

OUTLINE

Mental Health Evaluation

- Depression
- Anxiety
- Alcohol Abuse

Cognitive Disorder and "Forgetfulness"

- Transient Cognitive Decline
- Pre-cursor to dementia
- Mild Neuro-Cognitive Disorder

Diagnostics of Dementing Conditions

- Alzheimer's
- Vascular
- Parkinson's
- Lewy Body
- Frontotemporal
- Reversible Conditions

Cognitive Assessment Tools

- Mini-Mental State Examination
- SLUMS
- Clinical applications
- Administration and scoring
- Objective and subjective interpretation
- Therapy modalities

Differentiate Dementia and Depression

- Clinical indicators of depression and anxiety
- Practical application

Psychopharmacology

- Early and Mid-stage Alzheimer's - Acetylcholinesterase Inhibitors
- Mid and Late-stage Alzheimer's - Neurotransmitter Glutamate
- Alternate interventions

Behavioral Interventions

- Intervention strategies for depression, poor appetite, verbal and physical combativeness, refusing ADL care
- Strategies for coping mechanisms for the caregiver and clinician

Working with Caregivers at Home

- Caregiver guilt
- Depression

Ethics

- Responsibility to patient
- Reporting abuse
- Power of Attorney
- Documentation

“Excellent presentation. I ABSOLUTELY RECOMMEND it to all Mental Health and Health Care professionals.”
— Mary Lou Hipolito, LCSW

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

OBJECTIVES

- 1 Analyze the impact of dementia on brain structure and function, and determine the difference between “normal forgetfulness” and cognitive impairment.
- 2 Differentiate dementias from one another by identifying manifestations of each type.
- 3 Articulate differences between the Folstein Mini-Mental Status examination and SLUMS and effectively utilize them as screening measure tools for cognitive impairment and dementia.
- 4 Employ adaptable behavioral interventions that can provide patients with individualized care and promote more effective participation in therapy.
- 5 Investigate the concept of caregiver guilt and its implications for the client, clinicians, and those caring for older adults with dementia.
- 6 Correlate patients’ strengths and limitations to potential therapeutic approaches when developing treatment plans for older adults with dementia.

Target Audience

Social Workers • Psychologists • Occupational Therapists • Physical Therapists • Nurses • Speech-Language Pathologists

Counselors • Nursing Home Administrators • Assisted Living Facility Administrators • Long Term/Acute Care Professionals

Psychiatrists • Case Managers • Marriage & Family Therapists

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THE AGING BRAIN

Assessments, Treatments & Interventions for Alzheimer's Disease & Other Dementias

BOISE, ID
Monday, January 13, 2020

SALT LAKE CITY, UT
Tuesday, January 14, 2020

LAS VEGAS, NV
Wednesday, January 15, 2020

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THE AGING BRAIN

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- Easy-to-use tools that assess for possible cognitive difficulties
- EFFECTIVE INTERVENTIONS for coping with combativeness, depression and other dementia related behaviors
- Powerful strategies for working successfully with caregivers and families

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THE AGING BRAIN

This dynamic, one-day program will help you more effectively understand and intervene with Alzheimer's disease and other dementias that affect your geriatric patients. In an energetic and uplifting style, Dr. Steinberg will introduce you to a recipe of what works and what doesn't with and for older adult patients and their care providers. Dr. Steinberg will address the cognitive implications of the aging process in general, its effects on individual patients, and the pathological changes and functional manifestations specific to Alzheimer's disease and other dementias. Walk away with the tools necessary to differentiate the diagnostic criteria for various types of dementias seen in older adults, including Alzheimer's disease, Vascular Dementia, Parkinson's disease, Frontotemporal Dementia and Lewy Body Dementia. You will return to your practice better able to participate in interdisciplinary approaches in evaluation and treating Alzheimer's patients and their caregivers. Don't miss this 'one-of-a-kind' seminar.

Join geropsychologist Roy Steinberg, PhD, and walk away with:

- Behavioral interventions to engage patients with dementia to participate in therapy
- In-depth therapeutic approaches and practical strategies to use for ADL re-training and functional mobility for patients with Alzheimer's and dementia
- Strategies to strengthen and refine report writing/results
- Answers to your patients' and their families' concerns and fears related to the aging brain
- Tools to recognize underlying psychological conditions vs. dementia
- Evaluation and development of treatment plans for patients with dementia
- Cognitive interventions to maximize daily functioning

ROY D. STEINBERG, PhD, a gero-psychologist with over 22 years of experience, concentrates his work on diagnosing and facilitating treatment of individuals with Alzheimer's disease and other forms of dementia. He has lectured nationally on the assessment and treatment of individuals with Alzheimer's disease, and on increasing attention on caring for caregivers. Dr. Steinberg is the author of *Forgetting the Memories: A Caregiver's Journey Through Alzheimer's Disease* a guide for caregivers that draws upon his profound knowledge of the disease, its manifestations and treatment, and his great love and tenderness as the son of an Alzheimer's patient.

