# THE CLINICAL IMPACT OF MARIJUANA

February 2, 2021: 10 am - 1:15 pm Eastern (with 15 minute break)

As a mental health clinician, you're more likely than ever before to have clients who use marijuana and cannabis products.

And while the last decade has seen a cultural shift toward acceptance of marijuana use, cannabis has significant addictive potential that you can't afford to overlook as a mental health clinician. Cannabis Use Disorder can exacerbate your clients' mental health problems as they self-medicate to avoid uncomfortable emotions, thoughts and memories.

Even if addiction isn't the focus of your practice, you need to be prepared when your client's use of marijuana and cannabis products goes too far!

Attend this 3-hour webinar and you'll get:

- Tools and tactics to identify Cannabis Use Disorder in your clients
- Techniques for successfully treating co-occurring disorders with marijuana users
- Evidence-based approaches to manage cannabis withdrawal symptoms
- The latest on Medication Assisted Treatment

**Sign up today** and ensure you're confident in your ability to provide your clients' the best care possible and ready to navigate the everchanging impacts of drug use on your work!

# **Outline**

# EFFECTIVE APPROACHES TO MARIJUANA CESSATION

Prevalence of marijuana use

Modes of intake Potency

**Pharmokinetics** 

THE IMPACT OF CANNABIS USE DISORDER ON THE BRAIN

Brain centers – the relationship between brain centers and pain

The pleasure factor and the addicted brain Differences from other substance use disorders How chronic marijuana use changes the brain

# **CANNABIS WITHDRAWAL SYNDROME (CWS)**

Cutting edge research

Symptoms and course of withdrawal Clinical screening tools

Techniques to lessen symptoms and reduce cravings

# PSYCHOTHERAPEUTIC APPROACHES TO TREAT CANNABIS USE DISORDER

Signs of marijuana use disorder and questions to ask

CBT – recent studies

Motivational Interviewing and Motivational Enhancement Therapy

Contingency Management

12-Step Counseling

Family counseling

Adjunct approaches

Assessing and modifying treatment to ensure effectiveness

Research limitations and risks of psychotherapeutic approaches

# IDENTIFY AND TREAT CO-OCCURRING DISORDERS WHEN MARIJUANA IS INVOLVED

The impact of co-occurring disorders on treatment outcomes

Primary disorders vs. substance-induced co-occurring disorders

Screening procedures and tools

- Questions to ask
- Recording results
- Safety issues
- Trauma history

Validity in co-occurring treatment research Risks associated with co-occurring treatment options

#### MEDICATION ASSISTED TREATMENT (MAT)

Medications that are being used in current trials Limitations of research and potential treatment risks

Learning Objectives can be viewed at pesi.com/webcast/84413

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# MARIJUANA and METH

What Every Mental Health Professional Needs to Know NOW!

FEBRUARY 2, 2021: 10 AM-1:15 PM EASTERN

THE CLINICAL IMPACT
OF MARIJUANA

FEBRUARY 2, 2021: **2-5:15 PM EASTERN** 

THE METH EPIDEMIC

# LIVE Interactive Webinar Tuesday, February 2, 2021

**BONUS!** – Registration includes FREE on-demand access for 3 months.



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# MARIJUANA and METH

What Every Mental Health Professional Needs to Know NOW!

FEBRUARY 2, 2021: 10 AM-1:15 PM EASTERN

# THE CLINICAL IMPACT OF MARIJUANA

When the Use of Marijuana Has Gone Too Far

FEBRUARY 2, 2021: 2-5:15 PM EASTERN

# THE METH EPIDEMIC

What Every Clinician Needs to Know



# Live Interactive Webinar Tuesday, February 2, 2021

**BONUS!** – Registration includes FREE on-demand access for 3 months.



REGISTER NOW: pesi.com/webcast/84413

# THE METH EPIDEMIC

# February 2, 2021: 2 - 5:15 pm Eastern (with 15 minute break)

Dangerously addictive, meth is a drug that ends lives. It's literally a substance so volatile it puts holes in the human brain.

But it harms those far beyond the nearly half-million Americans that use meth each week. Families are neglected, children are exposed, and the prison system is overrun. It's everyone's problem.

As the tentacles of this sinister epidemic spread into our communities, you need to be prepared to address issues related to methamphetamine and other stimulant drug use in your clients' who use and in your clients' who have a drug user in their lives!

# Whether you're an addictions professional, social worker, counselor, psychologist or nurse, this 3-hour webinar will give you the critical information you need to:

- Understand the impact of co-occurring disorders with meth use on treatment outcomes
- Work more effectively with clients that struggle with a dependency on meth
- Be prepared for future trends and next steps in dealing with the meth epidemic

**Sign up now** and make sure that you can be part of the solution to one of the scariest epidemics facing our communities today!

