

# Meet Your Speaker

**Joe Kort, Ph.D., LMSW**, is a board-certified sexologist and the founder of The Center for Relationship and Sexual Health, and runs a private practice in Royal Oak, Michigan.



Dr. Kort, a therapist, coach and author, has been practicing psychotherapy for over 25 years and has spoken internationally on the subject of gay counseling. He specializes in sex therapy, gay affirmative psychotherapy, sexually compulsive behaviors, and IMAGO relationship therapy designed for couples to enhance their relationship through improved communication. Dr. Kort is a blogger for the *Huffington Post* and *Psychology Today* on issues of sexuality. He has been a guest on the various television programs on mixed orientation marriages and "sexual addiction". Dr. Kort is the author of several books, including, *LGBTQ Clients in Therapy*, *Gay Affirmative Therapy for the Straight Clinician*, *10 Smart Things Gay Men Can Do To Improve Their Lives*, *10 Smart Things Gay Men Can Do To Find Real Love*, and *Is My Husband Gay, Straight or Bisexual*.

Speaker Disclosure:  
Financial: Joe Kort is President of Joe Kort & Associates, PC. He receives a speaking honorarium from PESI, Inc.  
Non-financial: Joe Kort has no relevant non-financial relationship to disclose.

*"This was a wonderful, informative workshop. Presenter's delivery was great, open and created comfortable environment."*

**Nancy – Social Worker**

## Live Seminar Continuing Education Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**Cultural Competency:** This seminar qualifies for 6.25 hours of cultural competency instruction. If cultural competency is not specified within your licensing board's approval statement below, please contact your board to determine the applicability and amount of cultural competency allowed.

**Addiction Counselors:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

**Counselors (NBCC):** Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies has been approved by NBCC for NBCC credit. PESI, Inc. is solely responsible for all aspects of the program. NBCC Approval No. SP-3235. PESI is offering this activity for 6.5 clock hours of continuing education credit.

**Marriage & Family Therapists:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**Wisconsin Marriage & Family Therapists:** This course has been submitted to the Wisconsin Association for Marriage and Family Therapy for review. Credit is pending.



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**Nurses, Nurse Practitioners, and Clinical Nurse Specialists:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

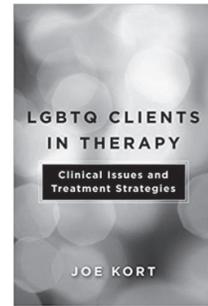
**Psychologists:** This activity consists of 6.0 clock hours of continuing education instruction. The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Social Workers:** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**Other Professions:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

## Save by including these products with seminar registration!



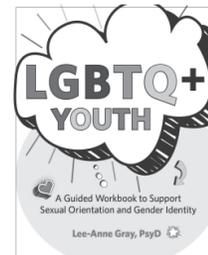
### LGBTQ Clients in Therapy

*Clinical Issues and Treatment Strategies*

By Joe Kort, Ph.D., LMSW **YOUR SPEAKER**

All the answers clinicians need to work effectively with LGBTQ clients.

A therapist who treats LGBTQ clients often must be more than "gay friendly." Gay, lesbian, bisexual, and transgender clients have specific needs that require their own knowledge base. This book offers up-to-date information for clinicians treating LGBTQ clients, including new chapters on transgender, sexually fluid, and gender nonconforming clients.



### LGBTQ+ Youth

*A Guided Workbook to Support Sexual Orientation and Gender Identity*

By Lee-Anne Gray, PsyD.

The most comprehensive, practical and user-friendly workbook written specifically for clinicians and educators to engage and support lesbian, gay, transgender, bisexual and questioning youth.

Over 75 different concepts, worksheets, handouts and practices based in mindfulness, meditation and self-compassion that help children, adolescents and their caregivers.

