OUTLINE

Uncover Misbehavior's Hidden Motives

The 5 "needs" that drive all misbehavior 15 maladaptive ways teens guard against feeling hurt

14 keys to stop misbehavior

Use High-Impact Interviewing

Respond effectively to "I don't know," "It's not my fault," and "I don't care" 10 dynamite probes to unearth hidden motives Reduce defensiveness and build trust

Improve Social Skills and Self-control

Bolster temptation resistance Sharpen decision-making and problemsolving Upgrade apology skills Impart healthy handling of anger

Resolve Attention-seeking and Power-displaying behavior

Effective strategies for "You can't make me!" 16 techniques for the bossy teen 10 tools for "notice me more"

Resolve Malicious Misbehavior

Teach important insights about revenge Prevent bullying and threats Decrease vandalism

9 answers for the "look tough, act tough" teen

OBJECTIVES

Resolve Irresponsible and Self-destructive Misbehavior

30 answers for "I can't do it" cop-outs Rebuild self-confidence Strengthen stress coping skills

Adapt Your Intervention to Each Client

Recognize the limitations of every approach The client's unique perspective is pivotal Determine how the child perceives the world/people/self

Interpret the child's actions as an attempt to express autonomy and belonging

Help Teachers and Parents

Stay out of "ignore-nag-yell-punish" cycles Develop conscience without punishing or attacking Refine empathy skills

Sidestep power struggles

Improve cooperation with chores and routines Reduce sibling rivalry and improve family dynamics

Live Seminar & Webcast Schedule (Times Listed in Eastern) 7:30 Registration/Morning Coffee & Tea 8:00 Program begins **11:50-1:00** Lunch (on your own) 4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon) Actual lunch and break start times are at the discretion of the speaker A more detailed schedule is available upon request.

Questions? Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info

- 1. Use at least 5 clinical interventions to reduce attention-seeking misbehavior in clients.
- 2. Demonstrate at least 4 clinical interviewing strategies to address resistance, reduce defensiveness and build trust with clients.
- 3. Implement at least 5 intervention methods to reduce power-displaying misbehavior in clients.
- 4. Incorporate effective interventions to help clients express anger in a constructive, healthy manner.
- 5. Teach caregivers behavioral strategies to increase compliance and cooperation at home and school.
- 6. Assess the client's worldview and interpret the meaning behind maladaptive behavior in order to develop an individualized treatment plan.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Limited seats available; advance online egistration required.

Target Audience: Psychologists • Social Workers • Counselors • Occupational Therapists • Speech-Language Pathologists Psychiatrists • Educators • Probation Officers and Other Helping Professional who work with children



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> **OPPOSITIONAL**, **AGGRESSIVE**, **ATTENTION-SEEKING & UNCOOPERATIVE**

Children, Teens and Young Adults

High-Impact Strategies to Reduce **Chronic Misbehavior**

Wednesday February 12, 2020

Cromwell, CT Thursday February 13, 2020

Live Video Webcast Thursday

Warwick, RI

Friday February 14, 2020





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February 13, 2020

Trumbull, CT

OPPOSITIONAL, AGGRESSIVE, **ATTENTION-SEEKING & UNCOOPERATIVE**

Children, Teens and Young Adults

High-Impact Strategies to Reduce Chronic Misbehavior

- Overcome defensiveness, lying and defiance
- Get out of power struggles and win cooperation
- Sharpen interviewing tactics to gain trust
- Uncover the hidden motives behind misbehavior
- Divert and reduce hostility and aggressiveness
- Make pro-social adaptive behavior an attractive alternative to acting-out

Trumbull, CT Wednesday February 12, 2020

Cromwell, CT Thursday February 13, 2020

Live Video Webcast Thursday February 13, 2020

Warwick, RI

Friday February 14, 2020

tion serving the educational needs of mental health professionals since 1979.

REGISTER NOW: pesi.com/express/77076

This seminar is for YOU if you work with young adults, teens or children who:

- Debate and invite power struggles with parents or teachers
- Display hostile, angry, revengeful, exploitative or predatory tendencies
- Use silly, immature tactics to gain attention and get noticed
- Engage in property destruction, fire-setting, vandalism or animal cruelty
- Have diagnoses such as ADHD, ODD, Bipolar Disorder, or Conduct Disorder
- Act irresponsible, helpless, negligent or tardy
- · Snicker at charts-and-stars and other "behavior modification" attempts

Attend this seminar and learn a wealth of high-impact techniques that cut across diagnostic lines and apply universally, from early childhood to young adult. Using these techniques will enable you to accomplish quickly what can often be missed in months of regular talk therapies, counseling or behavior modification reward systems.

You'll learn how to stop pre-delinquent clients' manipulations such as victim playing, power struggling, denial, minimizing, defiance, evasive lying, excuse making, blaming, and justifying. You'll learn key strategies for "reading" misbehavior to uncover its underlying needs

and motivations. You can share these methods with teachers and parents to free them from "ignore-nag-yell-punish" cycles and senseless power struggles. Discover powerful techniques to divert and reduce hostility and revenge in oppositional, predatory, violent adolescents and young adults. You'll be able to introduce prosocial adaptive behaviors that develop conscience and satisfy their unmet needs that trigger misbehavior.

