Recognizing hyperprolactinemia – and why you need to know
Use of atypical antipsychotics for multiple disorders
Pregnancy and psychotic disorders

Attentional Disorders

Differential diagnosis
Neurochemistry of ADHD
Controversy about treatment of ADHD with stimulants
Substance abuse and ADHD
Stimulant medications
Non-stimulant options
Managing side effects

Sleep Disorders

Differential diagnosis
Chicken or the egg? What came first, sleep problems or mental illness?
Controversy about treating sleep problems with hypnotics
Sleep interventions that really work
Hypnotic medications: risks and benefits
Alternatives to hypnotics
Recognizing adverse effects

Substance Use Disorders

Neurochemistry of addiction & habit development
Drugs of abuse and interaction with psychiatric medications
Caffeine
Nicotine
Marijuana (discussion of medical marijuana, cost vs. benefit)
Others

Challenging the old thinking about when to prescribe for clients with dual diagnosis – what we now know
Medication assisted treatments for addictions
Alcohol
Nicotine
Cannabis
Opiates
Behavioral addictions – what we know works

Eating Disorders

Anorexia, bulimia, binge eating disorder
Weight gain from psychotropic medications
Recognizing medical emergencies
Standard of care for lab work
Integrating psychotherapy with psychopharmacology

Special Populations: Geriatric

Specialized guidelines for geriatric clients
Discussion of dementia treatment
Antipsychotic controversy

Special Populations: Women

Hormonal issues in mood disorders & anxiety
Pregnancy and breastfeeding –
Presenting the choices
Resources for you and your clients
The dangerous, the concerning, and the possibly good options for psychopharmacology

Use of Complementary and Alternative Agents Across Psychiatric Conditions

Safety issues
Proven efficacy and dosin

Save by Including These Products with Registration!

Psychopharmacology

Straight Talk on Mental Health Medications - Third Edition

By Joseph F. Wegmann, Pharm.D., LCSW

A definitive guide to expand your knowledge in the pharmacological and behavioral treatment of psychosis, anxiety, depression, bipolar, insomnia and ADHD. Updates for the third edition include DSM-5® applications, newly released psychiatric meds, new risk factors with antidepressants, and the latest in geriatric psychopharmacology.

Somatic Psychotherapy Toolbox

125 Worksheets and Exercises to Treat Trauma & Stress

By Manuela Mischke-Reeds, MA, MFT

From over 25 years of clinical experience, Manuela Mischke-Reeds, MA, LMFT, has created the go-to resource for mental health therapists who want to incorporate somatic techniques into their daily practice. Highly-effective for clients dealing with trauma and stress disorders, somatic psychotherapy is the future of healing the entire person-body and mind.

Live Course Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Addiction Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 12.5 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

Counselors: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Marriage & Family Therapists: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 12.6 contact hours. Partial contact hours will be awarded for partial attendance.

Pharmacology Nurse Practitioners: This program offers 760 instructional minutes of pharmacology content which is designed to qualify for 12.6 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Scott Simpson at ssimpson@pesi.com or call 715-855-5263.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 12.5 contact hours or 1.25 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Psychologists & Psychiatrists: Psychiatrists

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists

The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 12.5 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Colorado Social Workers: PESI, Inc. is an approved provider with the Colorado Chapter of the National Association of Social Workers. Provider #1413. This course has been approved for 12.6 continuing education hours.

Other Professions: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

2-Day Psychopharmacology Certificate Course for Mental Health Clinicians

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ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

- FREE Military Tuition:** PESI, Inc. is proud to offer this seminar free of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**
- \$60 Tuition:** If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
- Groups of 5 or more:** Call 800-844-8260 for discounts.
- Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students or call 800-844-8260 for details. **Advance registration required.** *Cannot be combined with other discounts.*



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3 Check tuition:

TUITION with conference manuals

- ☐ **\$439.99** per person postmarked 3 weeks prior to event **or** per person for 2 or more preregistering together
- ☐ **\$499.99** standard tuition per person

ADD-ON PRODUCTS

Distributed at seminar—FREE SHIPPING!

- ☐ **\$24.99*** *Psychopharmacology, 3rd Edition* book
- ☐ **\$34.99*** *Somatic Psychotherapy Toolbox* book

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

4 Indicate method of payment:

ALL REGISTRATIONS MUST BE PREPAID.
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See below for individual product orders

2-Day Psychopharmacology Certificate Course for Mental Health Clinicians

___ **DVD*** (video) \$439.99 (RNV055105)
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___ **Psychopharmacology, 3rd Edition** book* \$24.99 (PUB083825)
___ **Somatic Psychotherapy Toolbox** book* \$34.99 (PUB085450)

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Questions? Call customer service at 800-844-8260

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (*on your own*)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.



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