## Live Webcast Details and Live Webcast Continuing Education Credit Information

**Join us on February 18, 2020, for this live, interactive webcast!** Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: [www.pesi.com/webcast/77627](http://www.pesi.com/webcast/77627)

*"Don't miss this valuable opportunity to learn from a leading expert in the field!"*

*"Brilliant presenter, could have kept listening for days!"*

**Tamara – Counselor**

*"Joe was an excellent presenter! He knew his subject, used humor well, and was available to answer any questions – thanks!"*

**Sue – Social Worker**

*"I feel that I gained a lot of good info for my clients."*

**Angie – Counselor**

*"Best program I have been to!"*

**Christina – Psychologist**

Don't Miss!  
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**TUESDAY**  
February 18, 2020

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# Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

- Avoid the top mistakes therapists make
- Become the go-to LGBTQ therapist
- Be on top of the up-to-date language and terms

**Neenah, WI**  
Monday, February 17, 2020

**Madison, WI**  
Tuesday, February 18, 2020

**Live Video Webcast**  
Tuesday, February 18, 2020

**Wauwatosa, WI**  
Wednesday, February 19, 2020



**REGISTER NOW! [pesi.com/express/77120](http://pesi.com/express/77120)**

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- Avoid the critical mistakes therapists can make
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- Be on top of the up-to-date language and terms

Earn 6.25 Cultural Competency CE Hours

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**Live Video Webcast**  
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**Wauwatosa, WI**  
Wednesday, February 19, 2020



**Featuring Joe Kort Ph.D., LMSW**  
International Speaker, Author and Expert



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## Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

Are you making the biggest mistake treating your LGBTQ clients? Are you pushing them to “come out”? And if you are...you could be traumatizing your clients.

I made the same mistake early in my career of forcing my clients to name and claim their sexual identity.

I didn't know how to ask them about their sexual practices. And when I tried, I offended them.

Come to my workshop and I will equip you with the right tools and up-to-date information you need in this **rapidly changing population** to more effectively counsel your lesbian, gay, bisexual, transgender and questioning clients, and couples.

You will learn specific strategies to better treat the unique challenges your client may be facing such as:

- self-acceptance and internalized homophobia
- non hetero-normative sexual behaviors and practices
- trauma and abuse from growing up LGBTQ
- the difficult process of coming out

Also, let me help you avoid the common mistake of believing, “a couple is a couple” and treating LGBTQ couples the same as their heterosexual counterparts.

Don't be the straight therapist that is losing LGBTQ clients because of poor intake, assessment and treatment planning. Learn how to offer your clients a safe place for therapy.

I look forward to meeting you at my workshop!

Joe Kort, Ph.D., LMSW

### Target Audience

Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers  
Marriage & Family Therapists • Nurses • Addiction Counselors  
Other Mental Health Professionals

**Questions?** Visit our FAQ page at [www.pesi.com/faq](http://www.pesi.com/faq) or contact us at [www.pesi.com/info](mailto:www.pesi.com/info)



PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. *Limited seats available; advance online registration required.*

## Outline

### Do No Harm: Make Your LGBTQ Client Feel Safe & Respected in Therapy

Red-flag words: Offensive words you might use (without you knowing!)

Intake session: questions about developing identity

Strategies to establish rapport and comfort

Tips for discussing sex and sexuality

### Talk About Sex!

Don't miss out on key info by ignoring the sex talk

Top or bottom? And other important questions to ask: flexible, changing sexual preferences and attractions

Varieties of sexuality

Protect the client from your own biases and assumptions

### Coming Out

Stigma and its impact on mental health from childhood to adulthood

6 distinct stages with interventions

Navigate the 3 phases of coming out to avoid isolation and alienation

Fear, shame and rejection unique to this population

Relationship concerns: family, friends, school or workplace

Finding a sense of belonging in LGBTQ community

Harmful and dangerous effects of conversion therapy

### LGBTQ Adolescence

Coming out issues

It gets better but not before coming out  
Bullying and other safety issues contributing to PTSD

Harm reduction adult dating apps such as Grindr, Scruff, etc.

Risk assessment for substance abuse

Assess for suicidality

Finding support

### Gay Male

Develop a treatment plan and goals for unique challenges growing up gay male

Accurate assessment of alcohol use with this high risk population

HIV & STI prevention strategies and risk and harm reduction

Generational differences informing different treatment plans

Internalized homophobia

Learn specific sexual terminology to avoid alienating your client

### Lesbian

Develop a treatment plan and goals for unique challenges growing up lesbian

Specific terminology that is helpful and damaging in this population

Sex and sexuality: what to know, what to ask

Strategies to manage gender dynamics

Internalized homophobia manifests in development

### Bisexuality

Learn strategies to help the anxiety of bisexuals in dating and relationships

Internalized biphobia and bisexual development from childhood into adulthood

Compare and contrast male and female bisexuality

### Transgender

Overcome the knowledge barrier

Avoid using outdated treatment plans

Learn and differentiate correct terms such as gender queer, gender fluid and cisgender