Dr. Steinberg maintains a private practice devoted exclusively to serving older adults and their caregivers. He provides evaluation, consultation, and psychotherapeutic services to older adults in nursing homes, assisted living, and medical facilities. Dr. Steinberg provides outpatient consultation, educational, and counseling services to families and other caregivers of older adults to facilitate coping with the process of dementia.

Dr. Steinberg is licensed in New Jersey, Pennsylvania, New York, and California. He received his PhD from the California School of Professional Psychology at Berkeley. He has been featured in numerous media venues, including television, radio, and print.

Speaker Disclosures:
Financial: Roy Steinberg maintains a private practice. He is an author for AuthorHouse. He receives a speaking honorarium from PESI, Inc.
Non-financial: Roy Steinberg has no relevant non-financial relationship to disclose.



Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Ryan Bartholomew at rbartholomew@pesi.com or call 715-855-8225.



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Mindful Aging: Embracing Your Life After 50 to Find Fulfillment, Purpose, and Joy

By **Andrea Brandt, PhD, MFT**

The acclaimed Mindful Aging is full of exercises and tools to help you embrace a new mindset and blaze a new trail in your life fueled by passion, purpose, and creativity. Through research, inspiring stories of real people, and Dr. Brandt's psychological insight, you'll be able to claim the immense joy and love that are yours to have, the deep wisdom that is yours to share, and the exciting self-discoveries and contributions that are uniquely yours to make.



Anti-Burnout Card Deck: 54 Mindfulness and Compassion Practices To Refresh Your Clinical Work

By **Laura Warren, MD, Mitch R. Abblett, Ph.D., Christopher Willard, Psy.D.**

Stay attuned and empathic towards even the most challenging clients. The Anti-Burnout Card Deck will help you let go of emotional residue and countertransference between sessions, and finish each day with a sense of satisfaction.

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

CASE MANAGERS: This course has been awarded 6.25 clock hours by the Commission for Case Manager Certification. Full attendance is required.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NEVADA COUNSELORS: This program has been submitted to the State of Nevada Board of Examiners for Marriage and Family Therapists for review. Credit is pending.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NEVADA MARRIAGE & FAMILY THERAPISTS: This program has been submitted to the State of Nevada Board of Examiners for Marriage and Family Therapists for review. Credit is pending.

NURSES, NURSE PRACTITIONERS, AND CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

NURSING HOME ADMINISTRATORS: This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 6.25 clock hours and 6.25 participant hours. Full attendance is required; no partial credits will be offered for partial attendance.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

ARIZONA PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: The Arizona State Board of Physical Therapy recognizes continuing competence activities that have been approved by any state PT association or national medical/health care association (e.g., AOTA, ASHA). This activity consists of 6.25 clock hours of instruction applicable for physical therapists.

NEVADA PHYSICAL THERAPISTS & PHYSICAL THERAPIST ASSISTANTS: This course has been submitted to the Nevada State Board of Physical Therapy for review.

PSYCHOLOGISTS & PSYCHIATRISTS: PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

The following state psychology boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania,

South Carolina and Wisconsin. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

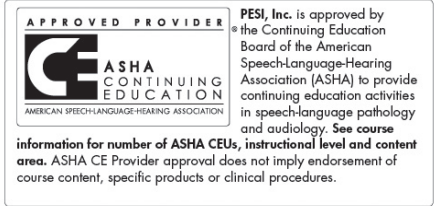
PSYCHOLOGISTS: This live activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline and the certificate of completion you receive from this live activity. Contact us for more information on your state board or organization specific filing requirements. American Psychological Association credits are not available.

ARIZONA PSYCHOLOGISTS: This activity consists of 380 minutes of continuing education instruction and is designed to meet the requirements of the Arizona Board of Psychologist Examiners. Please save the course outline, certificate of completion, and any other supporting documentation you receive from this live activity in case it is requested by the board.

CALIFORNIA PSYCHOLOGISTS: PESI, Inc. is approved by the CPA OPD to sponsor continuing education for psychologists. Provider #PES010. PESI maintains responsibility for this program and its contents. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

OREGON PSYCHOLOGISTS: This live activity consists of 380 minutes of continuing education instruction and is designed to meet the requirements of the Oregon Board of Psychology. Please save the course outline, certificate of completion, and any other supporting documentation you receive from this live activity in case it is requested by the board.

UTAH PSYCHOLOGISTS: This live activity consists of 380 minutes of continuing education instruction and is designed to meet the requirements of the Utah Department of Commerce Division of Occupational and Professional Licensing for psychologists. Please save the course outline, certificate of completion, and any other supporting documentation you receive from this live activity in case it is requested by the board.



SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for 6 ASHA CEUs (Intermediate level, Professional area).

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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ADA NEEDS

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

WALK-INS

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

TUITION OPTIONS

- **FREE Military Tuition:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**
- **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
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- **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students or call 800-844-8260 for details. **Advance registration required.** *Cannot be combined with other discounts.*

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