

## OUTLINE

### Manifestations and Prognosis for Each Type of Dementia

Cognitive decline vs. normal aging  
Mild Neuro-Cognitive Disorder  
Manifestations and prognosis for:  
Alzheimer's  
Vascular Dementia  
Lewy Body Dementia  
Frontotemporal Dementia  
Parkinson's

Stages of dementia  
Pseudo-dementias and reversible conditions

### Cognitive Assessment Tools and Advances in Early-Detection

MOCA and SLUMS  
Step-by-step utilization  
What they tell you and what they don't  
Brain imaging  
Research on biomarkers  
Genetic risk profiling  
When to refer for a formal neuropsychological assessment

### Behavioral Interventions Toolbox: Causes of and Solutions to Challenging Behaviors

Identifying triggers for challenging behaviors  
Assess for pain in dementia patients  
What to do for sundowning?  
Techniques to minimize combativeness and aggressive behaviors  
Strategies to redirect wandering  
Paranoia – causes and management  
Effective responses to hallucinations and delusions  
Strategies to reduce repetitive behaviors  
How to improve personal care and activities of daily living

### Communication Strategies to Improve Care

Successful non-verbal communication – find meaning behind gestures  
Best practices to avoid arguments  
Questions to ask, and how to ask them  
Innovative communication tools

### Psychopharmacology and Nutrition: The Latest Medications and Preventative Treatments

Approved medications for behavioral and cognitive symptoms  
Nutritive interventions for Alzheimer's prevention  
Disease modifying medication

### Ethical Issues Related to Dementia

End of life issues  
Reporting abuse (physical, sexual, financial)  
Multicultural considerations

### Live Seminar Schedule

**7:30** Registration/Morning Coffee & Tea  
**8:00** Program begins  
**11:50-1:00** Lunch (*on your own*)  
**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

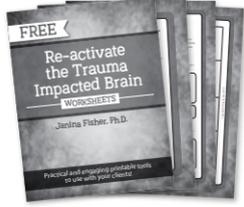
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## OBJECTIVES

1. Communicate how the manifestations of each type of dementia impacts identification and prognosis.
2. Provide a synopsis of 2 assessment tools that can be employed to screen for possible cognitive difficulty.
3. Specify how non-verbal communication skills can help professionals identify meanings behind gestures when working with patients who have dementia.
4. Characterize how patient safety can be enhanced with strategies to redirect wandering and manage paranoia.
5. Establish how the latest medications, preventative treatments, and advances in early detection could impact care of people with dementia.
6. Explore end of life issues and elder abuse and correlate how the ethics of dying impacts the clinician, client, and their family.

**Target Audience:** Social Workers • Counselors • Psychologists • Psychotherapists • Psychiatrists  
Case Managers • Marriage & Family Therapists • Nursing Home Administrators • Speech-Language Pathologists  
Occupational Therapists • Occupational Therapy Assistants • Physical Therapists • Physical Therapist Assistants  
Nurses • Nurse Practitioners • Licensed Practical Nurses • Certified Nurses Assistants • Homecare Workers  
Other Rehab, Medical and Mental Health Professionals

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# Alzheimer's Disease & Other Dementias

## Certification Training

**FAIRFAX, VA**  
Monday, February 10, 2020

**ELLICOTT CITY, MD**  
Tuesday, February 11, 2020

**TIMONIUM, MD**  
Wednesday, February 12, 2020

# Alzheimer's Disease & Other Dementias

## Certification Training

*Earn your certification and let colleagues, employers, and families know that you've invested the time and effort to provide quality care.*

- Must-have cognitive assessment tools
- Safe and effective interventions for challenging behaviors
- Practical strategies to improve communication and care
- Stay up-to-date on the latest medications and treatments

## BECOME CERTIFIED IN DEMENTIA CARE!

This seminar meets ALL requirements to become a Certified Dementia Care Specialist through the International Association of Aging Specialists.

Professional standards apply, see [agingcert.com](http://agingcert.com) for full certification details.

**Earn your CERTIFICATION Today!**

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# Alzheimer's Disease & Other Dementias

## Certification Training

This one-day program is vital for anyone who works with dementia and needs skills and proven strategies to provide optimal care!

Join Dr. Sherrie All as she provides you with the assessment tools and interventions you need to identify and differentiate between dementias, prevent and reduce difficult behaviors, and improve your ability to communicate with cognitively impaired patients!

More than just an overview of dementia and Alzheimer's, this program will offer practical solutions to some of the most challenging real-life situations you face and bring you up to speed on the latest medications, preventative treatments, and advances in early detection that could impact your work.

Best of all, upon completion of this live training **you'll become a Certified Dementia Care Specialist (CDCS)** through the International Association of Aging Specialists, letting colleagues, employers, and caregivers know that you've invested the extra time and effort necessary to understand the complexities of the disease, build essential skills, and employ safe and effective best practices to provide quality care (visit [agingcert.com](http://agingcert.com) for details).

**Sign up today!** No matter your profession, you'll leave this comprehensive program more confident in your ability to minimize challenging behavioral issues associated with dementia, improve communication with your patients, and provide the best care possible for this vulnerable population!