Strategies to help your client tell their partner, families, friends and employers

Tips to discuss hormone treatments and surgical procedures

Crucial points for transgender teens medically and psychologically and how to create best treatment plan

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Tips to discuss hormone treatments and surgical procedures

Crucial points for transgender teens medically and psychologically and how to create best treatment plan

### Questioning

Avoid mislabeling a client and leading them down the wrong sexual identity path

Differentiate between sexual fluidity from bisexuality, gay and lesbian identities

Differentiate between sexual identity, sexual behavior and sexual fantasies

### Working with LGB Couples

Dynamics of a same gendered couple including vulnerabilities and strengths

Coming out discrepancy causing turbulence for couples

Recognize and identify how internalized homophobia creates conflicts

Open relationships in gay male couples

Sexual issues and strategies on compatibility, incompatibility, frequency and satisfaction

### Working with Mixed Orientation Couples and Relationships

Specific stages of coming out as a mixed orientation couple

Specialized treatment programs for the straight spouses

Helping LGBTQ spouse integrate their identity into their mixed orientation relationships

Learn how to identify which couples will succeed and which won't

### Live Seminar & Webcast Schedule (Times Listed in Central)

**7:30** Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00** Lunch (*on your own*)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.



### Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

**Seminar on DVD or Digital Format:** You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

**Have a seminar idea? A manuscript to publish?** The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Nicole Rate at [nrate@pesi.com](mailto:nrate@pesi.com) or 715-855-5291.

## REGISTRATION FORM LESBIAN, GAY, BISEXUAL, TRANSGENDER AND QUESTIONING (LGBTQ) CLIENTS: CLINICAL ISSUES AND TREATMENT STRATEGIES

**SAVE TIME! Express Register Online: [pesi.com/express/77120](http://pesi.com/express/77120)**

**1 Please complete entire form if sending by mail** please print legibly ©2019

**Mail Code:** \_\_\_\_\_ See mail code box on reverse side above your name & address

\*Email address \_\_\_\_\_ **\*Email required to receive registration confirmation, CE certificate, and/or digital product.**

Name \_\_\_\_\_ Profession \_\_\_\_\_

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City \_\_\_\_\_ County \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\*Cell Ph ( ) \_\_\_\_\_ Work Ph ( ) \_\_\_\_\_ **\*Required for event updates**

**2 Select Location** (make copy for your records)

**NEENAH, WI • February 17, 2020 (77120NEN)**  
DoubleTree By Hilton Neenah • 123 E Wisconsin Ave • 54956 • (920) 725-8441

**MADISON, WI • February 18, 2020 (77120MAD)**  
Hilton Madison Monona Terrace • 9 E Wilson Street • 53703 • (608) 255-5100

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**3 Select Tuition**

**TUITION including seminar manual**  
**\$219.99** – choose one of the options below:  
 per person for 2 or more preregistering together —OR—  
 single registration postmarked 3 weeks prior to seminar date

**\$249.99** standard

**ADD-ON PRODUCTS — Save on Shipping! — Products Distributed at Seminar**

**\$27.95\* LGBTQ Clients in Therapy** book (SAM085315)

**\$29.99\* LGBTQ+ Youth workbook** (PUB085455)

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

**WEBCAST with downloadable seminar manual**  
 **\$219.99** registration (+ tax in HI & NM)

**4 Select Payment Method**

**All registrations must be prepaid.**

Check enclosed payable to **PESI, Inc.**

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**ADA NEEDS**  
We would be happy to accommodate your ADA needs; please email [info@pesi.com](mailto:info@pesi.com) or call 1-800-844-8260 at least two weeks prior to the seminar date.

**SAME DAY REGISTRATION**  
Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

**TUITION OPTIONS**  
*Advance registration required. Cannot be combined with other discounts.*

- **FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. *Limited seats available; advance online registration required.*
- **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, first come, first serve.
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**OTHER WAYS TO REGISTER**

Fax: 800-554-9775  
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Eau Claire, WI 54702-1000  
Phone: 800-844-8260  
Online: [pesi.com/express/77120](http://pesi.com/express/77120)

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**Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies**

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\$219.99 (POS046550) (Email required)

**Seminar on DVD\*\***  
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