THE CLINICAL IMPACT OF MARIJUANA

When the Use of Marijuana Has Gone Too Far

MORNING WEBCAST 10am - 1pm EST

As a mental health clinician, you're more likely than ever before to have clients who use marijuana and cannabis products.

And while the last decade has seen a cultural shift toward acceptance of marijuana use, cannabis has significant addictive potential that you can't afford to overlook as a mental health clinician. Cannabis Use Disorder can exacerbate your clients' mental health problems as they self-medicate to avoid uncomfortable emotions, thoughts and memories.

Even if addiction isn't the focus of your practice, you need to be prepared when your client's use of marijuana and cannabis products goes too far!

Attend this 3-hour webcast and you'll get:

- Tools and tactics to identify Cannabis Use Disorder in your clients
- Techniques for successfully treating co-occurring disorders with marijuana users
- Evidence-based approaches to manage cannabis withdrawal symptoms
- The latest on Medication Assisted Treatment

Sign up today and ensure you're confident in your ability to provide your clients' the best care possible and ready to navigate the everchanging impacts of drug use on your work!

Objectives

- 1. Characterize how the addictive properties and physical impacts of marijuana on the body and how this information informs treatment approach.
- 2. Detail how beliefs about marijuana can negatively impact treatment and articulate how clinicians can employ techniques to combat this obstacle.
- 3. Articulate how screening tools can be used with marijuana use disorder clients to identify co-occurring disorders that can negatively impact treatment outcomes.
- 4. Examine the latest research regarding the efficacy of psychosocial approaches for effective marijuana cessation.

Outline

EFFECTIVE APPROACHES TO MARIJUANA CESSATION

Prevalence of marijuana use Modes of intake Potency Pharmokinetics

THE IMPACT OF CANNABIS USE **DISORDER ON THE BRAIN**

Brain centers – the relationship between brain centers and pain The pleasure factor and the addicted brain Differences from other substance use

disorders How chronic marijuana use changes the

brain

CANNABIS WITHDRAWAL SYNDROME (CWS)

Cutting edge research Symptoms and course of withdrawal Clinical screening tools Techniques to lessen symptoms and reduce cravings

PSYCHOTHERAPEUTIC APPROACHES TO TREAT CANNABIS USE DISORDER

Signs of marijuana use disorder and questions to ask CBT – recent studies Motivational Interviewing and Motivational Enhancement Therapy

Contingency Management 12-Step Counseling Family counseling Adjunct approaches Assessing and modifying treatment to ensure effectiveness Research limitations and risks of psychotherapeutic approaches

IDENTIFY AND TREAT CO-OCCURRING DISORDERS WHEN MARIJUANA IS INVOLVED

The impact of co-occurring disorders on treatment outcomes

Primary disorders vs. substance-induced co-occurring disorders

- Screening procedures and tools
- Questions to ask
- Recording results
- Safety issues
- Trauma history

Validity in co-occurring treatment research

Risks associated with co-occurring treatment options

MEDICATION ASSISTED TREATMENT (MAT)

Medications that are being used in current trials

Limitations of research and potential treatment risks

Speaker

Hayden Center, PhD, LPC, has been treating individuals and families who suffer from substance abuse disorders, including opioid use disorder, for over 25 years in a private practice setting. Dr. Center most recently served as the evaluator for the Center for Substance Abuse Prevention's (CSAP) Southeast Center for the Application of Prevention Technologies (SECAPT) and the Border Center for the Application of Prevention Technologies (BCAPT).

Dr. Center served as a consultant to the Alabama Governor's Office of Drug Abuse Policy for 10 years and has worked with numerous state and local agencies in the state of Alabama.

He has provided over 200 trainings on the topics of science-based prevention, evaluation, risk and protective factors, co-occurring disorders, and other mental health and substance abuse issues. His current interests are providing training and technical assistance to increase the usage and effectiveness of evidence-based treatments and approaches.

In addition to his private practice, Dr. Center has taught in university settings for over 28 years. He teaches graduate-level courses in Theories of Psychotherapy, Advanced Objective Testing, Psychopharmacology, and undergraduate courses in psychology at Auburn University in Montgomery, Alabama. He earned his PhD in counselor education and Master of Science in psychology at Auburn University in Montgomery, Alabama

Speaker Disclosures: Financial: Hayden Center maintains a private practice. He receives a speaking honorarium from PESI, Inc. Non-financial: Havden Center has no relevant non-financial relationship to disclose

Join us for this live, interactive webcast! ••••••• NON-PROFI ORGANIZATIC US POSTAGE P, EAU CLAIRE V PERMIT NO 321 5 MARIJUANA 20 and METH Monday $\mathbf{\infty}$ Novembe What Every Mental Health **Professional Needs to Know NOW!** NOVEMBER 18, 2019: MORNING WEBCAST PESI, Inc. P.O. Box 1 Eau Claire THE CLINICAL IMPACT **OF MARIJUANA** LIVE WEBCAST: NOVEMBER 18, 2019 When the Use of Marijuana Has Gone Too Far MARIJUANA NOVEMBER 18, 2019: AFTERNOON WEBCAST and METH THE METH EPIDEMIC What Every Mental Health Professional Needs to Know NOW! What Every Clinician Needs to Know **MORNING WEBCAST** THE CLINICAL IMPACT OF MARIJUANA Participate in Live Webcast BOTH WEBCASTS Monday, November 18, 2019 **AFTERNOON WEBCAST** and Train your whole organization and SAVE! SAVE \$100! THE METH EPIDEMIC **PESI REGISTER NOW!** pesi.com/webcast/77377 **REGISTER NOW! pesi.com/webcast/77377**

THE METH EPIDEMIC

What Every Clinician Needs to Know

AFTERNOON WEBCAST 2pm - 5pm EST

Dangerously addictive, meth is a drug that ends lives. It's literally a substance so volatile it puts holes in the human brain.