# **Outline**

# **OVERVIEW OF METHAMPHETAMINE**

Prevalence of meth use How meth is produced Typical cycle of dependence

#### THE IMPACT OF METHAMPHETAMINE USE **DISORDER ON THE BRAIN**

Brain centers – the relationship between brain

The pleasure factor and the addicted brain Differences from other substance use disorders How chronic meth use changes the brain

## **PSYCHOTHERAPEUTIC APPROACHES TO** TREAT METHAMPHETAMINE USE DISORDER

Signs of meth use disorder and questions to ask CBT - recent studies

Motivational Interviewing and Motivational **Enhancement Therapy** 

Contingency management

The Matrix Model

12-step counseling

Family counseling

Adjunct approaches – including smart phone daily prompts

Assessing and modifying treatment to ensure effectiveness

Research limitations and risks of psychotherapeutic approaches

## **IDENTIFY AND TREAT CO-OCCURRING DISORDERS WHEN METH IS INVOLVED**

The impact of co-occurring disorders on treatment outcomes

Primary disorders vs. substance-induced co-occurring disorders

Screening procedures and tools

- Questions to ask
- Recording results
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#### MEDICATION ASSISTED TREATMENT (MAT)

Medications that are being used in current trials Limitations of research and potential treatment

#### **ROUTES TO PREVENTION: SETTING THE** STAGE FOR FUTURE SUCCESS

Community-level approaches to prevention of

Prevention approaches at the individual level Relapse techniques

# Learning Objectives can be viewed at pesi.com/webcast/84413

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# **Target Audience:**

Addiction Counselors • Social Workers • Community Mental Health Workers Counselors • Psychologists • Therapists • Case Managers • Nurses Public Health Department Staff • Marriage and Family Therapists Other Mental Health Professionals • Psychiatrists • Physicians • Physician Assistants

# Meet Your Speaker

**Hayden Center, PhD, LPC,** has been treating individuals and families who suffer from substance abuse disorders, including opioid use disorder, for over 25 years in a private practice setting. Dr. Center most recently served as the evaluator for the Center for Substance Abuse Prevention's (CSAP) Southeast Center for the Application of Prevention Technologies (SECAPT) and the Border Center for the Application of Prevention Technologies (BCAPT).

Dr. Center served as a consultant to the Alabama Governor's Office of Drug Abuse Policy for 10 years and has worked with numerous state and local agencies in the state of Alabama.

He has provided over 200 trainings on the topics of science-based prevention, evaluation, risk and protective factors, co-occurring disorders, and other mental health and substance abuse issues. His current interests are providing training and technical assistance to increase the usage and effectiveness of evidence-based treatments and approaches.

#### Speaker Disclosures:

Financial: Hayden Center maintains a private practice. He receives a speaking honorarium from PESI, Inc. Non-financial: Hayden Center has no relevant non-financial relationship to disclose.

To view the full bio, visit www.pesi.com/webcast/84413

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If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker

# The Clinical Impact of Marijuana: When the Use of Marijuana

Addiction Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 3.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

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Marriage & Family Therapists: This activity consists of 180 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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#### Psychologists & Psychiatrists & Physicians:

#### Psychiatrists & Physicians

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Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have inutificual authority to deapproved as McEre an individual course may be accepted for continuing education whether an individual course may be accepted for continuing education ender. PESI, no maintains responsibility for this course. Accepted for provider appropriate periods. January 27, 2020. Social Workers 2009. Periods appropriate provider Clinical Practice continuing education credits, Course Level; Intermediate, Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Other Professions: This activity qualifies for 180 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for

#### The Meth Epidemic: What Every Clinician Needs to Know

Addiction Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 3.0 CE in the Counseling Services skill group. NAADAC Provider #775! PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

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# **February 2, 2021** PWZ84412

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# The Meth Epidemic

2 - 5:15 pm Eastern time \$149.99 standard tuition

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The Clinical Impact of Marijuana & The Meth Epidemic **\$199.99** PKIT055232

# The Clinical Impact of Marijuana

**\$149.99** POS055230

**The Meth Epidemic \$149.99** POS055235

# **Digital Seminar Experience:**

- Learn at your own pace with 24/7 access from your PESI account
- Access to the program materials
- · Enjoy lifetime on-demand access
- Earn a self-study CE certificate CE hours and approvals may vary from live event. Visit www.pesi.com or call 800-844-8260 to check for availability.

# **Recommended Reading:**



# **Opioid Use Disorders**

A Holistic Guide to Assessment, Treatment, and Recovery

By Charles Atkins, MD \$2<del>6.9</del>9 \$19.99\*

Discount Included with purchase of the Webinar

### **OTHER WAYS TO REGISTER**

#### Phone: 800-844-8260

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