

Outline

Behavioral Overview

Etiology
Nature v. nurture
Hormones, neuropsychology, behaviorism
Gender differences
“Eye of the beholder”

DSM-5® Updates

ADHD
Oppositional defiant disorder
Conduct disorder
Autism spectrum disorders
Bipolar disorder
Childhood anxiety and depression

Medication Interventions

Psycho-stimulants
Mood stabilizers
Anti-depressants/anti-anxiety
Atypical anti-psychotics
Illegal/illicit substances and treatment effects

Tools for Helping Behavior Problems

Quick Techniques to Manage Anger

Time in!
Restitution
The peace table & empathy building
Actor/observer
Standing 8 count
Art of compromise
...And many more!

Quick Techniques to Manage Depression

Cut-n-paste
The mirror effect
Inside movie
Types of journaling
...And many more!

Quick Techniques to Manage Anxiety

Ceiling fan breathing
Set the clock
Progressive relaxation
Top dog/underdog
...And many more!

Objectives

1. Utilize effective, clinical techniques for the treatment of behavior disorders in children.
2. Develop specific behavioral interventions that address the developmental stage of the child and adolescent.
3. Appraise the efficacy of biologically-based interventions to address behavioral and emotional disorders in children.
4. Analyze clinical manifestations among anxiety disorders, ADHD, mood disorders, ODD and Conduct Disorder as it relates to diagnosis.
5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
6. Analyze the diagnostic symptoms of behavioral/emotional disorders in children and adolescents and establish how this informs your choice of intervention strategies.

Quick Techniques to Manage Autism/Asperger’s

Facial expressions and social cues
Building a broader structure
The burrito
Island of Solace
...And many more!

Quick Techniques to Manage ADHD

Noise to the system
Anticipation
Therapeutic games
...And many more!

Techniques to Help the Client’s World

Parents/Caregivers and Teachers/Schools

Intentional dialogue
The listening jar
Time out/quiet time
Token economies/response cost (and avoiding pitfalls)
The good behavior game

Manage Therapist Frustration

Limitations of Research and Potential Risks

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Questions?

Visit our FAQ page at www.pesi.com/faq
or contact us at www.pesi.com/info.

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OVER 75 QUICK, “ON-THE-SPOT” TECHNIQUES FOR CHILDREN AND ADOLESCENTS WITH EMOTIONAL AND BEHAVIORAL PROBLEMS

Over 2/3 of seminar contains teachable and proven behavior-changing techniques

NANUET, NY
Wednesday
March 11, 2020

POUGHKEEPSIE, NY
Thursday
March 12, 2020

ALBANY, NY
Friday
March 13, 2020

OVER 75 QUICK, “ON-THE-SPOT” TECHNIQUES FOR CHILDREN AND ADOLESCENTS WITH EMOTIONAL AND BEHAVIORAL PROBLEMS

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Featuring
Steven T. Olivas, Ph.D., HSP
Nationally-renowned speaker, behavior consultant & author

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Become
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Details Inside

OVER 75 QUICK, “ON-THE-SPOT” TECHNIQUES FOR CHILDREN AND ADOLESCENTS WITH EMOTIONAL AND BEHAVIORAL PROBLEMS

Leaving nothing to the abstract, “75 Quick, ‘On-the-Spot’ Techniques for Children and Adolescents with Emotional and Behavioral Problems” will guide you through focused, clear and successful methods for treating children. Every professional who seeks to fill their toolbox with tested methods will leave this seminar with a wealth of fresh ideas and rejuvenated spirits.

If you do not have a lot of experience working with children and teens, you will leave with a defined strategy for success. If you are a seasoned professional, you will learn new tricks and techniques to re-energize and revitalize your practice!

With nearly 25 years of clinical experience and a background in improvisational comedy, Dr. Steve is a strong proponent of “Edu-tainment.” Namely, he uses charm, wit and humor to enhance your seminar experience, thus improving the retention and utilization of the specific skills covered. We change the world when we touch a child’s life!

