

Outline

Whole Classroom SEL Techniques and Behavior Interventions, Activities & Instructional Practices To...

Build A Positive Classroom Community

The neuroscience behind your class: Ideas for working with student diversity
Cooperative learning structures to promote teamwork: Experiential activities
Reduce classroom anxiety and increase student connection to lessons
Build positive and effective learning-based classrooms
Evidenced-based practices for the five core competencies of SEL

Develop Student Perseverance and Grit

Growth vs fixed mindset: Research-based case studies
Build perseverance: Video demonstrations
Develop resilience toward rigorous and complex tasks
Mistakes as opportunities and prevent fear of failure

Increase Student Self-Awareness

Teach them how to assess their strengths and limitations
Increase self-confidence, optimism and self-efficacy
Help them identify emotions, thoughts and behaviors in different situations
Teach self-discipline and goal-setting skills
Self-monitoring techniques to track learning and academic behaviors

Improve Student Self-Regulation Skills

Model positive self-talk and effective self-reflection
Support executive-functioning needs
Develop problem-solving skills and solving conflicts
Manage and cope with emotions using evidenced-based frameworks

Develop Student Social Awareness

Teach perspective taking and empathy
Social anxiety techniques to reduce stress
Lesson plans on social and ethical norms for behavior

Manage Disruptive Behavior

Proactive and corrective measures
Practical motivational incentives
Strategies for the basic functions and needs of chronic misbehavior

Enhance Whole Class Positive Behavior Interventions

Behavior strategies to support academic success
Core elements of evidenced-based classwide reinforcement systems
Lesson plans on character education

Respond to Trauma and Tragedy

Strategies to positively support trauma impacted students
Calm the stress response related to anxiety or depression
Alternatives to zero-tolerance policies to help nurture resilience
Mitigate stress through mindfulness exercises, goal-setting activities and group identity-building

Live Seminar & Webcast Schedule (Times Listed in Central)

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (on your own)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Attend and walk away with an intervention plan in place to manage your most difficult students!

Objectives

1. Utilize best practices in the classroom to create a positive learning environment that fosters teamwork and helps students to develop prosocial behavior and relationships with peers and adults.

2. Implement instructional intervention strategies to support students' social-emotional learning as it relates to frustration management, impulse control and perseverance to achieve personal and educational goals.

3. Differentiate between a growth versus fixed mindset and implement interventions to support the development of a perseverance and grit in students.
4. Analyze common challenging student behaviors and demonstrate the application of a positive behavioral strategy to facilitate social-emotional learning skills.

5. Implement both proactive and reactive strategies for the most challenging disruptive and explosive student behavior.

6. Develop a SEL plan or behavior plan that can be used to support challenging student behavior across all settings.
- Questions?
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Disruptive Behaviors
in the Classroom

Quick "On the Spot" Social-Emotional Learning
and Behavior Interventions THAT GET BIG RESULTS!

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Disruptive Behaviors
in the Classroom

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and Behavior Interventions THAT GET BIG RESULTS!

Significantly reduce negative behaviors, such as:

| | |
|--------------------|------------------------|
| Noncompliance | Aggression |
| Emotional distress | Social withdrawal |
| Shutting-down | Detention |
| Inattention | Delinquent acts |
| Anxiety/Depression | Disciplinary referrals |
| Underachievement | Truancy/Drop outs |

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Disruptive Behaviors in the Classroom

Too often, students walk into our classrooms lacking the self-awareness and emotional management skills necessary to meet academic expectations. Without effective self-management strategies, students may respond impulsively and negatively to challenging and anxiety producing situations, impeding the learning of themselves and others.

With most of our time focused on academics, there's rarely enough time left for building student's character and supporting their social-emotional needs. However, we know that building emotional intelligence is just as important as building academic skills.

Attend this comprehensive one-day workshop and learn quick "on the spot" social-emotional learning (SEL) and behavioral strategies that are easy to incorporate in your classroom with ALL your students. When students internalize SEL practices they will...

- Self-regulate their own emotions and behaviors
- Resolve conflicts and develop resilience
- Use critical thinking skills and make wise choices
- Persevere in the face of rigorous tasks
- Initiate/maintain positive relationships
- Take responsibility for their behavior and learning
- Actively engage in learning and improving their grades
- Contribute to a positive classroom environment

Through interactive activities and video demonstrations you will leave this workshop inspired with a wealth of highly proactive and effective strategies to transform the social-emotional health of your classroom!

Speaker

Savanna Flakes, Ed.S., PMC, is an award-winning teacher, experienced instructional leader, and educational consultant who has taught a variety of subjects and led professional development for multiple school levels on a range of topics such as differentiation, literacy interventions, inclusion, co-teaching, and specially designed instruction. Educators who have worked with Savanna have often commented on her experience and knowledge of differentiated instructional strategies to ensure every learner has access to the curriculum and is ready for 21st century success. She is an engaging and enthusiastic international presenter who believes that every child has talents to offer and can be a contributing member in our classroom, school, and society. Savanna holds an Education Specialist Degree in Administration Leadership, a Post Masters Certificate in Education Leadership, and Curriculum and Instruction: Literacy, and Special Education. She is a National Board Certified Teacher (NBPTS), an International Education Technology Standards Certified Teacher (ISTE), a Google Certified Educator, and the author of the *Inclusion Instructional Strategies Corner for MultiBriefs*.

Speaker Disclosures:

Financial: Savanna Flakes is CEO for Inclusion for a Better Future, LLC. She receives a speaking honorarium from PESI, Inc.

Non-financial: Savanna Flakes has no relevant non-financial relationship to disclose.

Live Webcast Details and Live Webcast Continuing Education Credit Information

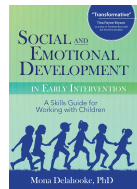
Join us on December 5, 2019, for this live, interactive webcast! Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/75990

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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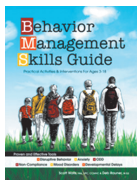
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Social and Emotional Development in Early Intervention

By Mona M. Delahooke, PhD

A groundbreaking resource for the field of early intervention. Illustrated with worksheets, charts and handouts, this reader-friendly book will provide valuable tools to nurture relationships, measure progress, reduce child stress, address challenging behaviors and promote self-regulation.



Behavior Management Skills Guide:

Practical Activities & Interventions for Ages 3-18

By Scott Walls, MA, LIPC, CCMHC & Deb Rauner, M.Ed.

A comprehensive manual featuring the best methods for effective change. Filled with strategies for individuals or groups, identifying 3 levels of negative behavior components and paired with interventions proven to increase positive behavior and skills.

TARGET AUDIENCE

General Education Teachers • Special Education Teachers • School Administration • School Social Workers • School Counselors
School Psychologists • Speech-Language Pathologists • Occupational Therapists • Occupational Therapy Assistants
School Paraprofessionals • Other Helping Professionals who Work with School-Age Children



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Wisconsin Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

Educators/Teachers: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

Wisconsin Educators: This course may be used toward your Professional Development Plan if it meets your individual goals. Please contact DPI with questions regarding individual PDP's. This course is 6.25 clock hours.

Occupational Therapists & Occupational Therapy Assistants: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

Psychologists: This live activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline and the certificate of completion you receive from this live activity. Contact us for more information on your state board or organization specific filing requirements. American Psychological Association credits are not available.

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.**

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.

• **Groups of 5 or more:** Call 800-844-8260 for discounts.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/ students or call 800-844-8260 for details.

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