But it harms those far beyond the nearly half-million Americans that use meth each week. Families are neglected, children are exposed, and the prison system is overrun. It's everyone's problem

As the tentacles of this sinister epidemic spread into our communities, you need to be prepared to address issues related to methamphetamine and other stimulant drug use in your clients' who use and in your clients' who have a drug user in their lives!

Whether you're an addictions professional, social worker, counselor, psychologist or nurse, this 3-hour webcast will give you the critical information you need to:

- Understand the impact of co-occurring disorders with meth use on treatment outcomes
- Work more effectively with clients that struggle with a dependency on meth
- Be prepared for future trends and next steps in dealing with the meth epidemic

Sign up now and make sure that you can be part of the solution to one of the scariest epidemics facing our communities today!

Objectives

- 1. Characterize how the addictive properties and physical impacts of methamphetamine on the body and how this information informs treatment approach.
- 2. Detail how other mental health disorders can negatively impact treatment and articulate how clinicians can employ techniques to combat this obstacle.
- 3. Communicate how clinicians can assess ongoing methamphetamine use treatment to evaluate effectiveness, and outline steps that can be taken to modify treatment when needed.
- 4. Articulate how screening tools can be used with methamphetamine use disorder clients to identify co-occurring disorders that can negatively impact treatment outcomes.

Outline

OVERVIEW OF METHAMPHETAMINE

Prevalence of meth use How meth is produced Typical cycle of dependence

THE IMPACT OF METHAMPHETAMINE **USE DISORDER ON THE BRAIN**

Brain centers – the relationship between brain centers

The pleasure factor and the addicted brain Differences from other substance use disorders

How chronic meth use changes the brain

PSYCHOTHERAPEUTIC APPROACHES TO TREAT METHAMPHETAMINE USE DISORDER

Signs of meth use disorder and guestions to ask

CBT – recent studies

- Motivational Interviewing and Motivational Enhancement Therapy
- Contingency management
- The Matrix Model
- 12-step counseling

Family counseling

Adjunct approaches - including smart phone daily prompts

Assessing and modifying treatment to ensure effectiveness Research limitations and risks of psychotherapeutic approaches

IDENTIFY AND TREAT CO-OCCURRING DISORDERS WHEN METH IS INVOLVED

The impact of co-occurring disorders on treatment outcomes

Primary disorders vs. substance-induced co-occurring disorders

Screening procedures and tools

- Questions to ask
- Recording results
- Safety issues
- Trauma history

Validity in co-occurring treatment research Risks associated with co-occurring treatment options

MEDICATION ASSISTED TREATMENT (MAT)

Medications that are being used in current trials Limitations of research and potential treatment risks

ROUTES TO PREVENTION: SETTING THE STAGE FOR FUTURE SUCCESS

Community-level approaches to prevention of meth use Prevention approaches at the individual level

Relapse techniques

Target Audience

- Social Workers
- Counselors
- Psychologists
- Addiction Counselors
- Therapists
- Case Managers
- Nurses
- Public Health Department Staff
- Marriage and Family Therapists
- Other Mental Health Professionals

Live Webcast **Schedule**

(Times Listed in Eastern)

10:00 Morning webcast begins 1:00 Morning webcast ends Lunch Break 1 hour 2:00 Afternoon webcast begins 5:00 Afternoon webcast ends

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One CE Certificate is included. Only \$49.99 per CE Certificate for each additional participant per webcast.

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Webcast Continuing Education Credit Information

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If your profession is not listed please contact your licensing board to determine your continuing education requirements and check for reciprocal approval Fo ther credit inquiries not specified below, or questions on home study credit availability, please contact cepes@pesi.com or 800-844-8260 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networke

The Clinical Impact of Marijuana: When the Use of Marijuana Has Gone Too Far

Addiction Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 3.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial

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Marriage & Family Therapists: This activity consists of 180 minutes of continuin ments and approvals vary per state board regulation instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of continuing nursing education by t Nurses Credentialing Center's Commission on Accreditation. on by the America

Nurses in full attendance will earn 3.0 contact hours. Partial contact hours will be awarded for partial attendance

Psychologists & Psychiatrists & Physicians

Psychiatrists & Physicians

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Medical Education to provide continuing modulation continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 3.0 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists

The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin, This activity consists of 3.0 clock hours of continuing education instruction. Certificates of tendance will be issued for you to submit to your state licensing board to recognize or continuing education credit.

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school bsychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 3.0 hours of continuing education credit equired; no partial credits will be offered for partial attendance. credit. Full attendance

Social Workers: PESI, Inc., #1062, is approved to offer social inuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE)

program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. naintains responsibility for this course. ACE provider approval period: January 2017 - January 27, 2020, Social Workers completing this course receive 3.0 Clinica Practice continuing education credits. Competence in thermediate. Full attendance is required, no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation

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whether an individual course may be accepted for continuing education credit. PESI Inc. maintain responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 3.0 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation

Other Professions: This activity qualifies for 180 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact ir own board or organization for specific requirements

MARIJUANA and METH

What Every Mental Health Professional Needs to Know NOW!

HOW TO REGISTER



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Webcast Information:

Norning webcast starts at 10:00 am Eastern time Afternoon webcast starts at 2:00 pm Eastern time

November 18, 2019 PLW77376



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