Speaker

Steven T. Olivas, Ph.D., HSP, nationally renowned speaker, author and behavior consultant, is a licensed psychologist in private practice in Middle Tennessee. He began his practice career in 1991 when ADHD was exploding onto the scene and has enjoyed working with the energy and spontaneous creativity of children ever since. Throughout his career, he has taught courses at nine colleges and universities, been a national public speaker, a regular columnist for a local newspaper and co-host of a popular radio show. He is the author of the book *When Good Kids Go Bad: Effective Solutions for Problem Behaviors* and the acclaimed book *Bad Kids...or Bad Behavior?*

For nearly 25 years, he has been helping clinicians, school systems and parents around the country understand and manage the kids and teens most likely to act out in impulsive and aggressive manners.

Speaker Disclosures:
Financial: Steven T. Olivas is an author for Premier Publishing & Media and receives royalty payments. He is an author for Author’s Corner Publishing and receives royalty payments. He is a speaker who receives an honorarium for PESI, Inc.
Non-financial: Steven T. Olivas has no relevant non-financial relationship to disclose.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a self-study package on the subject (CE credits may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

Seminar on DVD or Digital Format: You can purchase a self-study package on the subject and you and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. If purchasing the digital format, you will receive an emailed order confirmation which contains your login instructions to access the recorded seminar, electronic handouts and online post-test. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation’s top speakers and authors contact us first. If you are interested in becoming a speaker or have a new topic idea, please contact Marnie Sullivan at msullivan@pesi.com or call 715-855-8226.



SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

When Good Kids Go Bad: Effective Solutions for Problem Behaviors
By Steven T. Olivas, Ph.D., HSP
Informative, artful, and fun, *When Good Kids Go Bad* takes readers inside the minds of our troubled kids and teens. Whether they are mildly irritating or well out of control, readers will leave armed with a broad range of proven techniques to curb negative behaviors and encourage positive ones. Therapists, parents, teachers, and all professionals interacting with these kids will have their questions answered and be given clear instructions on how to begin the road to behavioral and emotional change.

Seminar Presenter!

Creative Interventions for Challenging Children & Adolescents: 186 Techniques, Activities, Worksheets & Communication Tips To Change Behaviors
By Susan P Epstein, LCSW, Parent Coach
Working on behavioral changes can be fun and successful for children and teens -- if you have the right tools and approach. Experienced therapist and sought-after parent coach Susan Epstein brings her signature style of innovation and fun in her latest book, providing proven and ready-to-use ideas to improve behaviors.

Target Audience
Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists • Teachers
School Guidance Counselors • Case Managers • Nurses • School Administrators • Educational Paraprofessionals
Occupational Therapists & Occupational Therapy Assistants • Other Helping Professionals who Work with Children

This course counts toward the educational hours required for certification as an ADHD Certified Clinical Services Provider (ADHD-CCSP).
Visit adhdcert.com for the full certification requirements.

PESI, Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. **Limited seats available; advance online registration required.**

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "LIVE SEMINAR SCHEDULE" on this brochure for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepsi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MASSACHUSETTS COUNSELORS: Application for MaMHCA/MMCEP continuing education credits has been submitted. For the most up-to-date credit information, please go to: www.pesi.com/events/detail/77727.

NEW JERSEY COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

NEW YORK COUNSELORS: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

VERMONT COUNSELORS: This course has been submitted to the Board of Allied Mental Health Practitioners (BAMHP) for review.

EDUCATORS/TEACHERS: This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

MASSACHUSETTS SCHOOL PERSONNEL: This course may be applicable for 6.25 Professional Development Points toward your Professional Development Plan per the Massachusetts Department of Education recertification guidelines; check with your licensing authority for more information.

NEW JERSEY EDUCATORS, ADMINISTRATORS & EDUCATION SERVICES PERSONNEL: This activity will offer 6.0 Actual Professional Development Hours. PESI, Inc., powered by MEDES-PDN, is a registered New Jersey Professional Development Provider with the NJ Dept. of Education.