## SPEAKER

**Sherrie All, Ph.D.**, is a licensed clinical neuropsychologist who has specialized in treating people with dementia, Parkinson's disease, TBI, MS and other neurological disorders for over a decade. Dr. All is the founder and director of the Chicago Center for Cognitive Wellness, a private neuropsychology practice specializing in cognitive rehabilitation and brain health. The evidence-based cognitive rehabilitation interventions she uses have helped hundreds of adults experiencing cognitive declines improve their thinking skills, expand their functional independence and enhance their brain health.

Dr. All has worked as a consultant to the Mather LifeWays Institute on Aging, helping to develop and evaluate a holistic brain fitness program, and her work with individuals on ways to lower their personal risk for dementia has earned the attention of media outlets including *The New Yorker* and *Crain's Chicago Business*. Dr. All earned her Ph.D. in Clinical Psychology from Rosalind Franklin University of Medicine and Science and is a member of the American Psychological Association.

### Speaker Disclosures:

Financial: Sherrie All is the owner of the Chicago Center for Cognitive Wellness. She receives a speaking honorarium from PESI, Inc.

Non-financial: Sherrie All has no relevant non-financial relationship to disclose.



**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

**Seminar on DVD or Digital Format:** You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestay credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

**Have a seminar idea? A manuscript to publish?** The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Ryan Bartholomew at [rbartholomew@pesi.com](mailto:rbartholomew@pesi.com) or call 715-855-8225.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

## CERTIFICATION MADE SIMPLE!

- No hidden fees – PESI pays for your application fee (a \$99 value)!
- No additional forms to fill out.

- Simply complete this live event and you're a Certified Dementia Care Specialist through the International Association of Aging Specialists.

Attendees will receive documentation of CDCS certification from The International Association of Aging Specialists 4 to 6 weeks following the program. Professional standards apply. PESI customers do not need to complete steps 2 and 3 of the certification process at [agingcert.com](http://agingcert.com). Visit [agingcert.com/customer-care/faq](http://agingcert.com/customer-care/faq) for answers to frequently asked certification questions.



### Live Seminar Continuing Education Credit Information

**Credits listed below are for full attendance at the live event only.** After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**Counselors:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**District of Columbia Counselors:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

**Maryland Counselors:** This intermediate activity is approved for 6.25 clock hours of continuing education instruction. The Maryland Board of Professional Counselors recognizes courses and providers that are approved by the NAADAC. A certificate of attendance will be awarded at the end of the program to counselors who complete the program evaluation, to submit to their state board.

**Virginia Counselors:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

**Marriage & Family Therapists:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**Nurses, Nurse Practitioners, and Clinical Nurse Specialists:** PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

**Nursing Home Administrators:** This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 6.25 clock hours and 6.25 participant hours. Full attendance is required; no partial credits will be offered for partial attendance.

**Occupational Therapists & Occupational Therapy Assistants:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**Physical Therapists & Physical Therapist Assistants:** This activity consists of 6.25 clock hours of instruction that is applicable for physical therapists. CE requirements for physical therapists vary per state/jurisdiction. Please retain the certificate of completion that you receive and use as proof of completion when required.

**Maryland Physical Therapists & Physical Therapist Assistants:** This course has been submitted to the Maryland Board of Physical Therapy Examiners for review.

**Virginia Physical Therapists & Physical Therapist Assistants:** This course has been submitted to the Virginia Physical Therapy Association. Credit is pending.

**Psychologists & Psychiatrists & Physicians:**  
**Psychiatrists & Physicians**

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Psychologists**

The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

**Pennsylvania Psychologists:** PESI, Inc. is approved by the Pennsylvania State Board of Psychology to offer continuing education for psychologists. Provider #PSY000211. PESI maintains responsibility for the program(s). This program qualifies for 6.25 continuing education hours.

**APPROVED PROVIDER**

PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**Speech-Language Pathologists:** This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

**Social Workers:** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**Other Professions:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

## REGISTRATION FORM ALZHEIMER'S DISEASE & OTHER DEMENTIAS CERTIFICATION TRAINING

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**3 Select Tuition**

**TUITION** including seminar manual

**\$219.99** – choose one of the options below:

- per person for 2 or more preregistering together —OR—
- single registration postmarked 3 weeks prior to seminar date

**\$249.99** standard

**4 Select Payment Method**

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### ADA NEEDS

We would be happy to accommodate your ADA needs; please email [info@pesi.com](mailto:info@pesi.com) or call 1-800-844-8260 at least two weeks prior to the seminar date.

### SAME DAY REGISTRATION

Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

### TUITION OPTIONS

**Advance registration required.** Cannot be combined with other discounts.

• **FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

• **\$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, first come, first serve.

• **Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to [www.pesi.com/students](http://www.pesi.com/students) for details.

### QUESTIONS

Visit [pesi.com/faq](http://pesi.com/faq) or contact us at [pesi.com/info](mailto:pesi.com/info)

### OTHER WAYS TO REGISTER

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