SPEAKER

John F. Taylor, Ph.D. is a prominent innovator and highly regarded authority on child discipline from the Adlerian perspective. During his over 40 years of clinical practice he has specialized in diagnosis and treatment for stressed families and at-risk children, teens and adults. He is the director of Parentology, an information and resource provider for Attention Deficit Hyperactivity Disorder and related conditions. The author and producer of over 200 professional journal articles, newspaper columns, journal columns, books, video DVDs, audio CDs and booklets, he is perhaps best known for his landmark parent-teacher-counselor guidebook "Helping Your ADD Child" and his best-selling "The Survival Guide for Kids with ADHD." Among his most popular publications on child discipline are "From Defiance to Cooperation," "Understanding Misbehavior," "Correcting Without Criticizing," "Anger Control Training," and "Diagnostic Interviewing of the Misbehaving Child." His resources are available at his website, www.parentology.guide.

Speaker Disclosure:

Financial: John F. Taylor is founder and president of ADD Plus. He receives a speaking honorarium from PESI, Inc.

Non-financial: John F. Taylor has no relevant non-financial relationship to disclose.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Seminar on DVD or Digital Format: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of

self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Meg Mickelson Graf at mgraf@pesi.com or call 715.855.8199.

OPPOSITIONAL AGGRESSIVE, **ATTENTION-SEEKING** & UNCOOPERATIVE

Children, Teens and Young Adults

High-Impact Strategies to Reduce Chronic Misbehavior



POSITIONA

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Non-Medication Approach

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Oppositional, Defiant & Disruptive Children and Adolescents

Non-Medication Approaches for the Most Challenging ODD Behaviors

By Scott D. Walls, MA, LIPC, CCMHC

Written for therapists, educators, parents and caretakers, this workbook will give you the tools to reduce problematic behaviors and increase positive behaviors. Including exercises, assessments, guidelines and case studies this book is full of tools and strategies for noncompliance, nagging, yelling/screaming, bullying, panic/anxiety reactions, lack of follow through, and running away.

Letting Go of Anger Card Deck: 54 Cards to Help Teens Tame Frustration

By Jeffrey Bernstein

Simple skills to successfully manage anger • Tools to calm in emotionally tense moments • Strategies to overcome anxiety • Using anger in a healthy way • Steps to create positive changes

Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on February 13, 2020, for this live, interactive webcast! Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$49.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/77609

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-reaistered attendees will receive an email from PFSI Customer Service with the subject line. "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and al attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" on this brochure for full attendance start and end times. NOTE: Boards do not allow credi for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing educatio in providence of the second se Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewir cope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards

PESI. Inc. offers continuina education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

Connecticut Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

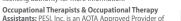
Massachusetts Counselors: Application for MaMHCA/MMCEP continuing education credits has been submitted. For the most up-to-date credit information, please go to: www.pesi.com/events/detail/77076

Rhode Island Counselors: This activity has been approved by the Rhode Isla Mental Health Counselor's Association. Full attendance at this activity gualifies for 6.25 CEUs.

Educators/Teachers: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

Connecticut Educators, Administrators, School Psychologists & School Social Norkers: 6.0 CEUs. PESI, Inc. is an approved provider of Continuing Education by the Connecticut State Department of Education (Provider #930: Activity ID #930-20-059 003 for seminar on 02/12/2020, #930-20-059-004 for seminar on 02/13/2020 and #930-20-059-005 for seminar on 02/14/2020)

Massachusetts School Personnel: This course may be applicable for 6.25 Professional Development Points toward your Professional Development Plan per the Massachusetts Department of Education recertification guidelines; check with your licensing authority for more information



Ô continuing education. Provider #: 3322. Full attendance at this course gualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT nd Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content

products, or clinical procedures by AOTA. Course Level: Intermediate Psychologists & Psychiatrists:

Psychiatrists

PESI. Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s). Physicians should only claim credit com mensurate with the extent of their participation in the activity.

Psvchologists The following state psychologist boards recognize activities sponsored by PESI. Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois,

Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. Thi: activity consists of 6.0 clock hours of continuing education instruction. Certificates of ndance will be issued for you to submit to your state licensing board to recognize for continuing education credit

Psychologists/School Psychologists: PESI, Inc. is approved by the National Association of School Psychologists to offer professional development for school psychologists. PESI maintains responsibility for the program. Provider #1140. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance i required; no partial credits will be offered for partial attendance.



in speech-language pathology

area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work ACE Boards (ASWB) Approved Continuing Education (ACE) program.

izations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determ whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course, ACE provider approval period: January 27 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Other Professions: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional nizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirem





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We would be happy to accommodate your ADA needs; please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date

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SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS

Advance registration required. Cannot be combined with other discounts.

- FREE Military Tuition: PESI Inc. is proud to offer this seminar *free* of charge on live semi tuition for veterans and active duty military personnel. Limited seats available; advance online registration required.
- \$30 Tuition: If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, first come, first serve.
- Discounted Student Rate: As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students for details.

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