NEW YORK EDUCATORS: PESI, Inc. is an approved sponsor of CTLE with the New York State Education Department's (NYSED) Office of Teaching Initiatives. Provider #23567. This activity will qualify for 6.25 Approved Continuing Teacher and Leader Education (CTLE) Hour(s), in the area of Pedagogy. Hours are based on full attendance. Board required certificates will be sent after the program.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MASSACHUSETTS MARRIAGE & FAMILY THERAPISTS: This course has been submitted for review for continuing education approval. Credit is pending.

NEW YORK MARRIAGE & FAMILY THERAPISTS: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. #MFT-0024. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

NURSES, NURSE PRACTITIONERS, AND CLINICAL NURSE SPECIALISTS: PESI, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. Partial contact hours will be awarded for partial attendance.

OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or 6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PSYCHOLOGISTS & PSYCHIATRISTS:

PSYCHIATRISTS: PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

PSYCHOLOGISTS: The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 6.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

NEW YORK PSYCHOLOGISTS: This live activity consists of 380 minutes of continuing education instruction and is related to the practice of psychology.

VERMONT PSYCHOLOGISTS: For the most up-to-date credit information, please go to: www.pesi.com/events/detail/77727.

APPROVED PROVIDER

PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for 6 ASHA CEUs (Intermediate level, Professional area).

SOCIAL WORKERS: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2017 - January 27, 2020. Social Workers completing this course receive 6.25 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

NEW JERSEY SOCIAL WORKERS: Over 75 Quick "On-The-Spot" Techniques for Children and Adolescents with Emotional and Behavior Problems. Course #2091, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by PESI, Inc. as an individual course. Individual courses, not providers, are approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period: 10/24/2018 - 10/24/2020. Social workers completing this course receive 6.25 Clinical Social Work Practice continuing education credits. Full attendance is required; no partial credits will be offered for partial attendance.

NEW YORK SOCIAL WORKERS: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0008. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

REGISTRATION FORM

OVER 75 QUICK, “ON-THE-SPOT” TECHNIQUES FOR CHILDREN AND ADOLESCENTS WITH EMOTIONAL AND BEHAVIORAL PROBLEMS

SAVE TIME! Express Register Online: pesi.com/express/77727

1

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2

Select Location

(make copy for your records)

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DoubleTree by Hilton Hotel Nanuet
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☐ **POUGHKEEPSIE, NY • March 12, 2020** (77727POU)
Poughkeepsie Grand Hotel
40 Civic Center Plaza • 12601 • (845) 485-5300

☐ **ALBANY, NY • March 13, 2020** (77727ABY)
Hilton Garden Inn Albany/Suny Area
1389 Washington Ave • 12206 • (518) 453-1300

3

Select Tuition

TUITION including seminar manual
\$219.99 – choose one of the options below:

☐ per person for 2 or more preregistering together —OR—
☐ single registration postmarked 3 weeks prior to seminar date

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ADD-ON PRODUCTS — Save on Shipping! —Products Distributed at Seminar

☐ **\$19.95*** *When Good Kids Go Bad* book (PUB044310)

☐ **\$29.99*** *Creative Interventions for Challenging Children & Adolescents* book (PUB086115)

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All registrations must be prepaid.

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ADA NEEDS
We would be happy to accommodate your ADA needs; please email info@pesi.com or call 1-800-844-8260 at least two weeks prior to the seminar date.

SAME DAY REGISTRATION
Walk-ins are welcome but admission cannot be guaranteed. Contact us for space availability if registering within one week of seminar.

TUITION OPTIONS
Advance registration required. Cannot be combined with other discounts.

- FREE Military Tuition:** PESI Inc. is proud to offer this seminar free of charge on live seminar tuition for veterans and active duty military personnel. **Limited seats available; advance online registration required.**
- \$30 Tuition:** If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, first come, first serve.
- Discounted Student Rate:** As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students for details.

QUESTIONS
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